

Sports



ARCHERY

Archery Free Trial Day #30320201 Age 8-15

This is your chance to try archery for free!!! We will go over the basics of safety, form and proper use of equipment. We will also have a chance to practice those skills with range time target practice. If you enjoy this session you will love our month long Saturday program.

BRC WE 8/31 5:30-6:30pm Reg by 8/26 FREE -1A

Beginner Archery #30320202 Age 8-15

Beginner Archery will introduce you to the parts of a bow and arrow and build up to proper use and form. We will be using two different types of bows and working on accuracy, form, safety, and respect. This is a fun way to spend a Saturday afternoon!

BRC WE 9/7-9/28 5:30-6:30pm Reg by 9/5 \$20 -1A

BASKETBALL

All-Around Basketball Skills #30304201 Age 8-15

Can you drive the lane like Lebron James or dribble through the defense like Chris Paul? Learn the fundamentals of basketball or sharpen your skills at the Field House Sports and Fitness Center in the All-Around Basketball Skills Class. This program will give you the tools to become a better basketball player. There will be a focus on dribbling, passing, shooting and overall understanding of the game of basketball.

Age 5-9 FH WE 5/25-6/29 5-6:30pm Reg by 7/29 \$40/\$45 -1A

Age 10-15 FH TH 5/26-6/30 5-6:30pm Reg by 7/30 \$40/\$45 -1B

Junior Bulldogs Summer Basketball League #30304202 Age 10-12

Come play in a low-pressure developmental league for kids who want to play basketball and keep improving. Teams will be balanced by skill level and height and coached by adults whose main objective is the child's basketball development. There will be no scoring record; kids can have fun without any pressure. For more information on this event please call Kaitlin Fischer at 847-782-3620. Two to three games may be on a different day of the week. For all schedules, scores and standings please visit www.waukegansports.org. Volunteer coaches needed!

Player Evaluation FH TU 6/28 6-7pm

Practice 1hr/wk MO, TU, WE, or TH 6-8pm

Games FH FR 7/15-8/26 6-9pm Reg by 6/16 \$75/\$85 -1A

Junior Bulldogs Summer Basketball League #30304202 Age 13-15

If you're looking for a way to keep improving your skill set this is the league for you! All skill levels are welcomed. Each team will be balanced and coached by an adult. For more information on this event please call Kaitlin Fischer at 847-782-3620. Two to three games may be on a different day of the week. For all schedules, scores, standings and free agent listings please visit www.waukegansports.org. Volunteer coaches needed!

Player Evaluation FH TH 6/30 6-7pm

Practice 1 hr/wk MO, TU, WE or TH 6-8pm

Games FH FR 7/15-8/26 6-9pm Reg by 6/16 \$75/\$85 -1B

Men's Summer Basketball League #30304301 Age 18+*

For all schedules, scores, standings and free agent listings please visit www.waukegansports.org. The Waukegan Park District will be offering weeknight Men's basketball leagues for semi-competitive players and competitive players. The Field House is home to the Men's Basketball Leagues. The leagues will offer a double-round-robin schedule including playoffs with teams playing twice a week. *All teams pay the entry fee as well as the nightly referee fee of \$30/team. Cash awards will be given to first and second place teams for regular season and playoffs. Minimum six teams and maximum ten team/league. For more information on this event please call Kaitlin Fischer at 847-782-3620.

FH MO/WE 5/30-7/27 6:15-9:15pm Reg by 5/20 \$400/Team -1A

CHEERLEADING

Girls Cheer and Dance #30314202 Age 5-12

This program will focus on the basic fundamentals of cheerleading with an emphasis on teamwork and sportsmanship. Participants will learn basic jumps, cheers and dances. The cheerleaders will get the opportunity to cheer at the Jr. Bulldogs Basketball games.

