SRSNLC-WAUKEGAN
SUMMER 2021
PROGRAM GUIDE

MEETING UNIQUE NEEDS

WAUKEGAN PARK DISTRICT

WAUKEGAN INFORMATION

MEET THE STAFF

WAUKEGAN PARK DISTRICT

Waukegan Park District Administrative Office
Mailing Address
1324 Golf Road | Waukegan, IL 60087

Special Recreation Office
732 Genesee Street | Waukegan, IL 60085
847-360-4760 phone | 847-662-2577 fax

Jen Dumas, CPRP, CPP – **Manager** | 847-360-4705
jdumas@waukeganparks.org
Kari Robinson, CTRS, CPRP, CPP – **Rec. Supervisor** | 847-360-4763
krobinson@waukeganparks.org
Maria Owens – **Rec. Specialist** | 847-360-4764
mowens@waukeganparks.org
Kelsey Benson – **Part Time Rec. Specialist** | 847-360-4766
dhspecialist@waukeganparks.org

Registration Attendent | 847-782-3300

WAUKEGAN FACILITIES

Douglas House (Special Recreation Offices)
732 N. Genesee Street, Waukegan

Administrative Office (Mailing Address)
1324 Golf Road, Waukegan

Belvidere Recreation Center
412 South Lewis Street, Waukegan

Jane Addams Center
95 Jack Benny Drive, Waukegan

The Field House Sports, Fitness & Aquatics Center
800 N. Baldwin Avenue, Waukegan

Bevier Center
2255 W. Yorkhouse Road, Waukegan

Bowlero
631 Lakehurst Road, Waukegan

FIELD HOUSE, SPORTS, FITNESS & AQUATICS CENTER WAUKEGAN:	Mon.-Fri. – 5:00am - 10:00pm Saturday – 7:00am - 7:00pm Sunday – 7:00am - 7:00pm

Contact Us:

Please be aware that you can use the Illinois Relay Center to contact us during our office hours. To use the service, call 1-800-526-0844 (TDD ONLY) or 1-800-526-0857 (Voice). If, due to a visual impairment, you need our brochure or other documents in an alternate format, please contact our office.

Mission Statement

The Waukegan Park District is committed to providing parks, facilities and leisure opportunities to our culturally diverse population through the resources on community involvement, dedicated staff and sound management.

Vision Statment

An innovative park district that creatively adapts to our evolving community that provides exceptional parks, recreation and cultural arts that benefit all.

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Spanish Interpreters Available

If you need to contact us about program information, Spanish interpreters are available at:
Waukegan office (847) 360-4789

Si necesita ponerse en contacto con nosotros para pedir informaticiõn sobre nuestros programas en español, tenemos traductores disponibles en la oficina de Waukegan al (847) 360-4789

Access For All - ADA

The Waukegan Park District advocates for full participation under the Americans with Disabilities Act (ADA) which prohibits discrimination in the provision of programs, services or activities to individuals with disabilities. Every attempt at reasonable accommodation will be made so that individuals may participate in a desired program. Your local park district is committed to meeting your unique, individual leisure needs. Please call us if we can assist you at any time.
If you feel you/your child need inclusion services, please contact Kari Robinson at 847-360-4763 to start the process of assessment. Inclusion will be determined on a case by case and program by program basis. Each request is unique and is determined on a case by case and program by program basis. Special Recreation requires two weeks to set up appropriate services for the participant. Please be aware not all personal care needs can be met by the district.

IN-PERSON ELIGIBILITY & SAFETY MEASURES

In-Person Program Eligibility & Safety Measures SRSNLC-Waukegan Park District

REVISED May of 2021

We are excited to provide in-person programming! All in-person programs will be planned to maintain social distancing protocols and Covid-19 Safety guidelines from the CDC, IDPH, and DEOC. **Please note that any live-virtual or in-person program information is subject to change at any time as we get more information regarding each Phase or Tier from the Restore Illinois Plans.** Programming can be cancelled at any time, and spaces will be limited. To provide opportunities to everyone, participants may only register for one session of any in-person program that has multiple session offerings. However, virtual programs will remain with higher maximums for registration. Any of those individuals that are on the waitlist of the first session will get an option to join the second session. If there is still room after a registration deadline, participants may register for additional sessions. Currently, Waukegan Park District and SRSNLC residents take precedence for all programs. We want to communicate fully that there will be some expectations for participants wanting to attend in-person programming. This is for the safety of all participants and staff involved. The majority of the participants' we serve are still considered high risk. If you or your child is considered high risk, please be aware that even in Phase 4, social distancing and face mask that cover the nose and mouth in public will be expected and required for us to run programs. Individuals that are considered high risk, are also still recommended to stay out of large crowds.

As always, evaluations of reasonable accommodations are made on a case-by-case basis to ensure that our staff has as much information as possible about the specifics of the request being made. SRSNLC-Waukegan always retains the right to re-evaluate participation when a situation is creating a direct threat of safety.

Below is information to help you understand eligibility requirements for in-person programs, requirements while on programs and what will happen in the event a participant/staff/volunteer becomes ill and Covid-19 is suspected. If you/your child does not meet the eligibility requirements at this time, we will still be offering some virtual programming both online and with Hobbies for Home activity ideas!

