

# SRSNLC CODE OF CONDUCT

## Behavior Expectations

SRSNLC promotes the concept of “equal fun for everyone.” However, certain rules have been established to ensure the safety and enjoyment of all people. The following guidelines have been developed to help make SRSNLC programs safe and enjoyable for all participants. SRSNLC participants are expected to demonstrate appropriate behavior during programs. The basic behavior code of conduct insists that participants shall:

1. Show respect to all participants and staff, and take direction from staff.
2. Refrain from using abusive or foul language.
3. Refrain from causing bodily harm to self, other participants, or staff.
4. Show respect to equipment, supplies, and facilities.

A positive approach will be utilized regarding discipline. Individual behavior management plans may be developed on the advice of parents, staff or other professionals. If inappropriate behavior occurs, prompt resolution will be sought, specific to each individual situation. **SRSNLC reserves the right to dismiss a participant whose behavior endangers the safety of him/her self or others.**

| Unacceptable Behavior   | Warning                             | Time Out                            | Conference<br>Loss of Privileges    | Suspension                          | Expulsion                           |
|---|-------------------------------------|-------------------------------------|-------------------------------------|-------------------------------------|-------------------------------------|
| Improper use of materials or equipment.   | <input checked="" type="checkbox"/> |
| Disrespect of participants, staff, or the public.                               | <input checked="" type="checkbox"/> |
| Objectionable gestures; profane, vulgar or objectionable language.              |                                     | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> |
| Fighting  |                                     | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> |
| Damage or destruction of Park District property or property of others.          |                                     |                                     | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> |
| Theft   |                                     |                                     | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> |
| Smoking; possession or use of alcohol or illegal drugs.                         |                                     |                                     | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> |
| Harassment or abuse of fellow participants or staff                             |                                     |                                     | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> |
| Possession of weapons   |                                     |                                     | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> |
| Other acts which may be determined to be unacceptable by the program supervisor |                                     | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> |

## Consequences of Unacceptable Behavior

Participants may be subject to any of the following actions for unacceptable behavior. Below is a guideline for progressive discipline; however, the progression may be accelerated or slowed based on the severity and frequency of the unacceptable behavior.

For issues that are not major we may issue a participant progress report. This is in no way a behavioral warning; it is simply to inform you of something that may have happened during a program. For example, a participant may soil their pants. We will issue a progress report to inform the parent/guardian of the incident and how it was handled.

# SRSNLC WELLNESS GUIDELINES

## Participation Guidelines When Illness Occurs

In consideration of the other participants and staff, to prevent the spread of contagious illnesses, participants must refrain from attending programs when any of the following conditions exist:

1. Fever of 100 degrees or higher.
2. Vomiting within the last 24 hours.
3. Persistent diarrhea in conjunction with other symptoms.
4. Contagious rash or a rash of unknown origin.
5. Persistent cough and/or cold symptoms.
6. “Pink Eye” (conjunctivitis) or discharge from the eye.
7. Symptoms of mumps, measles, chicken pox, strep throat, flu, impetigo, Coxsackie virus, head lice, mites, and ringworm.
8. Runny nose with yellow or green discharge WHICH INDICATES INFECTION.
9. Fatigue, due to illness, that will hinder participation and enjoyment in the program.

Please notify the SRSNLC office if the participant contracts any contagious illness that will affect his/her attendance at the program. Participants should return to programs at the doctor’s recommendation, or, if not under a doctor’s care, when the symptoms have clearly passed.

# SRSNLC ATHLETE-SPORTSMANSHIP CONTRACT

## General Informaiton

The following Sportsmanship Contract is to be signed by all SRSNLC - Athletes for all Special Olympic Sport Seasons.

The Sportsmanship Contract is a code of conduct that all athletes must follow while participating in all Special Olympcs Sports. This

contract must be signed and dated by the athlete and returned to the coach at the beginning of EACH sport season. The athlete will not be allowed to compet/partcipate until the contract is signed. Coaches will document any violations of the contract on a tracking form for each athlete.

## SRSNLC Athlete - Sportsmanship Contract

*The Sportsmanship Contract is an agreement of sportsmanlike conduct that athletes will follow while participating in SRSNLC Special Olympics. Please take a moment to review this form, sign it and return to your coact this contract is in place to ensure that all athletes are treated with respect and so that they feel like an important part of the team.*

1. I will repect others, including my teammates, coaches, and opponents. This means I will treat others the way i would want to be treated.
2. I will encourage my teammates on the court, on the bench, and on the van/bus. I will encourage them with kind words and cheer on my team on the court, on the bench , nad on the van/bus.
3. I will listen when the coaches speak and will not question their coaching decisions (i.e. play positions). This means I will pay attention when a coach is speaking or explaining directions. I will ask a coach if I have any questions.
4. I will try my best while on the court, giving 100% at all times. This means I will pay attention and take the game/practice seriously (i.e. no goofing off).
5. I will trust in my teammates and my own playing abilities on and off the court. This means that I will not talk bad about their playing abilities or yell at them if they have a "bad game" or "bad play."
6. I will tell the coaches if I hear or see unsportsman-like conduct from other teammates. I will not be considered a "tattle teller" if I do this. I must be honest when telling the coaches about what I have seen or heard.
7. I will return my entire uniform within two weeks of the end of the sports season. Failure to do so will result in a find of \$60 per uniorm an potential suspension from future SRSNLC programs.

### "Positives" of following this contract are as follows:

- Team has better chance of winning
- You and your team will have more fun

### The consequences for not following contract are as follows:

1. If any unportsman-like conduct is seen/reported during a game, on the van/bus ride or at practice, the athlete will receive a warning and a breif time out.
2. If any unportsman-like conduct is seen/reported for a 2nd time during a game, on the van/bus ride or at practice, the athlete will be benched for the rest of the game (or half of the next game he/she is present at, if during a practice or on the van/bus).
3. If any unportsman-like conduct is seen/reported for a 3rd time during a game, on the van/bus ride or at practice, the athlete will be benched for the entire next game he/she is prestant at. The athelte will be encouraged to cheer on the team, but is otherwise expected to sit in silence.
4. If the athlete continues to show unportsman-like conduct after the 1st game suspension, he/she will continue to be suspended from play until undesired conduct has stopped.
5. If the athlete is supsended from more than 3 games, he/she will be suspended for the rest of the season.
6. If several athletes do not follow the Sportsmanship Contract, the coaches have the authority and right to forfeit games and tournaments.

**I agree to follow the above Sportsmanship Contract.**

Athlete's Signature: \_\_\_\_\_

Date: \_\_\_\_\_