

# 2022 Urban Ag Lab at Bowen Greenhouse Vegetables, Flowers, and Herbs 27 Varieties Available

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All plants are grown onsite. Heirloom variety and GMO free.



**Butterfly Bush Hybrids Mix** Perennial, USDA hardiness zones 5-9. Host a medley of beneficial pollinators with this gorgeous and floriferous perennial shrub! This carefree plant blooms in its first year grown from seed, producing profusions of purple, lilac and ivory blooms from summer to fall on 3–5 foot plants. Bees, hummingbirds and, of course, butterflies, will flock to this long-season bloomer and it creates a gorgeous accent in the landscape. 8 hours of Sun, Plant Spacing: 24-36", Frost Hardy: Yes



**Munstead Strain Lavender** Perennial. Compact, superior northern-hardy strain. The plants seldom exceed a foot in height. Use the fragrant spikes as you would any lavender—potpourris, sachets, dried arrangements, etc. The silvery-gray foliage is elegant even when out of flower. A reliable as well as beautiful old-fashioned garden favorite.



**Genovese Basil** 68 days. Annual. An absolutely legendary heirloom that no Italian chef can cook without. Genovese basil is the essential ingredient in basil pesto, but it's also phenomenal in sauces, on pizzas and any other recipe calling for basil. Genovese basil was first bred in the Northwest coastal port of Genoa, the gateway to the Italian Riviera. Most of the Genovese Basil in Italy is grown in the Liguria region. Basil is grown at very high density in greenhouses there, and the village of Pra is noted as growing the very best Genovese basil.



**Sirius Blue Sage** (Perennial). These stunning blue flower spikes will welcome hummingbirds, honeybees, and butterflies to your garden. This selection produces an extra heavy crop of blooms! Native perennial from Mexico to Texas, Sirius Blue is drought tolerant and will thrive in rocky soil. This compact plant will only reach 12-16 inches in height, making it a great choice for the border.



**Butterfly Weed Milkweed** (Perennial) (Single Plant). The hardy native milkweed is essential to the survival of Monarch butterflies. Mature butterflies feed on the nectar produced in the flowers, while the foliage provides food for their larvae. The brilliant orange and yellow flowers are showy in massed plantings, but fascinating up close, with their intricate detail. The three-foot plant is native throughout the eastern and southern regions of the country, usually preferring drier sites, and should be hardy except at very

high elevations. Very durable and long-lived once established and may gently increase on its own in favorable locations. CAUTION: The milky sap is poisonous if ingested in large quantities and contact with the skin may cause dermatitis in sensitive individuals.



**Common Chives** (Perennial). Wonderful, mild onion flavor. These long, thin chives are excellent in many meals; great raw or cooked. Lavender flowers.



**Wild Thyme** (Spreading perennial) that forms thick mats with tight clusters of rose-purple flowers. Very fragrant; useful for planting between steppingstones and at the edge of walkways. Used in cooking and for medicinal purposes.



**Texas Hummingbird Mint 'Heather Queen' Agastache (**Tidy half-hardy perennial) Aromatic and attractive to pollinators. Plants fill the air with minty fragrance; the pretty spike flowers are popular for arranging. This dynamic landscape plant is easy to grow, adds long season color and grows in neat clumps that do not spread or take over. Hardy from zones 6a-9b. Pollinators are drawn to its fragrance, and hummingbirds cannot resist the flowers! This plant can be dried for making tea and is also used to make a

mosquito repelling oil. Full Sun, Plant Spacing: 12" apart, Frost Hardy: Yes



**Mountain Mint** (Perennial). This top pollinator favorite is easy to grow from seed and to care for. It's loaded with nectar so the sublty spotted flowers hum with life. Because of its strong smell, mammals won't bother it, yet it's a delight in the gardens because simply brushing this plant will release a beautiful mint aroma. It naturalizes in dry prairie or glade habitats, but also does well in sunny to partially shaded drained beds. It can readily spread by rhizomes, but roots can be cut back once a year to prevent

spreading. 4-12 hours of Sun, Plant Spacing: 12", Frost Hardy: Yes



**Chocolate Daisy** (perennial) An easy-to -grow native wild flower with darling yellow blooms that smell of hot cocoa, especially strong in the early morning hours. The stamens of the flower are edible and taste faintly of chocolate! Various medicinal uses of this plant have been documented among Native American communities. This clumping perennial will reach 1-1.5 feet tall, and the plant will slowly grow year after year. Highly attractive to beneficial insects. 8-10 hours of Sun, Plant Spacing: 10-14", Frost Hardy:

Yes. Thrives in poor soil that is well drained. Drought tolerant once established.