Eligibility requirements:

• Free from any Covid-19 symptons for the past 10 days. Symptoms are listed below:

COVID-19 SYMPTOMS	
• Fever 100.4° F or above	• Cough
• Difficulty breathing	• Shortness of breath
• Loss of taste or smell	• Chills or shivering
• Sore throat	• Headache
• Muscle aches	• Diarrhea
• Abdominal pain	• Vomiting

• Has not had a positive test for Covid-19 in past 10 days.
• No known exposures within the last 14 days to a person with a positive COVID-19 diagnosis or who has had symptoms.
• Ability to contain all bodily fluids including saliva and mucus with appropriate personal protective equipment.
  o SRSNLC-Waukegan will maintain a zero-tolerance policy regarding: spitting, biting, licking, and signs of Covid-19 symptoms. Negative behaviors that involve saliva and/or mucus will result in a minimum of a week-long suspension from SRSNLC programs.
• Must be able to stay with the group with minimal verbal prompting
  o Participants that actively engage in running away from the group or consistently wandering away may be asked to leave programs and will be asked to join us virtually. This is for the safety of all staff and participants.
• Must be able to:
  o Properly put on, wear, and take off a face mask that covers the nose and mouth when necessary, for the duration of the program.
  o Independently provide self-care for: feeding, toileting, hand washing, changing clothes, and other general hygiene practices.
  o Maintain six feet of social distancing from participants and staff with ONLY minimal verbal prompts, or visual reminders for the entire program.
  o Participate in the entire program with minimal verbal prompts, demonstration, or visual reminders at a ratio of one staff to four participants.
  o Allow shared objects to be cleaned before and between use, without exhibiting negative behaviors.
• Ability to follow the SRSNLC Code of Conduct and other pre-determined guidelines with minimal verbal prompting.

If you answer YES to all the statements above, in-person programming may be a good fit.
If you answer NO to one or more of the statements above, please contact us to discuss program options.

All people ineligible for the current phase of the Restore Illinois Plan can be reassessed for eligibility when Illinois reaches the next Phase in the re-opening process.
All participants eligible for in-person programs will we reassessed for behavioral related eligibility at each program.

IN-PERSON ELIGIBILITY & SAFETY MEASURES

Enhanced Safety Procedures – Subject to Change as State of Illinois Guidelines Evolve

Within all recreation programs and public spaces there is an inherent risk. However, SRSNLC- Waukegan will be taking the following measures to promote safety in our programs.

- Program capacity maximums will be limited within the current guidelines, inclusive of staff and participants.
- Face coverings must be worn by participants and staff at all times. The only exceptions are when eating or drinking. Masks or face coverings are required for outdoor programs and indoor programs at this time.
- Participants must provide their own face covering. The CDC currently, does not recommend the use of one ply masks, vented masks, or gator style masks.
- Staff will develop a pick-up and drop-off system for each program to ensure proper physical distancing. Parents and caregivers must wear face coverings and stay in their vehicle when dropping off and picking up participants. There will be a designated drop off zone and one staff to escort participant into the rest of the group. The zone will be marked for social distancing. **Guardians/approved adults must be prepared to present an ID at every pick-up**.
- Handwashing:
  - o Participants and staff will be required to wash hands or use hand sanitizer upon arrival at the program.
  - o Participants and staff will be required to wash hands or use hand sanitizer when entering and leaving a building.
  - o Participants and staff will be expected to wash hands or use hand sanitizer during the program, as needed or at regular intervals for longer programs.
- Staff will clean and disinfect frequently touched surfaces (tabletops, door handles, etc.) before and after activities and in-between uses of different individuals.
- SRSNLC-Waukegan will be limiting the sharing of supplies and equipment, and cleaning and sanitizing the equipment if it must be shared. Staff and participants will be asked to wash hands or use hand sanitizer in between using equipment that must be shared.
- Staff will take measures to promote 6-feet physical distancing by using such actions as seat assignments, outdoor activities, barriers, and traffic flow patterns.
- No visitors and no mixing of groups.
- Signage will be placed throughout the program site to help employees, volunteers, and participants understand COVID and the agency precautions.
- Hand sanitizer will be readily available for staff and participant use.
- Water fountains will not be available. All participants and staff must come with a reusable or disposable water bottle.
- All food consumed must be brought from the consumer's home. No sharing. If our programs provide a snack it will be pre-packaged, and staff will distribute while wearing gloves. We will not be doing any group cooking activities at this time.
- All lunches brought from home must be completely disposable except for water bottles.
- Participants, staff or volunteers who have been diagnosed as having Covid-19, display symptoms of Covid-19 or were exposed to someone with COVID-19 are asked to report this within 24 hours of being informed; they will be asked to self-quarantine per CDC guidelines and return per CDC guidelines and Park District procedures.
- All employees, volunteers, and participants will be asked to report a positive COVID test to the SRSNLC-Waukegan office within 24 hours of the test results.
- If SRSNLC-Waukegan receives notification of an exposure on our programs, all employees, volunteers, and participants who have had direct or in-direct COVID exposure at SRSNLC-Waukegan programs will be notified, as well as notification given to the Lake County Health Department.
- To protect your participant and those they interact with, participants that do not adhere to program rules and the above guidelines may be removed from the program.

Wellness Screening

- Participants and staff must perform an at home self-wellness screening every day prior to arrival at program. Instructions for the self-wellness screening is attached.
- Staff will have a no touch thermometer on hand if anyone feels they may need it.
- If anyone shows signs or symptoms of COVID-19 while on program, they will be placed in isolation and must be picked up from program by a guardian or other emergency contact within 30 minutes. Individuals needing to be placed in isolation will still be supervised by a staff in one of the following situations: a space outside that is 30 feet from others, the sick individual remains in a room inside, while others in the group go outside or to another space in the building, or in a supervised room such as an office, restroom, hallway or foyer. They will need to remain in isolation per CDC guidelines. Notification of requirements to return will be given.
- If participants have illnesses like allergies, or other non-contagious conditions that may appear similar to a Covid-19 symptoms, a note from a physician stating they are not contagious and that these symptoms are not due to the non-Covid-19 illness is required prior to returning to a program. Any additional symptoms will need an additional medical clearance.

HOME ASSESSMENT WELLNESS SCREENING

***Please complete prior to attending any program.**

By arriving, to an in-person program with the Waukegan Park District facility, you are acknowledging that you have completed a personal wellness screening. Answering "No" to all Wellness Screening questions verifies that you do not have any known COVID-19 symptoms. If you answer "Yes" to any Wellness Screening questions, please do not attend, or enter the program.

