

Waukegan Park District 2018 Wellness Calendar

JANUARY	PATH Program January 1 – December 12, 2018		
FEBRUARY	Chili/Dessert Cook Off Feb. 16 BRC Noon-1pm	Treadmill Challenge Feb. 26 – April 8	
MARCH	PATH Biometric Screenings March 16 BRC 7am-11am (EARN UP TO \$150 PATH POINTS)	Table Tennis March 21 & 28 (Early Rounds) April 4 (Championship Rounds) PMF: Times to be determined	
APRIL	Table Tennis (Championship) April 4	*Full Time Employee Pizza and Bowling April 13 Bertrands 130pm-330pm *Earn \$10 PATH Points For Attending	PDRMA Water Challenge April 23- May 21 (EARN UP TO \$50 PATH POINTS)
JULY	Triathlon Challenge July 2-31, 2018	PDRMA The Beat Goes On Challenge July 16-August 27 (EARN UP TO \$50 PATH POINTS)	Employee Picnic July 19 4pm-7pm
AUGUST	Full Time Employee Bags/Volleyball August 21 Fatman's 130pm – 330pm		
SEPTEMBER	Employee Golf September 27 Bonnie Brook 2pm Tee Off		
OCTOBER	Archery Drop-In October 3,10,17,24 & 31 Call Tony @ Ext. 4708 for times	*Wellness Screenings/Flu Shot October 12 (tentative) BRC 11am-2pm *Earn \$10 PATH Points For Attending & Another \$10 Path Points for Flu Shot	PDRMA Maintain Don't Gain Challenge October 22 – November 19 (EARN UP TO \$50 PATH POINTS)
NOVEMBER	Volleyball Dates & Times TBD		
DECEMBER	LAST DAY OF PATH PROGRAM December 11, 2018	Volleyball Dates & Times TBD	

*Agency-Sponsored Activity (earn \$10 PATH points for attending)

2018 Wellness Committee Members

Chair: Mike Mayfield
 Fitness Section: Kari Robinson, Logan Wilson, Andy Cook
 Health Section: Tanya Brady, Stacey Jozefiak, April Yarza, Kalina Garcia
 Recreation Section: Anthony Violet, Ervin Jacobs, Ty Rohrer