White Borage (Annual herb), 50-60 days to bloom. Meet blue borage's rare white-flowered sister! The edible alabaster blooms of white borage impart a subtly sweet cucumber flavor and are irresistible to pollinators! This annual herb and can reach 2 to 3 feet tall. The young leaves and blooms are edible; leaves are perfect tossed into salads, and the blossoms make an incredible edible flower for garnish and in beverages like cold tea! Interplant throughout your garden to encourage beneficial insects and

entice pollinators to work your other blooms! 6-12 hours of Sun, Plant Spacing: 12", Frost Hardy: No.



**Arikara Sunflower (**Annual). This native variety produces 10' plants with many beautiful large, bright yellow flowers with black centers. The seeds are edible and were used by the Arikara nation in North Dakota. This heirloom produces flowers over a long period. It's a real winner in our garden! Full Sun, Plant Spacing: 18-24", Frost Hardy: No. Plants require full sun, rich soil and moderate soil moisture.



Cherry Rose Jewel Nasturtium (Annual). This vibrant cherry-pink nasturtium with large double blooms is a serious show stopper! Like candy for the eyes, the Cherry Rose Jewel Nasturtium delivers high-voltage color that makes it a statement flower in the garden bed, border, container, or on the plate. Edible flowers are peppery, as are the leaves and immature seeds! Amazing in pesto, pasta, and salads. It is not only delicious, but loaded with vitamin A, Calcium, and other minerals! A small percentage of plants may produce

flowers in other shades. Full Sun/Part Sun, Plant Spacing: 8-12", Frost Hardy: No



**Blue Borage** (Annual/Re-Seeds). This culinary and medicinal herb produces a galaxy of sparkling star-shaped blooms that glitter in the most brilliant shade of azure. A dazzling edible flower, each little flower contains a drop of nectar that is sweet with the essence of honey and cucumber. Pollinators, especially honeybees, adore borage blooms, and you will never find the plants without the company of beneficial insects. Add the refreshing blooms to salads, use as garnish, or make a cooling tea. The leaves, which also

taste like cucumber, are added to salads, cooked, or made into cooling drinks and teas. Borage is believed to be native to the Mediterranean and has been used medicinally for many centuries. 6-12 hours of Sun, Plant Spacing: 12", Frost Hardy: No. Frequently reseeds itself year after year.



**Early Prolific Straightneck Squash.** Winner from 1938, uniform lemon-yellow, clubshaped fruit; firm flesh is of excellent quality, tasty. Full Sun, Plant Spacing: 12-24", Frost Hardy: No. Don't let transplants become rootbound; don't disturb roots while transplanting. Needs heavily amended soil. Harvest frequently.



**Red Torch Mexican Sunflower (**Annual) Also known as Golden Flower of the Aztecs. Brilliant, red-orange, 2-3" flowers. An excellent butterfly plant, these produce masses of blooms over a very long season. The large 5' plants are striking. Founder Jere Gettle enjoyed these along the roadsides in the high mountains of central Mexico. Full Sun, Plant Spacing: 18-24", Frost Hardy: No, transplant carefully. Plants require rich soil and moderate soil moisture.



**Martino's Roma Tomato** . 70-80 days. Fantastic yields of richly flavorful plum-shaped tomatoes, on compact plants that require very little staking! Resistant to early blight, reliable for home or market gardens! The paste-type fruit weighs in at 2-3 ounces, dryfleshed and very meaty with few seeds. Great for sauces, salsas and pastes. Full Sun, Plant Spacing: 24", Frost Hardy: No



**Cherokee Purple Tomato** 80 days. An old Cherokee Indian heirloom, pre-1890 variety; beautiful, deep, dusky purple-pink color, superb sweet flavor, and very-large-sized fruit. Try this one for real old-time tomato flavor. Our favorite dark tomato and one of our best selling varieties. Full Sun, Plant Spacing: 24", Frost Hardy: No



