

Sports



ARCHERY

Youth Beginner Archery #20320202 Age 8-15

Learn the basics of archery in a safe and friendly environment. We will cover the parts of a bow and arrow, the proper form and technique and work on improving skills over the course of four short weeks.

BRC WE 3/2-03/23 5:30-6:30pm Reg by 02/24 \$20/\$25 -1A

Adult Beginner Archery #20320302 Age 15 +

Learn the basics of archery in a safe and friendly environment. We will cover the parts of a bow and arrow, the proper form and technique and work on improving skills over the course of four short weeks.

BRC SA 4/23-5/24 12-1pm Reg by 02/24 \$20/\$25 -1A

BASKETBALL

All-Around Basketball Skills #20304201 Age 8-15

Can you drive the lane like LeBron James or dribble through the defense like Chris Paul? Learn the fundamentals of basketball or sharpen your skills at the Field House Sports and Fitness Center in the All-Around Basketball Skills Class. This program will give you the tools to become a better basketball player. There will be a focus on dribbling, passing, shooting and overall understanding of the game of basketball.

Age 8-11 FH WE 3/23-4/27 5-6:30pm Reg by 3/16 \$40/\$45 -1A

Age 12-15 FH TH 3/24-4/27 5-6:30pm Reg by 3/17 \$40/\$45 -1B

Junior Bulldogs Spring Basketball League #20304202 Age 6-7

Come play in a low-pressure developmental league for kids who want to play basketball and keep improving. Teams will be balanced by skill level and height and coached by adults whose main objective is the child's basketball development. There will be no scoring record; kids can have fun without any pressure. For more information on this event please call Kaitlin Fischer at 847-782-3620. Two to three games may be on a different day of the week. For all schedules, scores and standings please visit www.waukegansports.org. Volunteer Coaches Needed!

Player Evaluation
FH TU 4/12 6-7pm
Practice
1hr/wk MO, TU, WE, or TH 6-8pm
Games
FH FR 4/29-6/10 6-9pm Reg by 4/12 \$73/\$85 -1A

Junior Bulldogs Spring Basketball League #20304202 Age 8-9

If you're looking for a way to keep improving your skill set this is the league for you! All skill levels are welcomed. Each team will be balanced and coached by an adult. For more information on this event please call Kaitlin Fischer at 847-782-3620. Two to three games may be on a different day of the week. For all schedules, scores, standings and free agent listings please visit www.waukegansports.org. Volunteer Coaches Needed!

Player Evaluation
FH TH 4/14 6-7pm
Practice
1 hr/wk MO, TU, WE or TH 6-8pm
Games
FH FR 4/29-6/10 6-9pm Reg by 4/12 \$73/\$85 -1B

CHEERLEADING

Girls Cheer and Dance #20314202 Age 5-12

This program will focus on the basic fundamentals of cheerleading with an emphasis on teamwork and sportsmanship. Participants will learn basic jumps, cheers and dances. The cheerleaders will get the opportunity to cheer at the Jr. Bulldogs Basketball games.

Age 5-8 FH MO 4/18-5/23 5-6pm Reg by 4/11 \$40/\$45 -1A

Age 9-12 FH MO 4/18-5/23 6-7pm Reg by 4/11 \$40/\$45 -1B

FOOTBALL

Junior Bulldogs Spring Flag Football League #20315201 Age 5-14

Are you ready for some football? Be a part of a flag football program that promotes teamwork, sportsmanship, and overall athletics in a format that is both fast-paced and a skill-builder. Not ready for pads? Don't want to play contact ball? This is your league. Teams will be decided by a draft following player evaluations. For more information on this event please call Kaitlin Fischer at 847-782-3620. For all schedules, scores, standings and free agent listings please visit www.waukegansports.org