FH MO 7/11-8/15 5-6pm Reg by 7/5 \$40/\$45 -1A

GOLF

Drive, Chip and Putt Competition #20318201 Age 6-15

Join the Waukegan Park District and The First Tee of Greater Chicago for a fun-filled golf competition. The competition is open to boys and girls ages 6-15. Boys and girls will compete in separate divisions in four age categories: 6-9 years; 10-11 years; 12-13 years; and 14-15 years. Each participant will compete in three skills (Drive, chip and putt) and will accumulate points in each skill. The participant with the highest number of accumulated points will be declared the Overall Champion of his or her age category. Ribbons will be awarded in each age category.

BGGC SA 5/7 1-4pm FREE -1A

BOCCE BALL

NEW! Bocce Ball! #30306401 All Ages w/Parent

Sign up with your child to play a fun non-competitive game of bocce ball. The kids will enjoy interacting with mom, dad, grandpa, grandma, or any adult relative as they roll the bocce balls down the lane to get closest to the "pallina". Play at Belvidere Park, because during our family bocce time all different levels of experience including beginners are welcome! We will provide a short instruction on how to play the first meeting and equipment. The game requires two people per team. At least one adult must partner up with each child. Price is listed per couple; both parent and child must register. 5/17 will be Grandparents Day. We would like children and grandparents to pair up and play against other pairs.

BRC WE 5/10-5/24 5-6pm Reg by 5/5 \$5/\$7 -1A



GYMNASTICS

Attend a number of parent assisted and individual classes at Ultimate Gymnastic. Equipment, including ground trampolines, bars, beams, foam block pits and tumble tracks, will be used in each class. Come out and experience the fun and skill building! For questions, please call 847-856-8573 or email info@ultigym.com.

ALL CLASSES ARE HELD AT:
ULTIMATE GYMNASTICS GYM IN GURNEE
 1018 TRISTATE PKWY • GURNEE, IL 60031

Summer 1 (June 13, 2015–August 13, 2015)

Baby Gym

UG MO 6/13-8/8 6:30-7:10pm **Ages 6 Months–2 years**
 Reg by 6/8 \$165/\$175 -1A

Parent and Mite #30310101

UG MO 6/13-8/8 11-11:40am **Age 2-3**
 Reg by 6/8 \$165/\$175 -1A
 UG MO 6/13-8/8 1-1:40pm **Reg by 6/8 \$165/\$175 -1B**
 UG TH 6/16-8/11 10-10:40am **Reg by 6/8 \$165/\$175 -1C**
 UG TH 6/16-8/11 1-1:40pm **Reg by 6/8 \$165/\$175 -1D**

Tiny Mite #30310102

UG MO 6/13-8/8 11-11:50am **Age 3-4**
 Reg by 6/8 \$170/\$180 -1A
 UG MO 6/13-8/8 1-1:50pm **Reg by 6/8 \$170/\$180 -1B**
 UG TH 6/16-8/11 10-10:50am **Reg by 6/8 \$170/\$180 -1C**
 UG TH 6/16-8/11 1-1:50pm **Reg by 6/8 \$170/\$180 -1D**

Ulti Mite #30310103

UG MO 6/13-8/8 11-11:50am **Age 4-5**
 Reb by 6/8 \$170/\$180 -1A
 UG MO 6/13-8/8 1-1:50pm **Reg by 6/8 \$170/\$180 -1B**
 UG TH 6/16-8/11 10-10:50am **Reg by 6/8 \$170/\$180 -1C**
 UG TH 6/16-8/11 1-1:50pm **Reg by 6/8 \$170/\$180 -1D**

Girl's Junior Beginner #30310104

UG SA 6/18-8/13 12:30-1:20pm **Age 5-6**
 Reg by 6/8 \$170/\$180 -1A

Girl's Beginner #30310201

UG SA 6/18-8/13 12:30-1:20pm **Age 7+**
 Reg by 6/8 \$170/\$180 -1A

Beginner Cheer #30310202

UG 6/15-8/10 6:30-7:25pm **Age 5+**
 Reg by 6/8 \$175/\$185 -1A

Boys Rec #30310105

UG WE 6/15-8/10 10-10:50am **Age 5-6**
 Re by 6/8 \$170/\$180 -1A
 UG TH 6/16-8/11 1-1:50pm **Re by 6/8 \$170/\$180 -1B**
 UG SA 6/18-8/13 12:30-1:25pm **Re by 6/8 \$170/\$180 -1C**

The Gym will be CLOSED on July 4 in observance of American Independence Day.