Wellness Screening Questions

Y or N: Have you felt feverish?
Y or N: Do you have a cough?
Y or N: Do you have a sore throat?
Y or N: Have you been experiencing difficulty breathing or a shortness of breath?
Y or N: Do you have muscle aches?
Y or N: Have you had a new or unusual headache (e.g., not related to caffeine, diet, or hunger, not related to history of migraines, clusters, or tension, not typical to the individual)?
Y or N: Have you noticed a new loss of taste or loss of smell?
Y or N: Have you been experiencing chills or rigors (rigors: a sudden feeling of cold with shivering accompanied by a rise in temperature)?
Y or N: Do you have any gastrointestinal concerns (e.g., abdominal, pain, vomiting, diarrhea)?
Y or N: Is anyone in your household displaying any symptoms of COVID-19?
Y or N: To the best of your knowledge, have you or anyone in your household come into close contact with anyone who has tested positive for COVID-19 (close contacts include household contacts, intimate contacts, or contacts within 6-ft for 15 minutes or longer (10 minutes or longer for ambulatory care services) unless wearing N95 mask during period of contact)?

Any individuals with any symptoms above are encouraged to seek a COVID-19 test at a state or local government testing center, healthcare center or other testing locations and follow guidelines recommended by the Health Department. Please notify us as soon as possible if you/your child has been on a program within the last 14 days of testing positive for COVID-19. Please remember the confidentiality of any staff/participant/volunteer that tests positive for COVID-19 will be respected. Your cooperation is appreciated and helps us to all stay healthy and safe.

GENERAL WELLNESS GUIDELINES

Participation Guidelines When Illness Occurs

In consideration of the other participants and staff, to prevent the spread of contagious illnesses, participants must refrain from attending programs when any of the following conditions exist:

1. Fever of 100 degrees or higher.
2. Vomiting within the last 24 hours.
3. Persistent diarrhea in conjunction with other symptoms.
4. Contagious rash or a rash of unknown origin.
5. Persistent cough and/or cold symptoms.
6. "Pink Eye" (conjunctivitis) or discharge from the eye.
7. Symptoms of mumps, measles, chicken pox, strep throat,flu, impetigo, Coxsackie virus, head lice, mites, and ringworm.
8. Runny nose with yellow or green discharge WHICH INDICATES INFECTION.
9. Fatigue, due to illness, that will hinder participation and enjoyment in the program.

Please notify the SRSNLC office if the participant contracts any contagious illness that will affect his/her attendance at the program. Participants should return to programs at the doctor's recommendation, or, if not under a doctor's care, when the symptoms have clearly passed.

WAUKEGAN CODE OF CONDUCT

SRSNLC promotes the concept of "equal fun for everyone." However, certain rules have been established to ensure the safety and enjoyment of all people. The following guidelines have been developed to help make SRSNLC programs safe and enjoyable for all participants. SRSNLC participants are expected to demonstrate appropriate behavior during programs. The basic behavior code of conduct insists that participants shall:

1. Show respect to all participants and staff, and take direction from staff.
2. Refrain from causing bodily harm to self, other participants, or staff.
3. Refrain from using abusive or foul language.
4. Show respect to equipment, supplies, and facilities.

A positive approach will be utilized regarding discipline. Individual behavior management plans may be developed on the advice of parents, staff or other professionals. If inappropriate behavior occurs, prompt resolution will be sought, specific to each individual situation. **We reserve the right to dismiss a participant whose behavior endangers the safety of him/her self or others.**

SRSNLC - 2021 Registration Form

Name: Age: Birthdate: Gender:

Address: House/Apt. #

City: Zip:

Please make checks payable to your local Park District.

Home Phone: ( ) Emergency Phone: ( ) E-mail:

PROGRAM NAME	NUMBER/LOCATION CODE	FEE*	GUARD. PAYMENT	ENT. COMP	AMT. PAID

Office use only

TOTAL DUE:

TOTAL ENCLOSED:

PARTICIPATION WILL BE DENIED – If the signature of adult participant or parent/guardian and date are not on this waiver.

*** Non-resident Fee add 50% (see reg. policies)**

READ CAREFULLY

IMPORTANT INFORMATION

The Special Recreation Services of Lindenhurst, Round Lake, Waukegan and Zion Park Districts is committed to conducting its recreation programs and activities in a safe manner and holds the safety of participants in high regard. The Special Recreation Services of Northern Lake County continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors registering for the listed programs/activities must recognize that there is an inherent risk of injury when choosing to participate in recreational activities/programs.

You are solely responsible for determining if you or your minor child/ward are physically fit and/or skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way or recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

WARNING OF RISK

Recreational activities/programs are intended to challenge and engage the physical, mental and emotional resources of each participant. Despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury when participating in any recreational activity/program. Understandably, not all hazards and dangers can be foreseen. Depending on the particular activity, participants must understand that certain risks, dangers and injuries due to inclement weather, slipping, falling, poor skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision, instruction or officiating, and all other circumstances inherent to indoor and outdoor recreational activities/programs exist. In this regard, it must be recognized that it is impossible for the Special Recreation Services of Northern Lake County to guarantee absolute safety.

WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK

Please read this form carefully and be aware that in signing up and participating in the identified programs/activities, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with said programs/activities (including transportation services/vehicle operation, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in these programs/activities, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in these programs/activities against the Special Recreation Services of Northern Lake County including Lindenhurst, Round Lake, Waukegan and Zion Park Districts, its officials, agents, volunteers and employees (hereinafter collectively referred as SRSNLC).

I do hereby fully release and forever discharge the SRSNLC from any and all claims for injuries, damages, or loss that my minor child/ward or I may have or which may accrue to me or my minor child/ward and arising out of, connected with, or in any way associated with these programs/activities.

I further agree to indemnify, hold harmless and defend the SRSNLC and its officers, agents, servants and employees from any and all claims associated with the activities of this program.