**Great White Tomato** 75 days. Large, 1-lb giant with creamy white fruit. This tomato is superbly wonderful. The flesh is so good and deliciously fruity, it reminds one of a mixture of fresh-cut pineapple, melon and guava. One of our favorite fresh-eating tomatoes! Fruit is smoother than most large beefsteak types, and yields can be very high. Introduced by Gleckler's Seedsmen. Full Sun, Plant Spacing: 24", Frost Hardy: No



Chinese Multicolor Spinach A heat and drought tolerant green in spectacular splashes of color! Leaf amaranth is popular in Asia, eaten raw, stir fried, or steamed. This is by far the most tender and sweetest amaranth for edible greens, making for vibrant and delicious salad. The young leaves are a perfect spinach substitute; the intricately colored leaves are juicy and succulent. This is the go-to "green" for mid-summer when all others have bolted; Full Sun, Plant Spacing: 6", Frost Hardy: No



Classic Artistic Mix Bachelor's Button (Hardy Annual). This balanced formula of assorted Bachelor Buttons is mostly two-toned color patterns. The spectrum runs from sky blue through royal blue, deep burgundy to reds, rose, pinks, and white. Lends wonderful color to beds, borders, and especially to old-style cottage garden designs. Makes a perfect cut flower too! Truly an artistic new spin to an old classic favorite. Full Sun, Plant Spacing: 6-10", Frost Hardy: Yes. Self-sows freely.



**Lemon Basil** (Annual). Vibrant and flavorful lemon basil is an herb that will add zip and zest to your cooking. It is a highly regarded culinary ingredient across the globe and one of our favorites for fusion and experimental cuisine. Leaves are used in soups, stews and countless other dishes, and the seeds are soaked and made into a dessert. 8-12 hours of Sun, Plant Spacing: 8-12", Frost Hardy: No, Remove flower buds promptly to prolong harvest.



**Bouquet Dill (Perennial)** Early to flower with large seed heads. Excellent in pickles and used to flavor many other foods. Easy to grow. 8-12 hrs of Sun, Plant Spacing: 2-4", Frost Hardy: Yes. Prefers well drained, poor soil for best flavor. Harvest leaves as needed, or cut entire plant when seeds have formed at the tops of the 3-4-foot-tall plants. Often reseeds itself.



Moss Curled Parsley This is the fancy, extra-ruffled version of the famous herb native to the Mediterranean. Parsley has been grown and used for spicing dishes in its native range for over 2,000 years. Curled parsley has been grown for hundreds of years and was mentioned in the Otto Schwill and Co. seed catalog in 1896. 6-12 hours of Sun, Plant Spacing: 8-12", Frost Hardy: Yes



**Cantare Bean** 50-55 days. Superior producer of nice straight dark-green pods for snaps. The slim 4-5-inch pods are stringless, and the flavor is every bit as outstanding as the yield! This French variety makes a fine crop for market growers or home gardeners. Excellent tolerance to bean mosaic virus. Bush Bean, Full Sun, Plant Spacing: 4", Frost Hardy: No. Bush habit requires no staking.



Chinese Pink Celery stalks are served in high-end restaurants. This tasty Asian type celery is a great choice for beginner gardeners, as it is much easier to grow than European-type celery. The slender stalks are rich in celery flavor and will lend depth to bases, stocks, soups, or as a raw snack. Full Sun, Plant Spacing: 10", Frost Hardy: Yes



**Cucumber – Green** Needs abundant soil moisture and rich soil. Some afternoon shade is beneficial in hottest summer weather. Trellis growing saves space. Harvest frequently to maintain production.



Butterfly Weed Milkweed - Special Recreation H.E.A.R.T. Fundraiser — A decorated 4" flower pot with 2-3 Butterfly Weed Milkweed pollinator plants in the container. H.E.A.R.T. is a Special Recreation Life Skills program for adults with a Develomental Disability. Proceeds from the fundraiser will support learning activities for program participants. (Pot shown is an example of a unique creation. Pots are decorated by



program particpants and will vary in artistic design. Your pot can be reused. H.E.A.R.T. stands for:

Health, Education, Art, Recreation, and Training. Each Pot is \$10.