Player Evaluation Age 5-7
WSP SA 4/16 11am-12pm Reg by 4/12 \$60/\$70 -1A
Player Evaluation Age 8-10
WSP SA 4/16 12-1pm Reg by 4/12 \$60/\$70 -1B
Player Evaluation Age 11-14
WSP SA 4/16 1-2pm Reg by 4/12 \$60/\$70 -1C
Practice
BEV TU or TH 5-8pm 1hr/wk
Games
WSP SA 4/30-6/11 9am-2pm

Prime Football Skills #20315202 Age 5-14

It's the off season and it's time to break out the cleats and throw around the pigskin. Learn the fundamentals of football or sharpen your skills, Participants will be taught skills such as route running, back pedaling and catching. There will also be an emphasis on offensive and defensive game concepts. All skill levels welcome!

Age 5-7
WSP MO 4/18-5/23 5-6:30pm Reg by 4/12 \$40/\$45 -1A
Age 8-11
WSP MO 4/18-5/23 5-6:30pm Reg by 4/12 \$40/\$45 -1B
Age 12-15
WSP MO 4/18-5/23 5-6:30pm Reg by 4/12 \$40/\$45 -1C

GOLF

Drive, Chip and Putt Competition #20318201 Age 6-15

Join the Waukegan Park District and The First Tee of Greater Chicago for a fun-filled golf competition. The competition is open to boys and girls ages 6-15. Boys and girls will compete in separate divisions in four age categories: 6-9 years; 10-11 years; 12-13 years; and 14-15 years. Each participant will compete in three skills (Drive, chip and putt) and will accumulate points in each skill. The participant with the highest number of accumulated points will be declared the Overall Champion of his or her age category. Ribbons will be awarded to the top three finishers in each age category.

BBGC SA 5/7 1-4pm FREE -1A

GYMNASTICS

Attend a number of parent assisted and individual classes at Ultimate Gymnastic. Equipment, including ground trampolines, bars, beams, foam block pits and tumble tracks, will be used in each class. Come out and experience the fun and skill building! For questions, please call 847-856-8573 or email info@ultigym.com.

**ALL CLASSES ARE HELD AT:
ULTIMATE GYMNASTICS GYM IN GURNEE
1018 TRISTATE PKWY
GURNEE, IL 60031**

Spring (April 11, 2015-June 11, 2015) 9 Weeks of Classes

Parent and Mite #20310101

Age 2-3

UG	MO	4/11-6/6	9-9:40am	Reg by 4/4	\$155/\$160	-1A
UG	TH	4/14-6/9	9-9:40am	Reg by 4/4	\$155/\$160	-1B
UG	TH	4/14-6/9	11-11:40am	Reg by 4/4	\$155/\$160	-1C

Tiny Mite #20310102

Age 3-4

UG	MO	4/11-6/6	9-9:50am	Reg by 4/4	\$155/\$160	-1A
UG	TH	4/14-6/9	9-9:50am	Reg by 4/4	\$155/\$160	-1B
UG	TH	4/14-6/9	11-11:50am	Reg by 4/4	\$155/\$160	-1C
UG	TH	4/14-6/9	2-2:50pm	Reg by 4/4	\$155/\$160	-1D
UG	FR	4/15-6/10	11-11:40am	Reg by 4/4	\$155/\$160	-1E

Ulti Mite #20310103

Age 4-5

UG	MO	4/11-6/6	9-9:50am	Reg by 4/4	\$155/\$160	-1A
UG	TH	4/14-6/9	9-9:50am	Reg by 4/4	\$155/\$160	-1B
UG	TH	4/14-6/9	11-11:50am	Reg by 4/4	\$155/\$160	-1C
UG	TH	4/14-6/9	2-2:50pm	Reg by 4/4	\$155/\$160	-1D
UG	FR	4/15-6/10	11-11:50am	Reg by 4/4	\$155/\$160	-1E

Girl's Junior Beginner #20310104

Age 5-6

UG	MO	4/11-6/6	4-4:50pm	Reg by 4/4	\$155/\$160	-1A
UG	SA	4/16-6/11	12:30-1:20pm	Reg by 4/4	\$155/\$160	-1B