In the event of an emergency, I authorize SRSNLC Staff to secure from any licensed hospital, physician and/or medical personnel any treatment deemed necessary for my minor child/ward and agree that I will be responsible for the payment of any and all medical services rendered.

I have read and fully understand the above important information, warning of risk, assumption or risk and waiver and release of all claims. If registering on-line or via fax, your on-line or facsimile signature shall substitute for the and have the same legal effect as an original form signature.

Parent / Adult Guardian Signature

Date

Participant Signature (participant must sign if he/she is own legal guardian)

Date

Annual Information Form 2021

Name: _____ Age: _____ Birth Date: _____

Address: _____ City: _____ State: _____ Zip: _____

E-mail: _____ Phone: _____ Sex: ☐ Male ☐ Female

T-Shirt Size: ☐ Youth ☐ Adult ☐ Small ☐ Medium ☐ Large ☐ X-Large ☐ 2XL ☐ 3XL Shoe Size: _____

School/Workshop: _____ Teacher/Supervisor: _____ Phone: _____

Physician's Name: _____ Physician's Phone: _____

Address: _____ City: _____ State: _____ Zip: _____

Guardian Contact: _____ Relationship: _____

Primary Phone Number: _____ ☐ Home ☐ Cell ☐ Work

Secondary Phone Number: _____ ☐ Home ☐ Cell ☐ Work

Emergency Contact: _____ Relationship: _____

Primary Phone Number: _____ ☐ Home ☐ Cell ☐ Work

Secondary Phone Number: _____ ☐ Home ☐ Cell ☐ Work

Participant is Own Guardian? ☐ Yes ☐ No

Does participant require supervision at conclusion of program/drop off? ☐ Yes ☐ No

If over 21 years, can individual consume alcohol? ☐ Yes ☐ No Quantity: _____

Photo / Video Statement

SRSNLC occasionally takes photographs or video of participants for promoting/advertising of our programs, services, events, activities, and facilities in our brochures, websites or agency social media, and other promotional avenues. By registering for, participating in or attending SRSNLC events, or other activities, the participant (or parent/guardian of a minor participant) irrevocably agrees to the use and distribution by SRSNLC of his or her image (or of his minor child/ward) in photographs, video recordings, and any other electronic reproductions of such programs, events and activities for any purpose without inspection or approval and without compensation, rights to royalties or any other consideration now and in the future.

Authorization and Consent for Emergency Treatment Permission:

I acknowledge that SRSNLC does not carry medical insurance. My family's own health insurance must assume responsibility in the event of injury. I understand that every precaution is taken to protect the safety of every participant. I agree to emergency treatment by a physician or hospital in the event that I cannot be reached. I hereby acknowledge that the above information is accurate and I understand that it is my responsibility to inform the SRSNLC staff of any changes in the above information.

Medical Insurance Company: _____ Policy Number _____

Signature of Parent/Guardian: _____ Date _____

INDIVIDUALS DISABILITY INFORMATION

Primary Disability _____

Secondary Disability _____

If Down Syndrome, has participant been tested for atlanto axial instability? ☐ Yes ☐ No ☐ N/A

Does your participant have atlanto axial instability? ☐ Yes ☐ No ☐ N/A

Not all personal care needs can be met by SRSNLC. Please contact your local office when requesting personal care needs.

HEALTH INFORMATION

Does participant have seizures? ☐ Yes ☐ No If Yes, please complete the SRSNLC Seizure Questionnaire. Even if there has been a past history of seizures.

Does the participant have asthma? ☐ Yes ☐ No Comments: _____

Allergies

☐ Food allergies Comments: _____

☐ Medication allergies Comments: _____

☐ Other allergies Comments: _____

Does participant carry/use an Epi-pen? ☐ Yes ☐ No

DIETARY INFORMATION

Does participant require assistance eating or drinking? ☐ Yes ☐ No Comments:

- have any food restrictions? ☐ Yes ☐ No Comments:
- have any food dislikes? ☐ Yes ☐ No Comments:
- have any specific food likes? ☐ Yes ☐ No Comments:
- is participant Diabetic? ☐ Yes ☐ No Comments:

If yes, participant must independently administer insulin.

BEHAVIOR INFORMATION

Does participant display unusual fears? ☐ Yes ☐ No Comments:

- comply with verbal requests? ☐ Yes ☐ No Comments:
- respond to specific directions? ☐ Yes ☐ No Comments:
- have any known situations that cause behavior if presented? ☐ Yes ☐ No Comments:

What actions are to be taken if a particular behavior is presented? Comments:

- respond to any reinforcement devices? ☐ Yes ☐ No Comments:
- respond to any behavior improvement techniques? ☐ Yes ☐ No Comments:

Please check all that apply

☐ Short attention span ☐ Easily distracted ☐ Hyperactivity
☐ Tantrums ☐ Oppositional/defiant ☐ Verbal aggression
☐ Self-injurious behaviors ☐ Physical aggression towards others

List other behavioral concerns here

SAFETY INFORMATION

Is participant capable of saying name: ☐ Yes ☐ No
Does participant wander/run from group? ☐ Yes ☐ No ☐ Sometimes
Can participant manage own money? ☐ Yes ☐ No ☐ Sometimes
Can participant recognize danger? ☐ Yes ☐ No ☐ Sometimes
Does participant need assistance toileting: ☐ Independent ☐ Monitor ☐ Diapering ☐ Other
Swimming ☐ Swims independently ☐ Can swim a little ☐ Cannot swim at all ☐ Extreme fear of water
☐ Other

MOBILITY & COMMUNICATION INFORMATION

Mobility:
Can participant walk independently: ☐ Yes ☐ No
☐ Use a Wheelchair ☐ Manual ☐ Electric
☐ Transfers independently ☐ Yes ☐ No
☐ Use orthopedic equipment ☐ Walker ☐ Stroller ☐ Cane ☐ Canadian Crutches

Communication Needs
☐ Verbal ☐ Non-Verbal Hearing Aid: ☐ Right Ear ☐ Left Ear
☐ Independent Communication ☐ Assisted/Facilitated Communication ☐ Uses Sign Language
Uses communication system ☐ PECS ☐ Picture ☐ Schedule ☐ Talker

MEDICATION INFORMATION

Does the participant receive any medication (over the counter and/or prescription)? ☐ Yes ☐ No

Medication	Dosage	Time	Purpose	Side Effects

SRSNLC
SEIZURE QUESTIONNAIRE

Office use only:
Date Reviewed: _____
Initial: _____

Please complete this form if the participant experiences seizures. **Please update this form whenever there is a change in the seizure information/plan and promptly submit it to SRSNLC.** SRSNLC requests that you review this form once a year and provide any necessary updates.

