SRSNLC INFORMATION



LINDENHURST PARK DISTRICT

Lippert Community Center
2200 E. Grass Lake Rd. | Lindenhurst, IL 60046
847-356-6011 phone | 847-356-6063 fax

Katie Kozuch – Recreation Program Manager | 847-356-6011 ext. 108 kkozuch@lindenhurstparks.org

ROUND LAKE AREA PARK DISTRICT

Robert W. Rolek Community Center 814 Hart Road | Round Lake, IL 60073 847-546-8558 phone | 847-740-8180 fax

Jessica Jeffery-Findley — Program Manager 3 847-740-9828 ext. 5092 ijeffery@rlapd.org

Jenny Simpson — Program Supervisor | 847-740-9828 ext. 5093 jenny_simpson@rlapd.org

Justine Galvin – T.O.D.A.Y Club Coordinator | 847-740-9828 ext. 5140 todayclub1@gmail.com

WAUKEGAN PARK DISTRICT

Upton Park/Douglas House

2000 Belvidere Street | Waukegan, IL 60085 847-360-4760 phone | 847-662-2577 fax

Julie Schneider, CTRS, CPRP, CPP,

SRSNLC Safety Coordinator — Manager | 847-360-4762

jschneider@waukeganparks.org

Kari Robinson, CTRS, CPRP, CPP — Rec. Supervisor | 847-360-4763 krobinson@waukeganparks.org

Maria Owens — Rec. Specialist | 847-360-4764

mowens@waukeganparks.org

Registration Attendent | 847-782-3300

ZION PARK DISTRICT

Leisure Center

2400 Dowie Memorial Dr. | Zion, IL 60099 847-746-5500 phone | 847-746-5506 fax

*After hours 1-847-746-5500 ext. 446

Teresa Hayhurst — Program Director thayhurst@zionparkdistrict.org

PROGRAM GUIDE KEY



BUS - Door to Door

Programs with this symbol offer door to door transportation with additional fee.



HOUSE – Transportation Home Only

Programs with this symbol offer transportation home only.



DOLLAR BILL - Bring Spending Money

Programs with this symbol require additional money be brought for the purchase of a meal or souvenirs.

Mission Statement

It is the MISSION of SRSNLC to educate our citizens to become responsible, productive, healthy, and contributing members of our society by preparing them through recreation with a dynamic and caring environment, which excites them and invites them to participate.

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Contact Us:

Please be aware that you can use the Illinois Relay Center to contact us during our office hours. To use the service, call 1-800-526-0844 (TDD ONLY) or 1-800-526-0857 (Voice). If, due to a visual impairment, you need our brochure or other documents in an alternate format, please contact our office.

Full Access For All - ADA

The Special Recreation Services of Lindenhurst, Round Lake, Waukegan, and Zion advocates for full participation under the Americans with Disabilities Act (ADA) which prohibits discrimination in the provision of programs, services or activities to individuals with disabilities. Every attempt at reasonable accommodation will be made so that individuals may participate in a desired program.

SRSNLC and your local park districts are committed to meeting your unique, individual leisure needs. Please call us if we can assist you at any time.

FACILITY DIRECTORY

LINDENHURST FACILITIES	
Forest View Park	513 Forest View Drive, Lindenhurst
Heritage Trails Park	2400 Independence Boulevard, Lindenhurst
Lippert Community Center	2200 East Grass Lake Road, Lindenhurst
Mallard Ridge Park	110 Robincrest Lane, Lindenhurst
Millennium Park	201 Country Place Lane, Lindenhurst
ROUND LAKE FACILITIES	
Indian Hill Elementary / Park District Gym	
Kristof's Entertainment Center	
Renwood Golf Course	
Robert W. Rolek Community Center	-
Round Lake Area Park District Teen Center / Youth Cen	•
Round Lake Area Park District Site II (Dell House)	
Round Lake Area Park District Sports Center	·
Park School	
Washington Street Tennis Courts	22415 East Washington Street, Round Lake
WAUKEGAN FACILITIES	
WAUKEGAN FACILITIES Belvidere Recreation Center/Park Place Senior Center.	
Belvidere Recreation Center/Park Place Senior Center.	732 N. Genesee Street, Waukegan
Belvidere Recreation Center/Park Place Senior Center. Douglas House	
Belvidere Recreation Center/Park Place Senior Center. Douglas House Jane Addams Center	
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HOUSE – Transportation Home Only Programs with this symbol offer transportation home only.