KICKBALL

Adult Coed Kickball #30319301

Age 18+
 Adult kickball leagues take place at the Waukegan SportsPark. The playing conditions are excellent sharing the same fields as adult softball. Awards will be given to first and second place teams. Minimum six teams and maximum eight team/league. For additional information please contact Kaitlin Fischer at 847-782-3620. For all schedules, scores, standings and free agent listings please visit www.waukegansports.org.

WSP TH 5/19-7/7 6-9pm **Reg by 5/12 \$200/Team -1A**

MARTIAL ARTS

Participants should wear comfortable clothing and may discuss uniform with instructors the first meeting. Parents must remain at the facility during Tiny Tigers class time; children should not be dropped off alone.

Tiny Tigers #30309101

Age 3-6

We can help your preschooler develop and improve motor skills, coordination, social and emotional skills in this class. We place an emphasis on building attention and cognitive development. Our reward system helps build self-esteem and confidence as we teach "every kid is a winner" and "every kid is special."

BRC SA 6/4-8/20* 8:45-9:30am **Reg by 6/1 \$33/\$39**

BRC SA 6/4-8/20* 9:35-10:20am **Reg by 6/1 \$33/\$39**

*No class 7/3, 7/23

Youth Tae Kwon Do #30309202

Age 7-13

Improve your self-confidence, coordination, concentration, self-esteem and get a good physical work out too. This Korean martial art involves kicking techniques, jumping, spinning, and balance. Our traditional teaching style covers self-defense, sparring, pressure points and more.

BRC SA 6/4-8/20* 10:25-11:25am **Reg by 6/1 \$47/\$55**

BRC SA 6/4-8/20* 11:30-12:30pm **Reg by 6/1 \$47/\$55**

*No class 7/3, 7/23

Tae Kwon Do #30309201

Age 14+

You are never too old to learn new skills! High School age and older students can improve their self-confidence, coordination and concentration skills. This Korean martial art involves kicking techniques, jumping and balance. Our traditional approach teaches self-defense, sparring, pressure points and more.

BRC SA 6/4-8/20* 12:35-2pm **Reg by 6/1 \$47/\$55**

*No class 7/3, 7/23

Tai Chi Chuan #30309301

Adult

An introduction to Tai Chi Chuan, a Chinese martial art, and ancient system of movement and meditation. Slow stretching and gentle exercises will bring increased strength, flexibility, deep sense of serenity and helps relieve stress and promotes a sense of physical and mental well-being. Instructor: Bob Schwartz.

JBC MO 6/13-8/8* 7-8:30pm **Reg by 6/6 \$64/\$75 -1A**

*No class 7/4

PICKLEBALL

Adult Pickleball #30311301

Age 18+

Pickleball is a mini-tennis game, played on a badminton-sized court using paddle racquets and a plastic ball the size of a baseball, with holes (similar to a wiffle ball). The game is usually played by four people. It was invented in 1965 and its original purpose was to provide a sport for the entire family. For more information about the game, rules and equipment go to www.pickleball.com. Free for members. Please contact Kaitlin Fischer at 847-782-3620 to inquire about other available days of the week.

FH Year-Round 10am-2pm \$5/\$6 -1A



SOCCER

Soccer Skills and Drills #303052202 Age 5-12

This camp will focus on the basic fundamentals of soccer. Campers will be exposed to individual foot skills, technical drills, tactical practices, small-sided games and scrimmages during a week-long soccer camp. All skill levels are welcome!

WSP TU 7/19-8/23 5-6:30pm Reg by 7/12 \$50/\$55 -1A

SOFTBALL

Girls Fast Pitch Softball FREE Clinic #30301202 Age 7-16

Come out to this FREE softball clinic to learn the basic fundamental skills of hitting, fielding, base running, and pitching. This is a great opportunity to practice before the Girls Fast Pitch Softball season starts. All skill levels are welcome! Preregistration is required and is open to the first 50 people to register. For more information on this event please call Kaitlin Fischer at 847-782-3620.