Participant's Name: _____

Completed by: _____ **Relationship:** _____ **Phone:** ( ) _____

Medication(s):
Participant medication needs are to be noted on their *Annual Information Form* which is available in this SRSNLC brochure. If the participant's medication needs have changed since submission of their *Annual Information Form*, please submit a new form as soon as possible.
A *Medication Permission* form must be submitted if you are requesting SRSNLC staff to assist with the dispensing of scheduled oral or topical maintenance medication. To obtain a copy of the *Annual Information Form* or *Medication Permission* form, please contact your local SRSNLC office or download a copy of the forms from your local SRSNLC website.

Please note: SRSNLC staff will not administer rectal Diastat or perform any other invasive medical procedures.

1. Please describe a typical seizure: _____
   _____
   _____
2. Are there any symptoms prior to the onset of the seizure? (i.e. smells, stomach pain, fear, sounds, etc.)
   _____
3. What was the date of the participant's last seizure? ___/___/___
4. How long does the typical seizure last? _____

Type of Seizure(s) (Please check all that apply):

___	Absence (staring spell)	___	Atonic (Drop)	___	Simple Partial
___	Complex Partial	___	Generalized (Gran Mal)		
___	Other (explain): _____				

Seizure Response Plan

In the event of a perceived seizure, SRSNLC staff will follow basic first aid procedures for the care of seizures. Please list any additional actions you would like SRSNLC staff to take in the event of a seizure:

1. Call 911 for a seizure lasting more than _____ minutes. (Please Note: Depending on circumstances, SRSNLC staff may disregard this request and instead call 911 immediately)
2. _____
3. _____

Parent/Guardian Signature: _____ **Date:** _____

Please return this completed form along with your Registration Form to the SRSNLC office. Rev. 1/31/17

WAUKEGAN VIRTUAL PROGRAMS

Pay As You Go Option

Register & pay for each individual program separately.

Virtual Memberships

Save on program cost and registration time by joining one of our VIRTUAL membership options. Pricing will change month to month based on the number of virtual programs being offered. Look for the star logos below to determine if a program is eligible for your chosen membership level.

Bronze Membership

Get 20% off the total cost. You will automatically be signed up for all bronze level virtual programs. Bronze level excludes the following programs: Crafty Creations, SRSNLC Virtual Trivia Night, SRSNLC Virtual Art Project, and the supply fee for Rhythm in Motion. These programs have an additional cost and must be registered for separately. Please make sure to register for this membership by the deadline to guarantee your registration for all of the virtual programs that come with this option.

Fee: $11R / $17NR | **Age:** 13 & older

CODE	MONTHS	REG. DEADLINE
51107401-6A	June-August Membership	June 3, 2021

Silver Membership

Get 30% off the total cost. You will automatically be signed up for all virtual programs for the month. Please make sure to register for this membership by the deadline to guarantee your registration for all of the virtual programs that come with this option. This membership does not include the supply fee for Rhythm in Motion.

Fee: $29R / $44NR | **Age:** 13 & older

CODE	MONTH	REG. DEADLINE
51107401-6B	June-August Membership	June 3, 2021

Virtual Crafty Creations

All the perks of an art program, but from the comfort of your own home! We provide the supplies and step by step instructions. Simply register online and pick-up your craft kit from the Douglas House. We will provide curbside pick-up of supplies needed for each activity. Emails will be sent with the date and time for curbside pick-up the week of the program. **PROJECTS MAY NEED STAFF OR GUARDIAN ASSISTANCE TO COMPLETE**.

Location: Virtual through GoToMeeting
Age: 8 & Older
Fee: $10R / $15NR per session

CODE	DAY	DATE	TIME	REG. DEADLINE
31106302-V6A	TH	6/10	5:00pm-5:30pm	6/3
31106302-V6B	TH	6/17	5:00pm-5:30pm	6/10

Virtual Family Game Night

Want to connect and de-stress while still being able to stay home? Join us for Virtual Family Game Night. Connect with family and friends while playing some great games such as, Trivia, Bingo, Family Feud, and many more. **Winners will receive a prize!**

Location: Virtual through GoToMeeting
Age: Family
Fee: $5R / $8NR per session
Reg. Deadline: June 8, 2021

CODE	DAY	DATE	TIME
31104403-V6A	F	6/11	5:00pm-6:00pm Approximately

Virtual Rhythm in Motion

The rhythm is gonna get you! Pound your way to health in this interactive fitness program. Drumming is the newest craze in fitness. Participants will drum to the rhythm while getting a total body work-out. Leave your seat and get with the beat!
Need supplies? Pay the supply fee below and we will provide you with your own at home rhythm in motion kit which includes: drumsticks, mini ball drum, and bucket. Prefer to rent equipment? Return the full, undamaged set at the end of the program and receive a 50% refund. This fee is not covered in the membership options.

Location: Virtual through GoToMeeting
Age: Family
Fee: $5R / $8NR
Supply Fee: $12.00
Reg. Deadline: June 14, 2021

CODE	DAY	DATE	TIME
31101317-V6A	TH	6/24-7/15	5:00pm-5:30pm

Virtual Connection Cafe

Come join the lunchtime chats on Friday. We have great topics to discuss and games to play while everyone enjoys their lunch. For each program you will be sent a new link via email with the topic/ theme for that day.