Programs with this symbol require additional money be brought for the purchase of a meal or souvenirs.

TRANSPORTATION: To be eligible for transportation, you must live in Waukegan and be a Waukegan Park District Resident.

SRSNLC GENERAL INFORMATION

LEISURE CENTER:

Wellness Guidelines

Participation Guidelines When Illness Occurs

In consideration of the other participants and staff, to prevent the spread of contagious illnesses, participants must refrain from attending programs when any of the following conditions exist:

- 1. Fever of 100 degrees or higher.
- 2. Vomiting within the last 24 hours.
- 3. Persistent diarrhea in conjunction with other symptoms.
- 4. Contagious rash or a rash of unknown origin.
- 5. Persistent cough and/or cold symptoms.
- 6. "Pink Eye" (conjunctivitis) or discharge from the eye.
- 7. Symptoms of mumps, measles, chicken pox, strep throat, flu, impetigo, Coxsackie virus, head lice, mites, and ringworm.
- 8. Runny nose with yellow or green discharge WHICH INDICATES INFECTION.
- 9. Fatigue, due to illness, that will hinder participation and enjoyment in the program.

Please notify the SRSNLC office if the participant contracts any contagious illness that will affect his/her attendance at the program. Participants should return to programs at the doctor's recommendation, or, if not under a doctor's care, when the symptoms have clearly passed.

Spanish Interpreters Available

If you need to contact us about program information,
Spanish interpreters are available at:
Waukegan office (847) 360-4789 after 4pm
Round Lake office (847) 546-8558.
Zion office (847) 746-5500 after 12pm

Si necesita ponerse en contacto con nosotros para pedir informatición sobre nuestros programas en español, tenemos traductores disponibles en la oficina de Waukegan al (847) 360-4789 la oficina de Round Lake al (847) 546-8558, y la oficina de Zion al (847) 746-5500.

LINDENHURST	Monday - Friday
PARK DISTRICT:	9:00am - 5:00pm
ROUND LAKE	MonFri. – 8:30am - 7:30pm
PARK DISTRICT:	Saturday – 9:00am - 12:00noon
FIELD HOUSE SPORTS	MonFri. – 5:00am - 10:00pm
AND FITNESS CENTER	Saturday – 7:00am - 7:00pm
WAUKEGAN:	Sunday – 7:00am - 7:00pm
ZION	MonFri. – 9:00am - 6:00pm

Please detach the Registration Form and complete in detail. The full registration fee is due before the registration deadline. Call your local office for alternate payment plans. Register in person or mail the registration with check or money order payable to your local Park District. Complete the attached Annual Information Form in the winter season only unless this is a new registration or information has changed.

Saturday - 8:00am - 2:00pm

Medication Distribution

Parents and guardians are asked to dispense medication on their own, outside of program hours, if at all possible. Staff are not able to dispense all types of medications. All requests will be reviewed on a case by case basis. Please contact your local office for approval for any medication requests at least one week prior to the start of the program. If a medication is approved to be dispensed by district staff, a Permission to Dispense Medication form must be completed. In all cases, medication dispensing can only be administered, changed, or modified by completing a Permission to Dispense Medication form.

All athletes *MUST* sign Sportsmanship Contract

SRSNLC POLICIES

Program Cancellations

SRSNLC attempts to hold programs whenever possible. However, inclement weather occasionally makes it difficult for staff and participants to travel to program locations. SRSNLC cancellation policies are as follows:

- Staff look at all circumstances one hour prior to the starting time of the program or transportation route to determine if it should be cancelled.
- 2. If the program is cancelled, program staff attempt to reach all participants by phone to inform them of the cancellation.

 You will only be called if the program is cancelled.
- SRSNLC attempts to extend programs to make up any missed dates.
- 4. Registration deadlines must be adhered to. If there are not the required minimum participants by the date listed, the program must be cancelled due to reservation requirements. Full refunds will be given.

