

## Indoor Pool Operating Hours

Monday—Friday 5am-9:40pm

Saturday—Sunday 7am-6:40pm

# THERAPY POOL

## Specifics

MO, WE, FR

**LIFEGUARDS ON DUTY**

**4PM—10PM**

Adult Only Open Swim	5am-9am
Family Open Swim	9am-11am
SeniorFit	11am-12pm
Family Open Swim	12am-2pm
Adult Only Open Swim	2pm-4pm
Family Open Swim	4pm-6pm
<b>SwimSmart Lessons</b> <small>(MO Adult Only Open Swim)</small>	<b>6pm-8:30pm</b>
Adult Only Open Swim	8:30pm-9:40pm

TU/TH

**LIFEGUARDS ON DUTY**

**4PM—10PM**

Adult Only Open Swim	5am-10am
Family Open Swim	10am-12pm
VISTA PHYSICAL Therapy	12pm-3pm
Adult Only Open Swim	3pm-5pm
Family Open Swim	5pm-6pm
<b>SwimSmart Lessons</b>	<b>6pm-8:30pm</b>
Adult Only Open Swim	8:30pm-9:40pm

Saturday

**LIFEGUARDS ON DUTY**

**9AM—7PM**

Adult Only Open Swim	7am-9am
<b>SwimSmart Lessons</b>	<b>9am-2:00pm</b>
Family Only Open Swim	2:00pm-5pm
Adult Open Swim	5pm-6:40pm

Sunday

**LIFEGUARDS ON DUTY**

**12PM—7PM**

Adult Only Open Swim	7am-12pm
Family Open Swim	12pm-4pm
Adult Only Open Swim	4pm-6:40pm

**NOTICE:** When the facility is not protected by lifeguards. Persons under the age of 16 must be accompanied by a parent, guardian or other responsible person at least 16 years of age. Swimming alone is not recommended.

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## Lap Pool Specifics

Lap Swim	M-F	5am-4pm 4pm-9:40pm	4-6 lanes available 1-6 lanes available
	Sat	7am-9am 9am-6:40pm	6 lanes available 2-6 lanes available
	Sun	7am-12pm	6 lanes available
		9am-6:40pm	6 lanes available

Open Swim	MWF	5am-4pm 4pm-9:40pm
	T-TH	5am-4pm 4pm-5:30pm 8pm-9:40pm
Sat	Sun	7am-9am 9am-6:40pm
		7am-12pm 12pm-6:40pm

**LIFEGUARDS ON DUTY**  
**MO-FR 4PM—10PM**  
**SA 9AM-7PM**  
**SU 12PM-7PM**

Swim Team M-TH Not in Season

SwimSmart TU-FR 4pm-8pm  
 SA 9am-2pm

## **Indoor Pool Operating Hours**

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# **Kids Pool**

## **Specifics**

Monday—Friday	Open Swim	5am-4pm
	Open Swim	4pm-9:40pm
Saturday	Open Swim	7am-9am
	Open Swim	9am-6:40pm
Sunday	Open Swim	7am-12pm
	Open Swim	12pm-6:40pm

### **LIFEGUARDS ON DUTY**

**MO-FR 4PM—10PM**

**SA 9AM-7PM**

**SU 12PM-7PM**

# **NOTICE**

*When the facility is not protected by lifeguards. Persons under the age of 16 must be accompanied by a parent, guardian or other responsible person at least 16 years of age.*

*Swimming alone is not recommended.*