Location: Virtual through GoToMeeting
Age: 13 & older
Fee: Free

CODE	DAY	DATE	TIME	REG. DEADLINE
31104326-V7A	F	7/2	12:00pm-12:45pm	6/29
31104326-V8A	F	8/20	12:00pm-12:45pm	8/17

WAUKEGAN VIRTUAL PROGRAMS

Virtual Youth & Family YogiStretch

Stretch out your stress. Get relaxed as a family right before dinner! Moves are based on stretching for all muscles in the body much like yoga. Learn ways to improve mindfulness, flexibility, and strength.

Location: Virtual through GoToMeeting
Age: Family | **Fee:** FREE | **Reg. Deadline:** July 6, 2021

CODE	DAY	DATE	TIME
31101202-V7A	M	7/12	5:00pm-5:30pm

SRSNLC Virtual Art Project: ADA Anniversary Edition

Help us celebrate the anniversary of the Americans with Disabilities Act by celebrating you! This virtual art project will give you the opportunity to celebrate your unique style and abilities with step-by-step guidance. All willing participants can share their finished project on our Facebook page as we celebrate the 31st anniversary of the ADA. We will provide curbside pick-up of supplies needed for each activity. Emails will be sent with the date and time for curbside pick-up the week of the program. **THIS PROJECT MAY NEED STAFF OR GUARDIAN ASSISTANCE TO COMPLETE**.

Location: Virtual: TBD | **Age:** 8 & older
Fee: $8R / $12NR | **Reg. Deadline:** July 6, 2021

CODE	DAY	DATE	TIME
31103301-V7A	M	7/26	4:00pm–4:45pm

Overbooked Virtual Book Club

"Reading gives us someplace to go when we have to stay where we are." - Mason Cooley

Have a summer adventure by reading! The book for this month will be announced in late June. Participants can read along or relax and listen as the staff reads. Feel free to get yourself a copy from the library if you want! The last few minutes of book club will be a chance to share and discuss the book!

Location: Virtual through GoToMeeting
Age: 10 & older | **Fee:** $3R / $5NR | **Reg. Deadline:** July 15, 2021

CODE	DAY	DATE	TIME
31104327-V7A	TH	7/22 & 7/29	4:30pm-5:15pm

SRSNLC Virtual Zumba Party

It's a party and you're invited! Zumba combines Latin American music and dance to create one great class that feels more like a party than a work-out. Everyone can join with or without previous dance experience. Families are welcome to join in on the fun. Please register each family member that plans to participate! Get off the couch and join us for a group experience!

Location: Virtual through Zoom
Age: 10 & older | **Fee:** FREE | **Reg. Deadline:** July 19, 2021

CODE	DAY	DATE	TIME
31103301-V8A	M	8/2	4:30pm-5:00pm

WAUKEGAN YOUTH AND TEEN

Swim Lessons for Youth with Disabilities: OTTERS

Tired of feeling like an otter out of water? Swimming is an essential life skill for safety, fitness, and fun! Special Recreation is offering swim lessons for children with special needs. All lessons are based on the Swim Smart Program but are designed around the individual swimmer. Whether your goal is to just get comfortable in the water, support sensory experiences, or become a competitive swimmer, Special Recreation can guide you along the way. We encourage you to jump on in, the water's great!

Lessons are 30 minutes and have a maximum group size of 2 swimmers to one instructor. Swim times are offered for 8 weeks on Saturdays between 9:00am and 1:00pm Times will be assigned based on instructor availability and space in the pool. Registrants will receive time assignments one week before class. Please contact Kari at 847-360-4763 to complete an initial assessment of your child's current skill level.

Age: 4-14 years | **Location:** The Field House, Aquatic Center

CODE	DAY	DATE	TIME	FEE	REGISTER BY
30402205-1A	SA	6/26-8/14	9:00am-1:00pm	$60R / $70NR	6/20

WAUKEGAN YOUTH AND TEEN

Mid-Day Play

"Play is our brain's favorite way of learning." - Diane Ackerman

Help your child's brain stay active before school restarts. Playing stimulates the mind, engages your child's muscles, and encourages social development. Join us Wednesday, Thursday, or Friday for a variety of play activities. Children should eat lunch before they come.

Location: Varies | **Age:** 6-12 years | **Min:** 4

Session 1: Park Play Time

CODE	DAY	DATE	TIME	FEE	REGISTER BY
31104203-1A	TH	8/5	1:00pm-3:00pm	$8R / $12NR	7/28

Session 2: Water Battle

CODE	DAY	DATE	TIME	FEE	REGISTER BY
31104203-2A	F	8/6	1:00pm-2:00pm	$6R / $9NR	7/29

Session 3: Artist Outside

CODE	DAY	DATE	TIME	FEE	REGISTER BY
31104203-3A	W	8/11	1:00pm-3:00pm	$9R / $14NR	8/3

WAUKEGAN SUMMER DAY CAMPS

* All Camps require a $20.00 non-refundable deposit for each session with registration.
* **Days, dates, locations, and times on ALL CAMPS are subject to change. Please contact Kari at 847-360-4763 for the most up to date information.**
* *Following application, all new participants or participants that have not participated in a year or more will need to complete an intake assessment to determine needs. Not all personal care needs can be met by the District.*
* Waukegan Park District Residents take precedence in registration. **All Non-residents will be put on a waiting list for All CAMPS until June 6.** Beginning June 7, non-residents can be added into any openings on a first come, first serve basis. All registration paperwork and deposits must be completed at the time of registration.

Camper must be able to meet all In-person Eligibility Guidelines. Please contact our office to receive a copy or see page 3.

You may contact Kari Robinson, krobinson@waukeganparks.org for the most up-to-date guidelines and with any questions regarding these guideleines.

