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# WAUKEGAN PARK DISTRICT

## PRESS RELEASE

### Tea Tasting and Soap Making Classes

**WAUKEGAN, IL** (November 11, 2013) The Waukegan Park District's Bowen Heritage Circle has two upcoming classes. The Bowen Heritage Circle provides quality adult education classes and traditional and trendy craft programs for both beginners and advance students.

In the first class, "Tea and Health (ID #4588)," instructor Thresa Griffin takes a look at the health benefits of tea. Tea has long been considered a healthy beverage and the number of tea drinkers in the United States has grown exponentially in the last 20 years. Students will learn about antioxidants as well as the current research on tea and improved health. The class will be held on Wednesday, November 20, 2013 from 6:00-7:30pm at Lilac Cottage in Bowen Park, 1911 N. Sheridan Road, Waukegan, IL 60087. Cost of the class is \$16 for Waukegan Park District residents and \$21 for non-residents. Registration deadline extended to November 15, 2013.

The second class, "Intermediate Soap Making: Combining Color and Fragrance (ID #4586)," is for students who have completed our "Basic Soap" class. Instructor Laura Zielinski will teach the process of adding fragrance and color to soaps. Our soap classes provide unique hands-on learning experiences. The class will be held on Sunday, November 24, 2013 from 2:00-4:00pm at Lilac Cottage in Bowen Park, 1911 N. Sheridan Road, Waukegan, IL 60087. Cost of the class is \$34 for Waukegan Park District residents and \$39 for non-residents. An additional \$15 fee for materials will be due to the instructor at the start of class. Registration deadline extended to November 20, 2013.

The Bowen Heritage Circle is part of the Cultural Arts Division of the Waukegan Park District. Partial sponsorship of the Cultural Arts programs is through a grant from the Illinois Arts Council, an agency of the State of Illinois. To register for classes call the Waukegan Park District- Jack Benny Center for the Arts at 847-360-4740. The Jack Benny Center is located at 39 Jack Benny Drive in Bowen Park. Register online at [www.waukeganparks.org](http://www.waukeganparks.org). Participants are asked to please register in advance so the instructors have the proper supplies.

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## **About the Waukegan Park District**

Established on December 26, 1916, the district has 47 properties and 720 acres of land, including the 18-hole Bonnie Brook and 9-hole Greenshire Golf Courses. Properties are managed to the highest environmental and conservation standards. Facilities operated by the district include the Field House Sports and Fitness Center, the Jack Benny Center for the Arts, the Waukegan SportsPark, the Waukegan Skate Park, the Waukegan BMX Track, recreational centers, an outdoor swimming pool, disc golf course, dog exercise area, outdoor sports fields, picnic areas, playgrounds, and sports courts including basketball and tennis. A full range of programs and services are offered year round for all ages, from infants to seniors as well as special needs populations. Healthy lifestyles, wellness initiatives, and a connection with the outdoors and nature are integrated throughout programs, services, and special events. Cultural events are provided by the Waukegan Symphony Orchestra and Concert Chorus, the Bowen Park Theatre Company, and the Waukegan History Museum. There is something for everyone! The award-winning District employs 57 full-time and over 250 part-time, year round, seasonal, and temporary employees. The District is a member of the National Recreation and Park Association (NRPA), Illinois Association of Park Districts (IAPD), and Illinois Park and Recreation Association (IPRA). The district maintains national accreditation from the NRPA Commission for Accreditation of Park and Recreation Agencies (CAPRA), the Illinois Association of Park Districts' (IAPD) Distinguished Agency accreditation and the Park District Risk Management Agency (PDRMA) accreditation and sustains a Level A Loss Control Program. The district was a NRPA Gold Medal Finalist in 2012 and 2013, and awarded the NRPA National Gold Medal Award for Excellence in Park and Recreation Management in 2013.