

## PRESS RELEASE

## Waukegan Park District to Host 2022 George Bridges 5K Run/Walk

**Waukegan, Illinois (September 1, 2022)** – The Waukegan Park District is hosting the 2022 George Bridges 5K Run/Walk on Saturday, September 10, 2022 from 9am to 11am at Hinkston Park, located at 810 Baldwin Avenue. In its seventh year, the event will have a superhero theme.

For \$34, participants will receive a race packet and a commemorative race shirt. Children will be able to participate in a free kids race before the awards ceremony. All proceeds from the 2022 George Bridges 5K Run/Walk will benefit Special Recreation Services of Northern Lake County – Waukegan, helping individuals with disabilities participate in camps, athletics, health and fitness programs, and much more.

Medals will be awarded to the top overall female, top overall male, and top three females and males in the following age categories: 14 years and younger, 15 years to 19 years, 20 years to 24 years, 25 years to 29 years, 30 years to 34 years, 35 years to 39 years, 40 years to 44 years, 45 years to 49 years, 50 years to 54 years, 55 years to 59 years, 60 years to 64 years, 65 years to 69 years, 70 years to 74 years, 75 years to 79 years, 80 years and older.

More information, including registration, is available at waukeganparks.org/5k.

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## **About the Waukegan Park District**

Established on December 26, 1916, the Waukegan Park District (WPD) has 53 properties and more than 742 acres of land, including the 18-hole Bonnie Brook and 9-hole Greenshire Golf Courses. Properties are managed to the highest environmental and conservation standards. Facilities operated by the WPD include the Field House Sports, Fitness and Aquatics Center, Waukegan's Greg Petry SportsPark, Waukegan Skate Park, BMX Track, SplashZone, Percussion Playground, recreational centers, disc golf course, dog exercise area and agility course, outdoor sports fields, picnic areas, playgrounds, splash pads, and sports courts including basketball, tennis and pickleball. A full range of programs and services are offered year-round for all ages, from infants to seniors, as well as special need populations. Healthy lifestyles, wellness initiatives, and a connection with the outdoors and nature are integrated throughout programs, services, and special events. Arts and cultural activities are provided by the Jack Benny Center for the Arts, Waukegan Symphony Orchestra and Concert Chorus, and the Waukegan History Museum. We offer something for everyone!

A member of the National Recreation and Park Association (NRPA), Illinois Association of Park Districts (IAPD), Illinois Park and Recreation Association (IPRA) and the Park District Risk Management Agency (PDRMA), the WPD employs 66 full-time and 290 part-time, seasonal, and temporary employees and is recognized by the IPRA as an Exceptional Workplace.

Nationally accredited by the NRPA Commission for Accreditation of Park and Recreation Agencies (CAPRA) and State accredited through the IAPD Distinguished Agency Accreditation, the WPD has received the Government Finance Officers Association (GFOA) Triple Crown Award for receiving the GFOA's Certificate of Achievement for Excellence in Financial Reporting, Popular Annual Financial Reporting Award, and the Distinguished Budget Presentation Award. The WPD was awarded the NRPA National Gold Medal Award for Excellence in Park and Recreation Management in 2013, and was named a Gold Medal Finalist in 2012, 2013, 2019, 2021 and 2022.

## **Contact:**

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