Special Recreation Camps Parent & Camper Virtual Orientation

Join us for Camper/Parent VIRTUAL Orientation Night. Meet the staff, ask questions, and receive the Parent Handbook. See information below for location and times! Call 847-360-4760 for more information!

Location: Virtual through GoToMeeting
Age: Camper and Parent
Fee: Free

DAY	DATE	TIME
TU	6/15	6:00pm-7:00pm

Comeback Club

Get back in the swing of in-person socializing! Day camp is a great way to be outside and enjoy all the great recreation activities with your friends. Campers and Staff will be required to wear appropriate face covering throughout the program. Join us for a summer of new experiences.

No Camp on July 5

Location: Douglas House | **Age:** 6-17 years
Full Day Fee: $165R / $330NR | **Half Day Fee:** $83R / $125NR | **Min:** 6

Session 1

CODE	DAY	DATE	TIME	REG. DEADLINE
31102204-1A	M-F	6/21-7/2	9:00am-3:00pm	6/6
31102204-1B	M-F	6/21-7/2	12:00pm-3:00pm	6/6

Session 2*

CODE	DAY	DATE	TIME	REG. DEADLINE
31102204-2A*	M-F	7/6-7/16	9:00am-3:00pm	6/20
31102204-2B*	M-F	7/6-7/16	12:00pm-3:00pm	6/20

Session 3

CODE	DAY	DATE	TIME	REG. DEADLINE
31102204-3A	M-F	7/19-7/30	9:00am-3:00pm	7/3
31102204-3B	M-F	7/19-7/30	12:00pm-3:00pm	7/3

WAUKEGAN INCLUSIVE AND FAMILY

SUPERVISION OF PARTICIPANTS NEEDS TO BE PROVIDED BY GUARDIANS FOR ALL PROGRAMS UNDER THIS SECTION

***For the safety of patrons and the community, The Waukegan Park District complies with all recommendations from the Illinois Department of Public Health. As you know with the Covid-19 pandemic, conditions are fluid and things change frequently. The events listed below could be postponed or cancelled based on the health and safety guidelines issued by the State of Illinois.**

Arts Park

Free art projects coming to a park near you!

LOCATION	DAY	DATE	TIME
King Park	W	7/7	10:00am
Ben Diamond	W	7/14	10:00am
Arbor Park	W	7/21	10:00am
Country Lane	W	7/28	10:00am

Community Yard Sale

Find your new treasures at this community yard sale! If you want to be a vendor contact Jen Dumas at 847-360-4705 for more information. Registration to have a vendor booth is required by July 5.

Location: Bowen Park | **Ages:** All | **Fee:** Free to attend
Fee for Vendors: Varies by booth size. Please contact Jen for more information

DAY	DATE	TIME
SA	7/17	9:00am-2:00pm

WAUKEGAN DAY PROGRAM

H.E.A.R.T.

SRSNLC-Waukegan has a HEART for adults with disabilities. The HEART Program is a Day Program designed to offer adults with disabilities the opportunity to continue building relevant life skills while training them for transition into the community. This program's main areas of focus include: **H**ealth, **E**ducation, **A**rt, **R**ecreation, and **T**raining. Structured programs are designed to improve its participants' quality of life through meaningful and educational experiences.

Applicants for the program must:

- Be 18 years and older
- Be a high school graduate
- Complete the intake process to determine eligibility and participant program needs
- Sign a release of information form
- Function at a ratio of 6 participants to 1 staff
- Submit a $35 deposit at time of application. *Deposit is refunded if participant is not eligible for the program or program does not run.
- This program is ideal for adults who work part-time, are unemployed, or who want something different from the traditional workshop environment.

Please contact Maria Owens at 847-360-4764 or email mowens@waukeganparks.org if you are interested in this type of program.

The HEART Program
Health Education Art Recreation Training

Location: Douglas House | **Age:** 18 & older | **Min:** 6 | **Fee:** $105R for 3 days

CODE	DAY	DATES	TIME
51104301-8A	M	8/9, 8/16, & 8/23	10:00am-2:00pm
51104301-9A	M	9/13, 9/20, & 9/27	10:00am-2:00pm

WAUKEGAN ART AND MUSIC

The Artist Outside: Tye Dye

Create your own work of art to wear. We will purchase all the supplies, just let us know your t-shirt size! This will be outdoors but can be moved inside for inclement weather.

Location: Upton Park
Age: 13 & Older
Fee: $10R / $15NR per session

CODE	DAY	DATE	TIME	REG. DEADLINE
31103302-8A	M	8/23	5:00pm-6:00pm	8/9

Outdoor Karaoke

Let's hear your voice! Sing some of your favorite songs with your friends while getting out in the fresh air. If inclement weather, program may have to cancel.

Location: Bowen Park - Janet Morrison Pavilion
Age: 13 & Older
Fee: $6R / $9NR per session

CODE	DAY	DATE	TIME	REG. DEADLINE
31103304–6A	M	6/14	6:30pm-7:30pm	6/6
31103304–8A	F	8/27	5:00pm-6:00pm	8/19

WAUKEGAN SOCIALS AND OUTINGS

Outdoor Game Nights

Come join in some great games to play with your friends.

Location: Varies – Contact the office for more information
Age: 13 & Older
Fee: $6R / $9NR per session

Board Games: Possible Games- Bingo, Charades, Family Feud

CODE	DAY	DATE	TIME	REG. DEADLINE
31104403-6B	F	6/25	6:30pm-7:30pm	6/17

Water Battle #1: Water Battleship

CODE	DAY	DATE	TIME	REG. DEADLINE
31104403-7B	F	7/9	4:30pm-5:30pm	6/25

Lawn Games: Baggo

CODE	DAY	DATE	TIME	REG. DEADLINE
31104403-8A	TH	8/12	5:00pm-6:00pm	8/4

Water Battle #2: Target Practice

CODE	DAY	DATE	TIME	REG. DEADLINE
31104403-8B	F	8/13	4:30pm-5:30pm	7/29

Lawn Games: Outdoor Bowling

CODE	DAY	DATE	TIME	REG. DEADLINE
31104403-8C	TH	8/19	5:00pm-6:00pm	8/11

Lawn Games: Ladder Ball

CODE	DAY	DATE	TIME	REG. DEADLINE
31104403-8D	TH	8/26	5:00pm-6:00pm	8/18

SRSNLC Trivia Night Challenge

Do you know the answer? Face off with your friends from SRSNLC for a night of general knowledge questions, fun, and prizes!