BP SA 5/14 10am-12pm Reg by 5/9 FREE -1A

Girls Fast Pitch Softball League #30301203 Age 7-16

Girls softball has returned to the Waukegan Park District! All skill levels are welcome. Each team will be balanced and coached by an adult. Participants will improve hand-eye coordination and softball related skill sets in this program. Practices and games will be played throughout the week. For more information on this event please call Kaitlin Fischer at 847-782-3620. For all schedules, scores, standings and free agent listings please visit www.waukegansports.org

Player Evaluation

BP TU 5/24 5pm Age 7-9 Reg by 5/17 \$40/\$47 -1A

BP TU 5/24 6pm Age 10-12 Reg by 5/17 \$40/\$47 -1B

BP TU 5/24 7pm Age 13-16 Reg by 5/17 \$40/\$47 -1C

Men's Pre-Season Spring Tune-Up Softball Tournament #30301303 \$180/team

On the first weekend of May 2016 at the Waukegan SportsPark, the Waukegan Park District will be holding its annual Spring Tune-Up men's softball tournament. All teams are welcome for this multiple game tournament. Over the past few years, this has been the biggest tournament in the area and always fills up ahead of time so don't miss out. The winning team will receive a cash prize and a team trophy. Registration will begin on Monday, March 7. For more information on this event please call Kaitlin Fischer at 847-782-3620. For all schedules, scores, standings and free agent listings please visit www.waukegansports.org

WSP SA 5/7 9am Reg by 5/5 \$180/team #1A

Men's & Women's Adult Softball Summer Leagues #30301301 Fees Vary by League

Waukegan Park District is looking forward to another great season of softball at the Waukegan SportsPark. The SportsPark has four ball diamonds and great amenities and playing surfaces. The park district offers doubleheaders (20 games) each night for Men's leagues and now offers Coed doubleheaders (20 games) as well as single games (10 games) on Thursday nights. Fees vary based on the league you are entering. For more information on this event please call Kaitlin Fischer at 847-782-3620. For all schedules, scores, standings and free agent listings please visit www.waukegansports.org

www.waukegansports.org

Men's

WSP MO 5/09 6:15 or 8:15pm Reg by 4/29 -1A

WSP TU 5/10 6:15 or 8:15pm Reg by 4/29 -1B

WSP WE 5/11 6:15 or 8:15pm Reg by 4/29 -1C

WSP FR 5/13 6:15 or 8:15pm Reg by 4/29 -1D

Men's "A"

WSP WE 5/11 6:15 or 8:15pm Reg by 4/29 -1E

Coed

WSP TH 5/12 6:15; 7:15; 8:15; 9:15pm Reg by 4/29 -2A

NEW! Coed (DH) "Upper"

WSP TH 5/12 6:15 or 8:15pm Reg by 4/29 -2B

Second Annual Men's and Coed Softball PLAYOFF Weekend Tournament #30301305

During the first weekend of August 2016, the Waukegan Park District will be hosting its Second Annual WEEKEND men's and co-ed playoff softball tournament. All teams who participated in our summer 2016 Waukegan Park District softball leagues are eligible. Prizes and trophies will be awarded. For more information on this event please call Kaitlin Fischer at 847-782-3620. For all schedules, scores, standings and free agent listings please visit www.waukegansports.org

WSP FR-SU 8/5, 8/6 & 8/7 See bracket for start times Reg by 7/27 -1A

T-BALL

T-Ball #30316202 Age 4-5

This program focuses on the basic fundamentals of the game. The basic mechanics of throwing, catching, swinging a bat, and running bases will be taught without the pressure of intensive practices or games. Parents are strongly encouraged to join in the fun. A baseball glove is required. No games will be played. If you would like to volunteer as a coach, please call 847-782-3620.