Girl's Beginner #20310201

Age 7+

UG	MO	4/11-6/6	4-4:55pm	Reg by 4/4	\$155/\$160	-1A
UG	SA	4/16-6/11	12:30-1:25pm	Reg by 4/4	\$155/\$160	-1B

Beginner Cheer #20310202

Age 5+

UG	WE	4/13-6/8	6:30-7:25pm	Reg 4/4	\$155/\$160	-1A
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Boys Rec #20310105

Age 5-6

UG	TH	4/14-6/9	5-5:50am	Reg by 4/4	\$155/\$160	-1A
UG	FR	4/15-6/10	1-1:50pm	Reg by 4/4	\$155/\$160	-1B

The Gym will be CLOSED on Monday, May 30 in observance of Memorial Day.

MARTIAL ARTS

Participants should wear comfortable clothing and may discuss uniform with instructors the first meeting. Parents must remain at the facility during Tiny Tigers class time; children should not be dropped off alone.

Tiny Tigers #20309101

Age 3-6

We can help your preschooler develop and improve motor skills, coordination, social and emotional skills in this class. We place an emphasis on building attention and cognitive development. Our reward system helps build self-esteem and confidence as we teach "every kid is a winner" and "every kid is special."

BRC	SA	3/12-5/28*	8:45-9:30am	Reg by 3/2	\$30/\$36	1A
BRC	SA	3/12-5/28*	9:35-10:20am	Reg by 3/2	\$30/\$36	1B

*No class 3/5, 4/2 and 5/14
BGCLC - 3/26

Youth Tae Kwon Do #20309202

Age 7-13

Improve your self-confidence, coordination, concentration, self-esteem and get a good physical work out too. This Korean martial art involves kicking techniques, jumping, spinning, and balance. Our traditional teaching style covers self-defense, sparring, pressure points and more.

BRC	SA	3/12-5/28*	10:25-11:25am	Reg by 3/2	\$44/\$52	1A
BRC	SA	3/12-5/28*	11:30-12:30pm	Reg by 3/2	\$30/\$36	1B

*No class 3/5, 4/2 and 5/14
BGCLC - 3/26

Tae Kwon Do #20309201

Age 14+

You are never too old to learn new skills! High School age and older students can improve their self-confidence, coordination and concentration skills. This Korean martial art involves kicking techniques, jumping and balance. Our traditional approach teaches self-defense, sparring, pressure points and more.

BRC	SA	3/12-5/28*	12:35-1:35pm	Reg by 3/2	\$44/\$52	1A
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*No class 3/5, 4/2 and 5/14
BGCLC - 3/26

Tai Chi Chuan

Adult

An introduction to Tai Chi Chuan, a Chinese martial art, and ancient system of movement and meditation. Slow stretching and gentle exercises will bring increased strength, flexibility, deep sense of serenity and helps relieve stress and promotes a sense of physical and mental well-being. Instructor Bob Schwartz

JBC	MO	1/11-5/16*	7-8:30pm	**	#10309301	-1B
JBC	MO	6/13-8/8	7-8:30pm	Reg by 6/6	\$64/\$75	#20309301-1A

*No class 1/18, 2/15 and 3/28

**Class has begun call 847-360-4740 for prorated rates

PICKLEBALL

Adult Pickleball #10311301

Age 18+

Pickleball is a mini-tennis game, played on a badminton-sized court using paddle racquets and a plastic ball the size of a baseball, with holes (similar to a wiffle ball). The game is usually played by four people. It was invented in 1965 and its original purpose was to provide a sport for the entire family. For more information about the game, rules and equipment go to www.pickleball.com.

Free for members.

FH	Year-Round	10am-2pm	\$5/\$6	-1A
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Soccer

Soccer Clinic #203052203

Age 5-12

Come out to this FREE soccer clinic to learn the basic fundamental skills of soccer. Players will be exposed to drills and games that are used in the Waukegan Park District Soccer Skills and Drills program. All skill levels are welcome! Preregistration is required and is open to the first 60 people to register. For more information on this event please call Kaitlin Fischer at 847-782-3620.