Location: TBD - SRSNLC Agencies will be virtual but registrants may meet in-person at their local member district.
Age: 13 & older
Fee: $12R / $18NR
Reg. Deadline: July 2, 2021

CODE	DAY	DATE	TIME
31103301-7A	F	7/16	5:30pm-6:30pm

Swim Lessions for Adults with Disabilities: SWORDFISH

Swimming is an essential life skill for safety, fitness, and fun! Special Recreation is offering swimming lessons for adults with disabilities. All lessons are based on the Swim Smart Program but are designed around the individual swimmer. Whether your goal is to just get comfortable in the water, support sensory experiences, or become a competitive swimmer, Special Recreation can guide you along the way. We encourage you to jump on in, the water's great!

***Lessons are 30 minutes and have a maximum group size of 4 swimmers to one instructor. Swim times are offered between 9:00am and 1:00pm on Saturdays. Times will be assigned based on instructor availability and space in the pool. Registrants will receive time assignments one week before class. Please contact Kari at 847-360-4763 to complete an initial assessment of you/ your child's current skill level**.

Age: 15 & older
Location: Field House, Waukegan
Fee: $60R / $70NR

CODE	DAY	DATES	TIME	REGISTER BY
30402205-2A	SA	6/26-8/14	9:00am-1:00pm	6/20

Time to Spare Bowling: Mini Sessions

Do you have some time to spare for a friendly frame or two? Bowling can help improve hand-eye coordination, strength, flexibility, and gross motor skills. The fee includes two games of bowling and rental shoes.
Masks/Face coverings must be worn throughout the entire program.
No food will be permitted during program time. Parents will not be permitted by program lanes during the program.
Staff will greet participants at the front door of the facility. Only two bowlers per lane. Space is limited. NO transportation will be provided at this time.
Due to limited capacity, you may only sign up for ONE session. Individuals interested in multiple sessions must wait until after the deadline to see if there is extra space.

Location: Bowlero, Fountain Square | **Age:** 13 & Older
Fee: $30R / $45NR

CODE	DAY	DATE	TIME	REGISTER BY
31101303-6A	W	6/16-7/14	5:00pm-6:00pm	6/8
31101203-7A	TU	7/6-8/3	5:00pm-6:00pm	6/28
31101203-7B	W	7/28-8/25	5:00pm-6:00pm	7/20

***Please note that if an athlete scratches after the Special Olympics scratch deadline date the penalty is $50 per athlete. It will be the athlete's responsibility to pay the penalty.**

***Any athlete under the age of 18 must stay with a parent for any overnight Special Olympic Events. Parents are responsible for securing and paying for their own hotel fees. Please see overnight trip policies for eligibility requirements for those 18 years and older on page 5.**

All-Star Tennis

Serve your way into the summer and join SRSNLC in a game or two. Whether you are a beginner or an old pro, this program will help you get ready to compete. Please note this year we will NOT be competing in Special Olympics or any other tournaments. Please contact us for more information or with any questions.

Location: Upton Park Tennis Courts
Age: 8 & Older | **Fee:** $20R / $30NR
Reg. Deadline: June 3, 2021

CODE	DAY	DATE	TIME
31101308-1A	TU	6/8-6/29	4:00pm-5:00pm

All-Star Volleyball

Bump, Set, Spike! Grab your friends and get ready to compete. Practice your serve and improve your digging skills as we compete against other local Special Recreation Associations. Please note this year we may not be competing in Special Olympics or any other tournaments. Please contact us for more information or with any questions. **If guidelines allow, other SRAs are hosting teams, and Special Olympics has returned to a team format, we will have a Team. If this is not the case it will be a skills program only and there will be a fee reduction**.

Location: The Field House | **Team Fee:** $70R / $105NR | **Age:** 15 & older

TEAM CODE	DAY	DATES	TIME	REG. DEADLINE
31101311-2A	TU	8/10-9/28	6:30pm-8:00pm	7/7

Bocce Ball

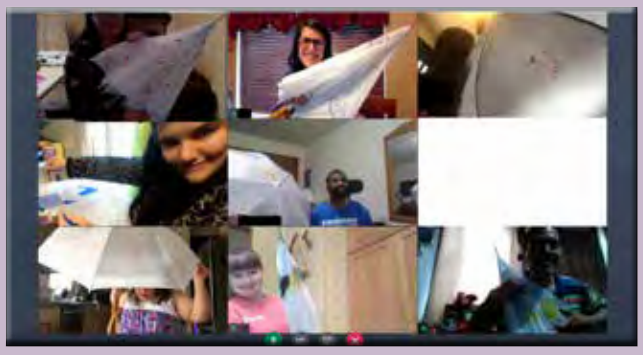
This is a lifelong sport where everyone can participate. Athletes may compete in singles or doubles. No experience necessary, just a desire to play. Please note this year we may not be competing in Special Olympics or any other tournaments. Please contact us for more information or with any questions.
No program on August 23 or September 6

Location: Douglas House – Upton Park | **Age:** 8 & Older | **Fee:** $65R / $98NR

CODE	DAY	DATE	TIME	REG. DEADLINE
31101311-1A	M	8/9-10/4	4:30pm-5:30pm	8/2

Special Recreation Services of Northern Lake County

Waukegan Park District

Waukegan Park District Administrative Office
1324 Golf Road
Waukegan, IL 60087
847-360-4760
847-662-2577 Fax

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