
WAUKEGAN PARK DISTRICT

FOR IMMEDIATE RELEASE

To: All Media

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Fun Family Cooking Class

Waukegan, IL (February 19, 2013)... The Waukegan Park District will host a healthy cooking class called “Delicious and Nutritious.” The class will be held once a month at the Belvidere Recreation Center on Thursday evenings from 6:30-7:30pm on March 7, April 4, and May 2. Parents and their children will learn how to cook simple and healthy recipes that everyone will enjoy. The affordable fee, \$35 for residents and \$39 for non-residents, includes one parent and one child. Each additional child is only \$10 extra. Ingredients, cooking utensils, and recipes are all provided. This program is great for families with children ages 7-12. For more information, please call 847-360-4700.

About the Waukegan Park District

Established on December 26, 1916, the district has 47 properties and 720 acres of land, which includes 18-hole Bonnie Brook and 9-hole Greenshire Golf Courses. The District operates the Field House Sports and Fitness Center, the Jack Benny Center for the Arts, the Waukegan SportsPark, the Waukegan Skate Park, the Waukegan BMX Track, recreational centers, an outdoor swimming pool, outdoor sports fields, picnic areas, playgrounds, and sports courts including basketball and tennis. A full range of programs and services are offered year round for all ages from infants to seniors and special populations are included. Many special events are offered throughout the year, many are complimentary. Cultural events are provided by the

Waukegan Symphony Orchestra and Concert Chorus, the Bowen Park Theatre Company, and the Waukegan History Museum. The award-winning District employs 54 full-time staff and over 250 part-time, year round, seasonal, and temporary employees. The District is a member of the National Recreation and Park Association (NRPA), Illinois Association of Park Districts (IAPD), and Illinois Park and Recreation Association (IPRA). The district maintains national accreditation from the NRPA Commission for Accreditation of Park and Recreation Agencies (CAPRA), the Illinois Association of Park Districts' (IAPD) Distinguished Agency accreditation and the Park District Risk Management Agency (PDRMA) accreditation and sustains a Level A Loss Control Program. In 2012, the district was named a Gold Medal Finalist.

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