

# WAUKEGAN JUST FOR KIDS & TEENS

## Clearbrook's Take A Break Program

Take a break with Clearbrook! This afternoon respite program is for families with children with disabilities infant to 4 years old. Parents can use this program to relax, run errands, or go to appointments, while their child is looked after by caring and trained staff. Your child can learn to socialize and reduce separation anxiety from their caregivers in a safe environment. Please call Tina Yurik at 847-291-6971 ext. 227 or email [tyurk@clearbrook.org](mailto:tyurk@clearbrook.org) to reserve a spot for your family. Advanced registration is required for planning. First Come First Serve.

**Location:** Douglas House  
**Winter & Spring Saturday Dates:** January 28, February 25, March 25, April 22, May 20

## School's Off



Just because there is no school doesn't mean you have to sit around all day. SRSNLC is going to provide you with a full day of your favorite subject, recess! Join us as we spend the day on fun fieldtrips, playing games, and getting to know new friends. Please send a sack lunch. **SRSNLC will provide door to door transportation for In-district residents that live in Waukegan.**

**Location:** Belvidere Recreation Center  
**Age:** 6-12 Years  
**Min:** 4  
**Fee:** \$30R / \$35NR  
**Reg. Deadline:** Two weeks prior

CODE	DAY	DATE	TIME
11102202-1A	Th	1/12	9:30am-4:00pm
11102202-2A	F	1/13	9:30am-4:00pm
11102202-3A	Tu	2/21	9:30am-4:00pm
11102202-4A	F	4/14	9:30am-4:00pm



## Otters: Swim Lessons for Youth with Disabilities

Tired of feeling like an otter out of water? Swimming is an essential life skill for safety, fitness, and fun! Special Recreation is offering swimming lessons for children with disabilities. All lessons are based on the Swim Smart Program, but are designed around the individual swimmer. Whether your goal is to just get comfortable in the water, support sensory experiences, or become a competitive swimmer, Special Recreation can guide you along the way. Jump on in, the water's great!

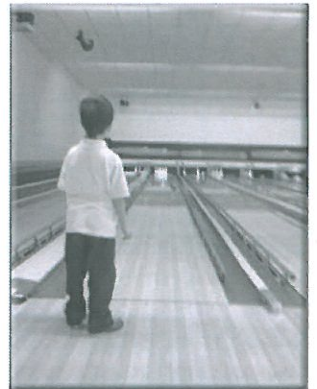
\*Lessons are 30 minutes and have a maximum group size of 2 swimmers to one instructor. **Swim times are offered between 9am-1pm. Times will be assigned based on instructor availability and space in the pool.** Registrants will receive time assignments the week that class begins. Please contact Kari at 847-360-4763 to complete an initial assessment of your child's current skill level.

**Location:** The Field House | **Age:** 4-14 Years | **Fee:** \$50R / \$75NR  
**Min:** 2 | **Reg. Deadline:** One week prior

CODE	DAY	DATE	TIME
10402205-1A	Sa	1/7-2/11	contact 847-360-4763 for assigned time
10402205-2A	Sa	3/4-4/8	contact 847-360-4763 for assigned time
10402205-3A	Sa	4/22-5/27	contact 847-360-4763 for assigned time

## Time to Spare Bowling - Junior

Do you have some time to spare for a friendly frame? Bowling can help improve hand-eye coordination, strength, flexibility, and gross motor skills. Socialize while you wait for your turn. Join us for this youth version of our bowling league. Parents are encouraged to stay to assist and cheer on their favorite bowler! Fee includes one game of bowling and rental shoes.



**Location:** Brunswick Zone Fountain Square, Waukegan  
**Age:** 6-12 Years  
**Fee:** \$19R / \$29NR  
**Min:** 4  
**Reg. Deadline:** January 12, 2017



CODE	DAY	DATE	TIME
11101203-1A	Th	1/19-2/9	4:45pm-5:45pm

## Yoga Stories & Sensory Station

Stretch out your stress! Despite being young, kids carry a lot of stress these days. Yoga is known to increase physical flexibility, develop focus, and refine balance. Join us for a thirty minute yoga story, that involves yoga poses, music, and stories to engage the child in each pose. The last fifteen minutes of class includes a sensory activity or craft. **Parents are required to stay and encouraged to assist their child as needed or participate with us!**

**Location:** Douglas House | **Age:** 8-14 Years | **Min:** 4  
**Fee:** \$5R / \$8NR per session

### IN THE JUNGLE

CODE	DAY	DATE	TIME	REG. DEADLINE
11101202-1A	Sa	1/14	10:00am-10:45am	1/7

### OUT IN THE GARDEN

CODE	DAY	DATE	TIME	REG. DEADLINE
11101202-2A	Sa	2/4	10:00am-10:45am	1/28

# WAUKEGAN JUST FOR KIDS & TEENS

**P2K2**



Come join P2K2 and get active and healthy! Power Playing Kalisthenics Kids is a free program for children ages 6-12 years old with a disability. This program focuses on making wise choices regarding health, safety, wellness, and nutrition.