WSP TU 4/12 5-6pm Reg by 4/6 FREE -1A

Soccer Skills and Drills #203052202

Age 5-12

This program will focus on the basic fundamentals of soccer with an emphasis on teamwork and sportsmanship. Players will be exposed to individual foot skills, technical drills, tactical practices, small-sided games and scrimmages throughout the program. All skill levels are welcome!

WSP TU 4/19-5/24 5-6:30pm Reg by 4/11 \$50/\$55 -1A

SOFTBALL

Girls Softball Skills and Drills #20301204

Age 4-13

This program focuses on the basic fundamentals of softball. The basic mechanics of throwing, catching, and swinging a bat will be taught and practiced. Participants will improve eye hand coordination and softball related skill set in this program.

Participants will have an opportunity to utilize the batting cage during this indoor program.

Ages 4-8

FH MO 3/14-4/18 5-6pm Reg by 3/7 \$20/\$25 -1A

Ages 9-13

FH MO 3/14-4/18 6-7pm Reg by 3/7 \$20/\$25 -1B

Girls Fast Pitch Softball League #20301201

Age 7-16

Girls softball has returned to the Waukegan Park District! All skill levels are welcome. Each team will be balanced and coached by an adult. Participants will improve hand-eye coordination and softball related skill sets in this program. Practices and games will be played throughout the week. For more information on this event please call Kaitlin Fischer at 847-782-3620. For all schedules, scores, standings and free agent listings please visit www.waukegansports.org

Player Evaluation

BP TU 5/24 5pm Age 7-9 Reg by 5/17 \$40/\$47 -1A

BP TU 5/24 6pm Age 10-12 Reg by 5/17 \$40/\$47 -1B

BP TU 5/24 7pm Age 13-16 Reg by 5/17 \$40/\$47 -1C

Men's Pre-Season Spring Tune-Up

Softball Tournament #20301303

\$180/team

On the first weekend of May 2016 at the Waukegan SportsPark, the Waukegan Park District will be holding its annual Spring Tune-Up men's softball tournament. All teams are welcome for this multiple game tournament. Over the past few years, this has been the biggest tournament in the area and always fills up ahead of time so don't miss out. The winning team will receive a cash prize and a team trophy. Registration will begin on Monday, March 7th.

For more information on this event please call Richard Fibish at 847-782-3627.

For all schedules, scores, standings and free agent listings please visit

www.waukegansports.org

WSP SA 5-7 9am Reg by 5/05 \$180/team #1A



Men's & Women's Adult Softball Summer Leagues

#20301301

Fees Vary by League

Waukegan Park District is looking forward to another great season of softball at the Waukegan SportsPark. The SportsPark has four ball diamonds and great amenities and playing surfaces. The park district offers doubleheaders (20 games) each night for Men's leagues and now offers Coed doubleheaders (20 games) as well as single games (10 games) on Thursday nights. Fees vary based on the league you are entering. For more information on this event please call Richard Fibish at 847-782-3627. For all schedules, scores, standings and free agent listings please visit

www.waukegansports.org

Men's

WSP MO 5/09 6:15 or 8:15pm Reg by 4/29 -1A

WSP TU 5/10 6:15 or 8:15pm Reg by 4/29 -1B

WSP WE 5/11 6:15 or 8:15pm Reg by 4/29 -1C

WSP FR 5/13 6:15 or 8:15pm Reg by 4/29 -1D

Men's "A"

WSP WE 5/11 6:15 or 8:15pm Reg by 4/29 -1E

Coed

WSP TH 5/12 6:15; 7:15; 8:15; 9:15pm Reg by 4/29 -2A

NEW! Coed (DH) "Upper"

