

WAUKEGAN PARK DISTRICT

PRESS RELEASE

Waukegan Park District Announces 2020 George Bridges Virtual 5K Run/Walk

Waukegan, Illinois (August 10, 2020) – The Waukegan Park District invites the public to participate in the 2020 George Bridges Virtual 5K Run/Walk. In its fifth year, the race will be a unique experience in 2020. Participants will compete with others by completing a 5K race (3.1 miles) on their own and at their own pace. Individual results must be submitted to Shelby at smcdonald@waukeganparks.org by Monday, September 14, 2020 at 9am to be included in the final results.

Registration is required and is now open. Individuals can register in person at the front desk of the Field House Sports, Fitness & Aquatics Center or online at waukeganparks.org/5k. The fee to compete is \$10 per participant. Participants will receive a traditional race packet and a commemorative race t-shirt that can be picked up at the Field House Sports, Fitness & Aquatics Center starting Monday, September 7.

All proceeds from the 2020 George Bridges Virtual 5K Run/Walk will benefit the Special Recreation Services of Northern Lake County - Waukegan, helping individuals with disabilities participate in camps, athletics, health and fitness programs, and much more.

Participants are reminded to practice social distancing while running/walking. For more information, contact the Field House at (847) 782-3300.

About the Waukegan Park District

Established on December 26, 1916, the district has 50 properties and more than 737 acres of land, including the 18-hole Bonnie Brook and 9-hole Greenshire Golf Courses. Properties are managed to the highest environmental and conservation standards. Facilities operated by the district include the Field House Sports, Fitness and Aquatics Center, the Jack Benny Center for the Arts, the Waukegan's Greg Petry SportsPark, the Waukegan Skate Park, the Waukegan BMX Track, recreational centers, disc golf course, dog exercise area and agility course, outdoor sports fields, picnic areas, playgrounds, splash pads, and sports courts including basketball, tennis and pickleball. A full range of programs and services are offered year-round for all ages, from infants to seniors as well as special needs populations. Healthy lifestyles, wellness initiatives, and a connection with the outdoors and nature are integrated throughout programs, services, and special events. Cultural events are provided by the Waukegan Symphony Orchestra and Concert Chorus, and the Waukegan History Museum. There is something for everyone! The award-winning District employs 63 full-time and over 230 part-time, seasonal, and temporary employees. The District is a member of the National Recreation and Park Association (NRPA), Illinois Association of Park Districts (IAPD), and Illinois Park and Recreation Association (IPRA). The district maintains national accreditation from the NRPA Commission for Accreditation of Park and Recreation Agencies (CAPRA), Illinois Association of Park Districts (IAPD) Distinguished Agency accreditation and Park District Risk Management Agency (PDRMA) accreditation and maintains a Level A Loss Control Program. The District has

received Government Finance Officer Association awards for Distinguished Budget Presentation and Certificate for Excellence in Financial Reporting for eight consecutive years. The district was awarded the NRPA National Gold Medal Award for Excellence in Park and Recreation Management in 2013 and named a NRPA Gold Medal Finalist in 2012, 2013, and 2019.

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