
WAUKEGAN PARK DISTRICT

FOR IMMEDIATE RELEASE

To: All Media

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Best in World Class BMX Coming to Waukegan
Saturday & Sunday, August 11 & 12

Waukegan, IL (August 3, 2007) The best in world-class bicycle motocross racing (BMX) will take place at Waukegan's BMX Track Sat. & Sun., August 11th-12th at the **NBL's Midwest Regional!** This exciting event will be Waukegan's national debut as they partner with the National Bicycle League to welcome riders from around the world. International riders will be competing for national/regional points. Event organizers anticipate this action-filled weekend to draw over 1,000 participants, family members & spectators and the public is welcome to attend.

This historic weekend will kick off Friday, August 10th with open practice by age group. On Saturday, August 11th and Sunday, August 12th teams and individual athletes from all around the world will compete for **2007 NBL National Points, 2007 NBL Regional Championship Series Points** and **awards of the day.**

The NBL Midwest Regional will start on Friday afternoon with practice from 2PM to 6:30PM. A pre-race will begin promptly at 6:30PM and will continue on into the early evening. Practice will be held on Saturday morning from 7AM to 10:45AM. Saturday's event will begin at 11AM and will continue on throughout the day. Sunday's event will rise and shine at 8AM and will continue on into the early hours of the afternoon. Don't miss out on any of these exciting races!

The NBL sanctions exciting local, state, and national levels of BMX racing across the country and in Puerto Rico. With more than 160 racetracks and over 20,000 members, the NBL is the largest not-for-profit BMX racing association in America and is the proud host of the UCI North American Continental Series—the gateway to the Olympics for the US athletes. NBL offers a wide range of exciting programs for all levels and ages of riders, both male and female. The NBL's National Series is the premier BMX racing series in America and comes to a thrilling end on Labor Day weekend of each year with the legendary NBL Grand National. The NBL is affiliated to USA Cycling, the only national cycling federation in the US recognized by the UCI (Union Cycliste Internationale) who is in turn, the World governing body for all cycling disciplines. To learn more about the sport of BMX, Olympic level athletes, and the NBL visit www.nbl.org or call 614.777.1625.

BMX (Bicycle Motocross) Racing is an exciting action sport! BMX consists of athletes racing 20" and 24" single-speed bicycles over a dirt constructed racing course. A typical racing course consists of obstacles ranging from jumps, berms, rollers, rhythm sections, etc.

The Waukegan BMX Track is located at Henry Pfau Callahan Park, 2785 Yorkhouse Road, Waukegan. The track is approximately 1200 ft. from start to finish with several obstacles to challenge the most avid rider. The track is open to the public every day, weather permitting. Waukegan BMX has gate practices on Thursday nights and races on Sunday. For more information visit www.waukeganbmx.com.

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