Cancellation by Registrants

A 20% cancellation charge and/or programming expenses will be assessed for all refund requests made before the first meeting date of the program. No refund is given once the first class has met unless a doctor's request is presented to SRSNLC, which will then allow a prorated refund.

SRSNLC Resident & Non-Resident Policy

Residents of SRSNLC include those in the Round Lake, Lindenhurst, Waukegan, and Zion Park Districts. Residents from any of the above listed Park Districts qualify for the resident rate in all districts. However, participants **MUST** register with the district offering the program. Non-Residents residing in communities having active park districts or recreation departments will pay an additional 50% fee for all programs. Call the local SRSNLC office to see if this affects you.

Refund Policy: No refunds are given unless

- 1. The trip is cancelled by the park district.
- 2. The person desiring a refund finds a replacement.
- 3. The district has a waiting list for the trip.

LATE PICK UP FEE:

Participants are to be picked up promptly at the end of a program. A \$1.00 per minute late fee will be assessed for late pick-ups. Late fees are due prior to attending the next program. Please refer to your day camp manual for camp specific late fee policies.

Transportation

SRSNLC has implemented these transportation procedures to ensure participants ride safely in our vehicles:

- All passengers must be sitting in seats or wheelchairs with belts securely fastened. The driver will not proceed until all seat belts are fastened.
- 2. All wheelchairs must have brakes that are in good working order and can stop the chair from moving.
- Drivers will assist participants to and from their homes, but driveways and walks must be clear of debris and obstacles.
- 4. Staff are responsible for determining whether or not a participant can be transported safely. If it is determined that it would be dangerous to transport a participant, the driver may refuse to transport that participant.
- 5. Participants riding in Amigo-type wheelchairs must transfer into a van seat and must use a seat belt.
- Participants unable to be in a house alone should have someone meet the vehicle at the designated time of return.
 SRSNLC cannot wait more than 10 minutes due to the demanding transportation schedule.
- SRSNLC reserves the right to refuse to transport participants.
 Please realize that these policies have been developed to
 ensure the safety of everyone riding SRSNLC vehicles.
 Your cooperation is greatly appreciated.
- 8. SRSNLC transports in-district participants only.
- Late registrants may not have transportation during the first week of programs due to routing changes. Participants are notified if a problem occurs.
- Departure times are set and abided by. If changes occur, participants are notified by phone. Return times may vary because of traffic and/or weather conditions. However, all is done to return on time.

Overnight Trip Policies

All participants must submit a complete Overnight Trip Form, Medication Dispensing Release Form, a copy of a valid government issued identification card, and a copy of his/her current medical insurance card one week prior to departure date. Please note that sleeping arrangements will be determined upon our arrival to destination. Participants may or may not share a double/queen/king size bed. Staff may or may not be in the same room as your adult participant. Trips are designed for adults with special needs that can function with minimal assistance. Overnight trip registrations require preapproval by the SRSNLC Program Manager.

SRSNLC CODE OF CONDUCT

Behavior Expectations

SRSNLC promotes the concept of "equal fun for everyone." However, certain rules have been established to ensure the safety and enjoyment of all people. The following guidelines have been developed to help make SRSNLC programs safe and enjoyable for all participants. SRSNLC participants are expected to demonstrate appropriate behavior during programs. The basic behavior code of conduct insists that participants shall:

- 1. Show respect to all participants and staff, and take direction from staff.
- 2. Refrain from using abusive or foul language.
- 3. Refrain from causing bodily harm to self, other participants, or staff.
- 4. Show respect to equipment, supplies, and facilities.

A positive approach will be utilized regarding discipline. Individual behavior management plans may be developed on the advice of parents, staff or other professionals. If inappropriate behavior occurs, prompt resolution will be sought, specific to each individual situation. SRSNLC reserves the right to dismiss a participant whose behavior endangers the safety of him/her self or others.

Consequences of Unacceptable Behavior

Participants may be subject to any of the following actions for unacceptable behavior. Below is a guideline for progressive discipline; however, the progression may be accelerated or slowed based on the severity and frequency of the unacceptable behavior.