UP MO 6/6-8/1 5:45-6:45pm Reg by 5/26 \$44/\$50 -1A

CL TU 6/7-7/26 5:45-6:45pm Reg by 5/26 \$44/\$50 -1B

UP WE 6/8-7/27 5:45-6:45pm Reg by 5/26 \$44/\$50 -1C

CL TH 6/9-7/28 5:45-6:45pm Reg by 5/26 \$44/\$50 -1D

T-Ball #30316202 Age 6-7

Players will learn field positions, proper throwing techniques, the proper batting stance and other fundamentals of the game. Everyone will get a chance to bat. Parents are strongly encouraged to join in the fun. A baseball glove is required. No games will be played. If you would like to volunteer as a coach, please call 847-782-3620.

UP MO/WE 6/6-8/1 6:45-7:45pm Reg by 5/26 \$64/\$74 -2A

CL TU/TH 6/2-7/28 6:45-7:45pm Reg by 5/26 \$64/\$74 -2B

Field Rentals Rates at the Waukegan SportsPark

Rates listed below are for hourly rentals. Groups interested in renting fields for multiple hours and dates will receive a discount. Please call 847-782-3300 for field reservations.

SportsPark Synthetic Turf Field	\$125/hour + \$40/hour for lights
SportsPark Grass Soccer Fields	\$40/hour
SportsPark Ball Diamonds	\$40/hour + \$30 for lights

The Waukegan SportsPark features 14 soccer/football fields including a Championship Field with synthetic turf and lights and 4 ball diamonds with lights. On the weekends and special events there will be a parking fee of \$5 will be charged for each vehicle coming into the park but NO fee on weeknights unless it's a special event.



TENNIS

If Tennis is a sport you are looking to try out or make it a life-long sport, then take advantage of this opportunity. Both spring and summer will offer you and your children a great tennis experience at an exceptional price. Programs offered by the district are designed by the USTA so learning tennis is fun and developmentally appropriate. Tennis racquets and tennis balls are provided during youth and adult tennis programs. During the summer, Tennis is held outside at Belvidere Park.

10 and Under/Youth Tennis #30302201 Ages 6-15

It's easier than ever to get in the game. Your child will enjoy playing with balls that bounce lower and move slower through the air, making them easier to hit. Racquets are sized for small hands, making them easier to grip and swing. Courts are smaller, so kids can cover them and have more success when they play. Kids have more fun and want to play more often. Tennis is a sport that gets kids moving, improves balance, agility and hand-eye coordination, and can teach self-confidence and self-assurance. Playing tennis, your child can make new friends in a safe, supportive environment.

Ages 6-8

BP	MO	6/6-7/18*	5:30-6:15pm	Reg by 6/1	\$39/\$47	-1A
BP	MO	8/1-9/12	5:30-6:15pm	Reg by 7/26	\$39/\$47	-1B

Ages 9-10

BP	MO	6/6-7/18	6:30-7:15pm	Reg by 6/1	\$39/\$47	-2A
BP	MO	8/1-9/12	6:30-7:15pm	Reg by 7/26	\$39/\$47	-2B

Ages 11-15

BP	WE	6/8-7/20	5:30-6:15pm	Reg by 6/3	\$39/\$47	-3A
BP	WE	8/3-9/7*	5:30-6:15pm	Reg by 7/28	\$39/\$47	-3B

*No class 9/5

Start/ReStart Adult Tennis #30302301 Age 16+

Whether you have never held a racquet or have not played in years, this is the perfect tennis program for you. The Start/ReStart Tennis program introduces new adult players and welcomes back past players at the beginner level. This program teaches technique, builds skill, and gets you ready for the next steps of your tennis game by mixing traditional beginner drills with modified equipment which ensures that you will grow confident in your abilities by being able to rally and have more control of your game earlier on in your tennis experience.

BP	WE	6/8-7/20	6:30-7:15pm	Reg by 6/3	\$39/\$47	-1A
BP	WE	8/3-9/7	6:30-7:15pm	Reg by 7/28	\$39/\$47	-1B

Play Days #30302202 All Ages

Get into the swing of things by attending a Play Day. Families and kids of all ages can get in on the fun together. Play Days introduced children to competition in a low-pressure setting where the emphasis is on fun. Play Days are for both novices and experienced players. Play Days are a welcoming way for kids to experience the social and competitive aspects of tennis. Organized by skill level, kids have the chance to gain additional play experience through rotation of opponents and short, continuous matches over a 2 hour period. Play Days promote a sense of achievement through a fun and spirited atmosphere.

