
WAUKEGAN PARK DISTRICT

FOR IMMEDIATE RELEASE

To: All Media

Contact:

Errick Beverly
Supervisor Athletics
Waukegan Park District
(847) 782-3623
ebeverly@waukeganparks.org

Worldwide Day of Play
October 5, 2013 from 11:00am-2:00pm
Field House Sports and Fitness Center
800 N. Baldwin Avenue, Waukegan

Waukegan, IL (September 13, 2013) – The Waukegan Park District invites the public to Worldwide Day of Play on October 5, 2013 from 11:00am-2:00pm at the Field House Sports and Fitness Center. The event includes a host of fun activities planned for kids, families, and adults of all ages. Organized games and contests such as dodgeball, soccer, and basketball will be set up in the gym. Children and adults are urged to try something new from the list of different activities offered including: First Swing Golf, First Serve Tennis, the Batting Cage, Crafts, Cup Stacking, Baggo, Zumba for all ages, a Free Throw Competition, and supervised open Climbing Wall during the entire event!

Abbott Laboratories will be holding fun jump roping and hula hoop contests as well as giving away plate method placemats and hula hoops. In addition, they will be offering demonstrations and tips for eating healthy.

Cha! Cha!, the loveable red-eyed tree frog mascot, from the Rainforest Café will once again roam the event. **Cha! Cha!** will be handing out restaurant coupons and will take keepsake photos with children.

Adults will have free admission to the Fitness Center, Group Fitness Classes, and Health and Wellness Screenings. There will also be free information and certified fitness staff available for parents interested in finding ways to make their families healthier and learning new ways to promote physical activity. This day of fun is **FREE** for anyone who wants to participate! Stop by the Field House at Hinkston Park or call 847-782-3300 for more information.

Worldwide Day of Play is an annual celebration that promotes active play for kids and adults of all ages. The event encourages children to “get out and play” in an effort to fight childhood obesity.

The Waukegan Park District would like to thank *Rotary Club of Waukegan* and *Vista Health Systems* for their generous support of this event.

Photos from 2012 Worldwide Day of Play



About the Waukegan Park District

Established on December 26, 1916, the district has 47 properties and 720 acres of land, which includes 18-hole Bonnie Brook and 9-hole Greenshire Golf Courses. Properties are managed to the highest environmental and conservation standards. Facilities operated by the district include the Field House Sports and Fitness Center, the Jack Benny Center for the Arts, the Waukegan SportsPark, the Waukegan Skate Park, the Waukegan BMX Track, recreational centers, an outdoor swimming pool, disc golf course, dog exercise area, outdoor sports fields, picnic areas, playgrounds, and sports courts including basketball and tennis. A full range of programs and services are offered year round for all ages from infants to seniors and special populations are included. Healthy lifestyles, wellness initiatives, and a connection with the outdoors and nature are integrated throughout programs, services, and special events. Cultural events are provided by the Waukegan Symphony Orchestra and Concert Chorus, the Bowen Park Theatre Company, and the Waukegan History Museum. There is something for everyone! The award-winning District employs 57 full-time staff and over 250 part-time, year round, seasonal, and temporary employees. The District is a member of the National Recreation and Park Association (NRPA), Illinois Association of Park Districts (IAPD), and Illinois Park and Recreation Association (IPRA). The district maintains national accreditation from the NRPA Commission for Accreditation of Park and Recreation Agencies (CAPRA), the Illinois Association of Park Districts' (IAPD) Distinguished Agency accreditation and the Park District Risk Management Agency (PDRMA) accreditation and sustains a Level A Loss Control Program. The district was named a NRPA Gold Medal Finalist in 2012 and 2013.