Unacceptable Behavior	Warning	Time Out	Conference Loss of Privileges	Suspension	Expulsion
Improper use of materials	V	V	4	ď	V
or equipment.					
Disrespect of participants,	U				nad.
staff, or the public.		E		v	
Objectionable gestures;					
profane, vulgar or				ď	
objectionable language.					_
Fighting		N.	N	Ŋ	M
Damage or destruction of					
Park District property or				Ø	Ø
property of others.			_		4
Theft			Z	Ŋ	M
Smoking; possession or use					
of alcohol or illegal drugs.				v	
Harassment or abuse of			-		
fellow participants or staff				v	
Possession of weapons				V	N
Other acts which may be					
determined to be		l mar			rad.
unacceptable by the		Y		U	Y
program supervisor					

For issues that are not major we may issue a participant progress report. This is in no way a behavioral warning; it is simply to inform you of something that may have happened during a program. For example, a participant may soil their pants. We will issue a progress report to inform the parent/guardian of the incident and how it was handled.

SRSNLC ATHLETE-SPORTSMANSHIP CONTRACT

General Information

The following Sportsmanship Contract is to be signed by all SRSNLC - Athletes for all Special Olympic sport seasons.

The Sportsmanship Contract is a code of conduct that all athletes must follow while participating in all Special Olympic sports. This contract must be signed and dated by the athlete

and returned to the coach at the beginning of EACH sport season. The athlete will not be allowed to compete/participate until the contract is signed. Coaches will document any violations of the contract on a tracking form for each athlete.

SRSNLC Athlete - SPORTSMANSHIP CONTRACT

The Sportsmanship Contract is an agreement of sportsmanlike conduct that athletes will follow while participating in SRSNLC Special Olympics. Please take a moment to review this form, sign it and return to your coach. This contract is in place to ensure that all athletes are treated with respect and so that they feel like an important part of the team.

- I will respect others, including my teammates, coaches, and opponents. This means I will treat others the way I would want to be treated.
- I will encourage my teammates on the court, on the bench, and on the van/bus. I will encourage them with kind words and cheer on my team on the court, on the bench, and on the van/bus.
- I will listen when the coaches speak and will not question their coaching decisions (i.e. player positions). This means
 I will pay attention when a coach is speaking or explaining directions. I will ask a coach if I have any questions.
- I will try my best while on the court, giving 100% at all times. This means I will pay attention and take the game/ practice seriously (i.e. no goofing off).
- 5. I will trust in my teammates and my own playing abilities on and off the court. This means that I will not talk bad about their playing abilities or yell at them if they have a "bad game" or "bad play."
- 6. I will tell the coaches if I hear or see unsportsman-like conduct from other teammates. I will not be considered a "tattle teller" if I do this. I must be honest when telling the coaches about what I have seen or heard.
- 7. I will return my entire uniform within two weeks of the end of the sports season. Failure to do so will result in a fine of \$60 per uniform and potential suspension from future SRSNLC programs.

"Positives" of following this contract are as follows:

- · Team has better chance of winning
- · You and your team will have more fun

The consequences for not following contract are as follows:

- If any unsportsman-like conduct is seen/reported during a game, on the van/bus or at practice, the athlete will receive a warning and a brief time out.
- If unsportsman-like conduct is seen/reported for a 2nd time during a game, practice or van/bus ride, the athlete will be benched for the rest of the game (or half of the next game he/she is present at, if during a practice or on bus).
- 3. If unsportsman-like conduct is seen/reported for a 3rd time in a game, practice or on the van/bus, the athlete will be benched for the entire next game he/she is present at. The athlete will be encouraged to cheer on the team, but is otherwise expected to sit in silence.
- If the athlete continues to show unsportsman-like conduct after the 1st game suspension, he/she will continue to be suspended from play until the undesired conduct has stopped.
- If the athlete is suspended from more than 3 games, he/she will be suspended for the rest of the Season.
- If several athletes do not follow the Sportsmanship Contract, the coaches have the authority and right to forfeit games and tournaments.

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Athlete's Signature:	Date