

Indoor Pool Operating Hours

Monday—Friday 5am-10pm

Saturday—Sunday 7am-7pm

THERAPY POOL

Specifics

MO, WE, FR

Adult Only Open Swim 5am-9am **(No Guards)**
SilverSneakers 9am-10am **(No Guards)**
Family Open Swim 10am-2pm **(No Guards)**
Adult Only Open Swim 2pm-4pm **(No Guards)**
Family Open Swim 4pm-6pm
SwimSmart Lessons 6pm-8:30pm
(MO Adult Only Open Swim)
Adult Only Open Swim 8:30pm-10pm

TU/TH

Adult Only Open Swim 5am-9am **(No Guards)**
Vista Physical Therapy 9am-12pm **(No Guards)**
Family Open Swim 12pm-2pm **(No Guards)**
Adult Only Open Swim 2pm-4pm **(No Guards)**
Family Open Swim 4pm-6pm
SwimSmart Lessons 6pm-8:30pm
(MO Family Open Swim)
Adult Only Open Swim 8:30pm-10pm

Saturday

Adult Only Open Swim 7am-9am **(No Guards)**
SwimSmart Lessons 9am-2:30pm
Adult Only Open Swim 2:30pm-5pm
Family Open Swim 5pm-7pm

Sunday

Adult Only Open Swim 7am-12pm **(No Guards)**
Family Open Swim 12pm-2pm
Adult Only Open Swim 2pm-4pm
Family Open Swim 4pm-7pm

NOTICE: When the facility is not protected by lifeguards. Persons under the age of 16 must be accompanied by a parent, guardian or other responsible person at least 16 years of age. Swimming alone is not recommended.

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Lap Pool Specifics

Lap Swim	M-F	5am-4pm	4-6 lanes available (No Guards)
		4pm-10pm	2-6 lanes available
	Sat	7am-9am	6 lanes available (No Guards)
		9am-7pm	4-6 lanes available
	Sun	7am-12pm	6 lanes available (No Guards)
		9am-7pm	6 lanes available
Open Swim	MWF	5am-4pm	(No Guards)
		4pm-10pm	
	T-TH	5am-4pm	(No Guards)
		4pm-5:30pm 8pm-10pm	
	Sat	7am-9am	(No Guards)
		9am-7pm	
	Sun	7am-12pm	(No Guards)
		12pm-7pm	
Swim Team	M-TH	5:30pm-8pm	
SwimSmart	TU-FR	4pm-8pm	
	SA	9am-2pm	

Indoor Pool Operating Hours

Monday—Friday **5am-10pm**

Saturday—Sunday **7am-7pm**

Kids Pool

Specifics

Monday—Friday	Open Swim	5am-4pm (No Guards)
	Open Swim	4pm-10pm
Saturday	Open Swim	7am-9am (No Guards)
	Open Swim	9am-7pm
Sunday	Open Swim	7am-12pm (No Guards)
	Open Swim	12pm-7pm

NOTICE

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Swimming alone is not recommended.