WSP TH 5/12 6:15 or 8:15pm Reg by 4/29 -2B

Second Annual Men's and Coed Softball PLAYOFF Weekend Tournament #20301305

During the first weekend of August 2016, the Waukegan Park District will be hosting its Second Annual WEEKEND men's and co-ed playoff softball tournament. All teams who participated in our summer 2016 Waukegan Park District softball leagues are eligible. Prizes and trophies will be awarded. For more information on this event please call Richard Fibish at 847-782-3627. For all schedules, scores, standings and free agent listings please visit www.waukegansports.org

WSP FR-SU 8/5, 8/6 & 8/7 See bracket for start times Reg by 7/27 -1A

WaukeganSports Affiliates

NOTE: The Sports Affiliates are independent agencies that are neither an agent for nor under the direction of the Waukegan Park District.

Adult Soccer Leagues

If you are interested in putting a team into the men's adult soccer league, please or call Jesus Martinez (USL) at 847-406-9916.

Girl Fastpitch Softball

Now under the direction of the Waukegan Park District. We are looking for qualified coaches and players of all levels. Please call Kaitlin Fischer at 847-782-3620 or email kfischer@waukeganparks.org for more information.

Youth Baseball www.waukeganyouthbaseball.com

The Waukegan Youth Baseball provides baseball for ages 7 to 17 years of age. For more information please call Charles Paddock at 847-366-7654 or email charleswkgn@yahoo.com

Youth Football www.waukeganyouthfootball.org

The Waukegan Youth Football Association offers a youth tackle football program. The association offers Waukegan-area youngsters the chance to learn the fundamentals of the grid-iron game, along with sportsmanship and teamwork. For more information call Desiree Martinez coachdthead@gmail.com 847-530-1738. Youth Football also offers cheerleading for ages 7-14.

Youth Soccer Leagues*

Waukegan Association for Youth Soccer (WAYS) will be offering Spring Summer, & Fall leagues for boys and girls. For more information call Jesus Martinez at 847-406-9916. Visit www.wayssoccerleague.com for information.

*Waukegan Park District youth affiliate

TENNIS

If Tennis is a sport you are looking to try out or make it a life-long sport, then take advantage of this opportunity. Both spring and summer will offer you and your children a great tennis experience at an exceptional price. Programs offered by the district are designed by the USTA so learning tennis is fun and developmentally appropriate. Tennis racquets and tennis balls are provided during youth and adult tennis programs. Spring tennis programs are held at the Field House Sports and Fitness Center. During the summer, Tennis is held outside at Belvidere Park.

10 and Under/Youth Tennis #20302201 Ages 6-15

It's easier than ever to get in the game. Your child will enjoy playing with balls that bounce lower and move slower through the air, making them easier to hit. Racquets are sized for small hands, making them easier to grip and swing. Courts are smaller, so kids can cover them and have more success when they play. Kids have more fun and want to play more often. Tennis is a sport that gets kids moving, improves balance, agility and hand-eye coordination, and can teach self-confidence and self-assurance. Playing tennis, your child can make new friends in a safe, supportive environment. By getting your kids into the game, you'll be opening a door to a lifetime of enjoyment!

Age 6-9

TBD WE 3/16-4/20 5:30-6:15pm Reg by 3/11 \$39/\$47 -1A

Age 10-15

TBD WE 3/16-4/20 6:15-7pm Reg by 3/11 \$39/\$47 -1B

Start/ReStart Adult Tennis #20302301 Age 16+

Whether you have never held a racquet or have not played in years, this is the perfect tennis program for you. The Start/ReStart Tennis program introduces new adult players and welcomes back past players at the beginner level. This program teaches technique, builds skill, and gets you ready for the next steps of your tennis game by mixing traditional beginner drills with modified equipment which ensures that you will grow confident in your abilities by being able to rally and have more control of your game earlier on in your tennis experience. Exceptional value for the program fee— take home a program participation t-shirt and a \$10 gift card to Midwest Sports Tennis Outlet.