BP	FR	8/26	6-7pm	Drop In	FREE	-1A
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WaukeganSports Affiliates

NOTE: The Sports Affiliates are independent agencies that are neither an agent for nor under the direction of the Waukegan Park District.

Adult Soccer Leagues

If you are interested in putting a team into the men's adult soccer league, please call Jesus Martinez (USL) at 847-406-9916.

Youth Baseball www.waukegan youthbaseball.com

The Waukegan Youth Baseball provides baseball for ages 7 to 17 years of age. For more information please call Charles Paddock at 847-366-7654 or e-mail charleswkgn@yahoo.com

TRACK & FIELD

Summer Track and Field Camp #30307202 Age 4-14

Join the Waukegan Park District's Track program and participate in the field events, sprints, or distance events. Program meets every Tuesday and Thursday. Tuesday focuses on instructions and Thursday will be fun meets*. Program is taught by Ken Almond. Each registered participant will receive a t-shirt. End of season meet and cookout will be held on Saturday, August 13 starting at 8:00am.

*On Thursdays, family and friends are welcome to participate in the meet (all must sign program waiver prior to competing). Ribbons will be awarded to first to fifth place.

WF	TU & TH	6/14-8/4	5-6pm	Reg by 5/30	\$42/\$48	-1A
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VOLLEYBALL

Volleytots #30303101 Age 4-8

Improve your volleyball skills with 60 minutes of drills in setting, passing, overhand serving and spiking. You will learn to overhand serve and develop skills to play games. The lesson plan directs the use of self-mastery training and groups that help each student reach a new level. Instructors organize games at the end of each class.

FH	TU	7/12-8/16	5-6pm	Reg by 7/5	\$55/\$66	-1A
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Volleykids #30303201 Age 9-16

Improve your volleyball skills with 60 minutes of drills in setting, passing, overhand serving, and spiking. Learn to overhand serve and develop skills to play games. The lesson plan directs the use of self-mastery training and groups that help each student reach a new level. Instructors organize games at the end of each class.

FH	TU	7/12-8/16	5-6pm	Reg by 7/5	\$55/\$66	-1A
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VOLLEYBALL & BASKETBALL

Evening Open Gym Basketball & Volleyball All Ages

The Field House will continue with the very popular evening open gym. The facility will have open gym running seven days a week. If you are not a fitness or gym member you can pay the daily fee (see below) and participate in open gym games during posted hours. Call before you come... Gym Information Line 782-3300. Register on-site.

FH	MO-FR	Daily	3-9pm	\$4/\$6 Youth or \$10 Adults 19+
FH	SA	Daily	7am-7pm	\$4/\$6 Youth or \$10 Adults 19+
FH	SU	Daily	7am-7pm	\$4/\$6 Youth or \$10 Adults 19+

WIFFLEBALL

NEW! Indoor Coed Wiffleball #30326301 Age 18+

Wiff it, wiff it real good! No gloves are needed. Played just like softball, only indoors. No experience necessary! Games are played at The Field House Sports and Fitness Center and the playing conditions are excellent, with hardwood courts and high ceilings and great play for all leagues.

FH	TH	5/9-6/30	7-10pm	Reg by 4/22	\$200/Team	-1A
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Youth Football www.waukegan youthfootball.org

The Waukegan Youth Football Association offers a youth tackle football program. The association offers Waukegan-area youngsters the chance to learn the fundamentals of the gridiron game, along with sportsmanship and teamwork. For more information call Desiree Martinez coachdthead@gmail.com 847-530-1738. Youth Football also offers cheerleading for ages 7-14.

Youth Soccer Leagues*

Waukegan Association for Youth Soccer (WAYS) will be offering Spring Summer, & Fall leagues for boys and girls. For more information call Jesus Martinez at 847-406-9916. Visit www.waysoccerleague.com for information.