**Summer Herb Garden Box DRAWING** – You have a chance to win! All plant sale donations totaling \$50+ will receive a free entry into the Summer Herb Garden Box drawing. All proceeds raised for this drawing will benefit greenhouse opeations and this

year 'Repairs". Your box will be filled the following Herbs: Chives, Lemon Basil, Basil, Parsley, and Dill. Drawing is Tuesday, June 14, 2022.

\*\*\*\*PLEASE READ\*\*\*\*

CONTINUE TO THE NEXT PAGE TO FILL OUT YOUR ORDER FORM.

#### TO ORDER ONLINE YOU HAVE TO HAVE AN ONLINE ACCOUNT

\*\*DO you have an on-line account with the District? Not sure, go to <a href="www.waukeganparks.org">www.waukeganparks.org</a> and login in. Please email Jen at <a href="jdumas@waukeganparks.org">jdumas@waukeganparks.org</a> with any questions.

THANK YOU

## PLANT AND FLOWER DAYS ORDER FORM

PLEASE BE SURE TO SAVE YOUR ORDER TO YOUR COMPUTER AND THEN SEND IT AS A PDF TO

<u>idumas@waukeganparks.org</u>. Orders are fulfilled on a first come first served basis. You will only be billed for items in stock. You will be contacted once your order is prepared to let you know your order donation total. You will need to pay on-line through the <u>www.waukeganparks.org</u> on-line registration system if paying by credit card.

## **ONLINE ORDER DEADLINE: MAY 25, 2022**

STOP IN TO SHOP OR PICK-UP YOUR ORDER MAY 27 FROM 4-6:30pm & MAY 28 FROM 11-2pm AT THE GREENHOUSE IN BOWEN PARK – 1911 N Sheridan Rd.

**NAME:** Click or tap here to enter text.

ADDRESS: <u>Click or tap here to enter text.</u> PHONE NUMBER: <u>Click or tap here to enter text.</u>

E-MAIL ADDRESS: Click or tap here to enter text.

HH# Click or tap here to enter text.

| Items  | Suggested Donation | Quantity | Total   |
|--|--------------------|----------|---------|
| Example - PLANT NAME                                 | 4.00               | 2        | \$ 8.00 |
| Butterfly Bush Hybrids Mix                           | \$4.00             |          | \$      |
| Munstead Strain Lavender                             | \$4.00             |          | \$      |
| Genovese Basil                                       | \$4.00             |          | \$      |
| Sirius Blue Sage                                     | \$4.00             |          | \$      |
| Butterfly Weed Milkweed                              | \$4.00             |          | \$      |
| Common Chives  | \$4.00             |          | \$      |
| Wild Thyme   | \$4.00             |          | \$      |
| Texas Hummingbird Mint                               | \$4.00             |          | \$      |
| Mountain Mint  | \$4.00             |          | \$      |
| Chocolate Daisy                                      | \$4.00             |          | \$      |
| White Borage   | \$4.00             |          | \$      |
| Arikara Sunflower                                    | \$4.00             |          | \$      |
| Cherry Rose Jewel Nasturtium                         | \$4.00             |          | \$      |
| Blue Borage  | \$4.00             |          | \$      |
| Early Prolific Straightneck Squash                   | \$4.00             |          | \$      |
| Red Torch Mexican Sunflower                          | \$4.00             |          | \$      |
| Martino's Roma Tomato                                | \$4.00             |          | \$      |
| Cherokee Purple Tomato                               | \$4.00             |          | \$      |
| Great White Tomato                                   | \$4.00             |          | \$      |
| Chinese Multicolor Spinach                           | \$4.00             |          | \$      |
| Classic Artistic Mix Bachelor's Button               | \$4.00             |          | \$      |
| Lemon Basil  | \$4.00             |          | \$      |
| Bouquet Dill   | \$4.00             |          | \$      |
| Moss Curled Parsley                                  | \$4.00             |          | \$      |
| Cantare Bean (Green Bean)                            | \$4.00             |          | \$      |
| Chinese Pink Celery                                  | \$4.00             |          | \$      |
| Cucumber (Standard Green)                            | \$4.00             |          | \$      |
| Herb Garden Box Drawing \$5.00 per entry             | \$5.00             |          | \$      |
| Donation to support greenhouse operations            | \$                 |          | \$      |
| H.E.A.R.T. Fundraiser – How Many Pots x \$10         | \$10.00            |          | \$      |
| <b>TOTAL</b> (Please double check your calculations) |                    |          | \$      |