TBD WE 3/16-4/20 7:05-7:50pm Reg by 3/11 \$39/\$47 -1A



Field Rentals Rates at the Waukegan SportsPark

Rates listed below are for hourly rentals. Groups interested in renting fields for multiple hours and dates will receive a discount. Please call 847-782-3300 for field reservations.

SportsPark Synthetic Turf Field	\$125/hour + \$40/hour for lights
SportsPark Grass Soccer Fields	\$40/hour
SportsPark Ball Diamonds	\$40/hour + \$30 for lights

The Waukegan SportsPark features 14 soccer/football fields including a Championship Field with synthetic turf and lights and 4 ball diamonds with lights. On the weekends and special events there will be a parking fee of \$5 will be charged for each vehicle coming into the park but NO fee on weeknights unless it's a special event.

TRACK & FIELD

Summer Track and Field Camp #20501207 Age 4-14

Join the Waukegan Park District's Track program and participate in the field events, sprints, or distance events. Program meets every Tuesday and Thursday. Tuesday focuses on instructions and Thursday will be fun meets*. Program is taught by Ken Almond. Each registered participant will receive a t-shirt. End of season meet and cookout will be held on Saturday, August 13 starting at 8:00am.

***On Thursdays, family and friends are welcome to participate in the meet (all must sign program waiver prior to competing). Ribbons will be awarded to first to fifth place.**

WF TU & TH 6/14-8/4 5-6pm Reg by 5/30 \$42/\$48 -1A

VOLLEYBALL

Volleykids #20303201 Age 9-16

Improve your volleyball skills with 60 minutes of drills in setting, passing, overhand serving, and spiking. Learn to overhand serve and develop skills to play games. The lesson plan directs the use of self-mastery training and groups that help each student reach a new level. Instructors organize games at the end of each class.

FH TU 4/19-5/24 5-6pm Reg by 4/12 \$55/\$66 -1A

Volleytots #20303101 Age 4-8

Improve your volleyball skills with 60 minutes of drills in setting, passing, overhand serving and spiking. You will learn to overhand serve and develop skills to play games. The lesson plan directs the use of self-mastery training and groups that help each student reach a new level. Instructors organize games at the end of each class.

FH TU 4/19-5/24 5-6pm Reg by 4/12 \$55/\$66 -1A

Adult Volleyball Leagues #10303301 Age 16+

The Waukegan Park District follows up the fall season of volleyball with a winter/spring session of Men's, Women's, and Coed Volleyball at The Field House Sports and Fitness Center. Men's and Women's volleyball leagues are the most popular leagues at The Field House Sports and Fitness Center so join the action. Team registration only, with a 6 player minimum/team. Cash awards will be given to 1st and 2nd place teams. Minimum six teams and maximum ten teams/per league.

For more information on this event please call Richard Fibish at 847-782-3627.

For all schedules, scores, standings and free agent listings please visit www.waukegansports.org

Women's A

FH MO 2/8-4/18 6:15-9pm Reg by 1/29 \$335/\$385 -1A

Women's B

FH MO 2/8-4/18 6:15-9pm Reg by 1/29 \$335/\$385 -1B

Men's A/B

FH TU 2/9-4/19 6:15-9pm Reg by 1/29 \$335/\$385 -1C

Coed

FH TU 2/9-4/19 6:15-9pm Reg by 1/29 \$335/\$385 -1D

VOLLEYBALL & BASKETBALL

Evening Open Gym Basketball & Volleyball All Ages

The Field House will continue with the very popular evening open gym. The facility will have open gym running seven days a week. If you are not a fitness or gym member you can pay the daily fee (see below) and participate in open gym games during posted hours. Call before you come... Gym Information Line 782-3300. Register on-site.

FH MO-FR Daily 3-9pm \$4/\$6 Youth or \$10 Adults 19+

FH SA Daily 7am-7pm \$4/\$6 Youth or \$10 Adults 19+

FH SU Daily 7am-7pm \$4/\$6 Youth or \$10 Adults 19+