\* No program on 2/10, 3/31, 4/14 & 5/5

**Location:** Meet at the Douglas House

**Age:** 6-12 Years

**Fee:** \$0R / \$5NR

**Min:** 4

**Reg. Deadline:** January 13, 2017

CODE	DAY	DATE	TIME
11102207-1A	F	1/20-5/19	4:30pm-6:30pm



## Buds & Bloomers Camp Days



(Formerly Spring Break Camp) Spring Break is just around the corner, what will you be doing? SRSNLC has a week full of fun activities planned, including a fieldtrip, community outings, games, crafts, and much more! **Please send a sack lunch everyday!** *The Waukegan Park District Procedure for Participant Behavior will be enforced. A signed behavior contract by parents and participants is required.*

**Location:** Douglas House | **Fee:** \$27R / \$41NR per day | **Min:** 4

### BUDS AGES: 5-12

CODE	DAY	DATE	TIME	REG. DEADLINE
11102205-1A	M	3/27	9:30am-4:00pm	3/13
11102205-1B	Tu	3/28	9:30am-4:00pm	3/14
11102205-1C	W	3/29	9:30am-4:00pm	3/15
11102205-1D	Th	3/30	9:30am-4:00pm	3/16
11102205-1E	F	3/31	9:30am-4:00pm	3/17

### BLOOMERS AGES: 13-22

CODE	DAY	DATE	TIME	REG. DEADLINE
11102304-1A	M	3/27	9:30am-4:00pm	3/13
11102304-1B	Tu	3/28	9:30am-4:00pm	3/14
11102304-1C	W	3/29	9:30am-4:00pm	3/15
11102304-1D	Th	3/30	9:30am-4:00pm	3/16
11102304-1E	F	3/31	9:30am-4:00pm	3/17

# WAUKEGAN SUMMER DAY CAMPS

**\* All Camps require a \$20.00 non-refundable deposit with registration. Following registration you will receive more information regarding medication and other camp information. The Waukegan Park district Procedure for Participant Behavior will be enforced. Not all personal care needs can be met by the District. Please see our summer brochure for dates and fees or contact Kari at 847-360-4763. Registration begins in April!**



## Campapalooza



Join in the camp that is nonstop fun! Get messy, enjoy learning, and get physically active at Campapalooza. Counselors offer guidance and fun activities in an environment that is always changing. Campers will explore Lake County and all it has to offer while building lasting friendships. Sign up for one 2-week session or all three. **\*Campers must have completed a full day of school to enter this camp.**

**\*No Camp on Tuesday, July 4th\***

**Location:** Douglas House  
**Age:** 6-12 Years  
**Fee:** TBD  
**Min:** 6

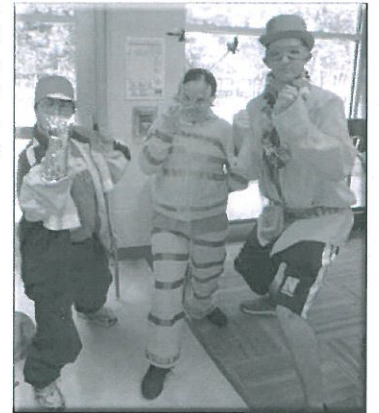


## TNT Camp

The fuse is lit! TNT Camp is for teens with a developmental disability. TNT will explode with days of summer fun! Don't miss out on a summer full of fieldtrips, fitness, swimming, games, crafts, learning about your community and more. Let us help your child develop social skills, self-esteem and enhance his or her physical abilities. Please send a sack lunch everyday.

**\*No Camp on Tuesday, July 4th\***  
**NO TRANSPORTATION**

**Location:** BRC  
**Age:** 14-22 Years  
**Fee:** TBD  
**Min:** 6



## Half Day Happenings

Find out about camp in half the time. Each day will provide art, sports, and socialization. This camp is great for families looking to let their kids try-out camp to see if they are ready for full day. This camp is highly recommended for any children who have not done a full day of school yet.

**\*No Camp on Tuesday, July 4th\***  
**NO TRANSPORTATION**

**Location:** TBA  
**Age:** 5-10 Years  
**Fee:** TBD  
**Min:** 6

