

# WAUKEGAN FAMILY PROGRAMS

## Family Zumba

Make a commitment to get healthy with your family! Zumba combines Latin American music and dance to create one great class that feels more like a party than a work-out. We'll begin with the basics, so everyone can join with or without previous dance experience. At least one member of the family must have a disability. One member of the family must also be over 18 and not a regular SRSNLC participant.

**Location:** Jane Addams Center | **Min/Max:** 6/20 | **Age:** 10 & Older | **Fee:** \$5R / \$8NR per family member

CODE	DAY	DATE	TIME	REG. DEADLINE
11101402-1A	W	1/13 -2/17	6:00pm-6:45pm	1/6
11101402-2A	W	5/11-6/15	6:00pm-6:45pm	5/4