WAUKEGAN PARK DISTRICT

FOR IMMEDIATE RELEASE

To: All Media

Contact: Dayna Niemi Recreation Specialist- Fitness & Aquatics Waukegan Park District (847) 782-3625 Dniemi@waukeganparks.org

Travis Bakken Recreation Specialist- Youth Athletics Waukegan Park District (847) 782-3623 Tbakken@waukeganparks.org

Kid's FREE World Wide Day of Play September 29, 2007 from 10:00am-2:00pm The Field House at Hinkston Park

Waukegan, IL (September 11, 2007) - The Field House at Hinkston Park is hosting World Wide Day of play from 11:00am-2:00pm for kids off all ages. Organized games and contests such as dodge ball, volleyball, and basketball will be set up in the gym. There will also be a Jump Rope Contest, Cup Stacking, and Free Throw Competition, along with supervised open Climbing Wall during the entire event! This day of fun is FREE for anyone who wants to participate! Stop by the Field House at Hinkston Park or call 847-782-3300 for more information.

The World Wide Day of Play is an annual celebration sponsored by Nickelodeon that promotes active play for kids in which the entire network goes "dark" from 11:00am-2:00pm to encourage kids to "get out and play" in efforts to fight childhood obesity.

The Waukegan Park District, encompassing 46 neighborhood and community parks with 719 acres of land, serves the culturally diverse community of Waukegan through its traditional and non-traditional parks/sports programming for the entire family as well as leisure programming for senior adults. Park District programming also encompasses professional music, dance, theatre and visual arts instruction through the Jack Benny Center for the Arts, cultural enrichment through the Waukegan Symphony and Concert chorus, the Bowen Park Opera and Theatre Companies, and other quality educational historical and craft programs through the Bowen Heritage Circle. The Field House Sports and Fitness Center is the Park District's \$14 million flagship fitness facility nestled within the picturesque, wooded setting of Hinkston Park.