



WINTER / SPRING 2016 PROGRAM GUIDE

SPECIAL RECREATION SERVICES OF NORTHERN LAKE COUNTY

Providing Recreation Programs and Services for Individuals with Special Needs
for the Residents of Lindenhurst, Round Lake, Waukegan & Zion Park Districts

Meeting Unique Needs

SRSNLC INFORMATION



MEET THE STAFF

LINDENHURST PARK DISTRICT

Lippert Community Center
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847-356-6011 phone | 847-356-6063 fax
Katie Kozuch — Program Supervisor | 847-356-6011 ext. 108
kkozuch@lindenhurstparks.org

ROUND LAKE AREA PARK DISTRICT

Robert W. Rolek Community Center
814 Hart Road | Round Lake, IL 60073
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Jenny Simpson — Program Supervisor | 847-740-9828
jenny_simpson@rlapd.org

WAUKEGAN PARK DISTRICT

Upton Park/Douglas House
2000 Belvidere Street | Waukegan, IL 60085
847-360-4760 phone | 847-662-2577 fax
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SRSNLC Safety Coordinator — Manager | 847-360-4762
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krobinson@waukeganparks.org
Maria Owens — Rec. Specialist | 847-360-4764
mowens@waukeganparks.org
Registration Attendent | 847-782-3300

ZION PARK DISTRICT

Leisure Center
2400 Dowie Memorial Dr. | Zion, IL 60099
847-746-5500 phone | 847-746-5506 fax
*After hours 1-847-746-5500 ext. 446
Teresa Hayhurst — Program Director
thayhurst@zionparkdistrict.org

Mission Statement

It is the MISSION of SRSNLC to educate our citizens to become responsible, productive, healthy, and contributing members of our society by preparing them through recreation with a dynamic and caring environment, which excites them and invites them to participate.

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Contact Us:

Please be aware that you can use the Illinois Relay Center to contact us during our office hours. To use the service, call 1-800-526-0844 (TDD ONLY) or 1-800-526-0857 (Voice). If, due to a visual impairment, you need our brochure or other documents in an alternate format, please contact our office.

Full Access For All - ADA

The Special Recreation Services of Lindenhurst, Round Lake, Waukegan, and Zion advocates for full participation under the Americans with Disabilities Act (ADA) which prohibits discrimination in the provision of programs, services or activities to individuals with disabilities. Every attempt at reasonable accommodation will be made so that individuals may participate in a desired program.

SRSNLC and your local park districts are committed to meeting your unique, individual leisure needs. Please call us if we can assist you at any time.

PROGRAM GUIDE KEY



BUS — Door to Door

Programs with this symbol offer door to door transportation with additional fee.



HOUSE — Transportation Home Only

Programs with this symbol offer transportation home only.



DOLLAR BILL — Bring Spending Money

Programs with this symbol require additional money be brought for the purchase of a meal or souvenirs.

SRSNLC POLICIES

Program Cancellations

SRSNLC attempts to hold programs whenever possible. However, inclement weather occasionally makes it difficult for staff and participants to travel to program locations. SRSNLC cancellation policies are as follows:

1. Staff look at all circumstances **one hour** prior to the starting time of the program or transportation route to determine if it should be cancelled.
2. If the program is cancelled, program staff attempt to reach all participants by phone to inform them of the cancellation. **You will only be called if the program is cancelled.**
3. SRSNLC attempts to extend programs to make up any missed dates.
4. SRSNLC sends out a letter informing all participants whether the program has been extended.
5. Registration deadlines must be adhered to. If there are not the required minimum participants by the date listed, the program must be cancelled due to reservation requirements. Full refunds will be given.

Cancellation by Registrants

A 20% cancellation charge and/or programming expenses will be assessed for all refund requests made before the first meeting date of the program. No refund is given once the first class has met unless a doctor's request is presented to SRSNLC, which will then allow a prorated refund.

SRSNLC Resident & Non-Resident Policy RESIDENT

1. Includes those residing in Lindenhurst, Round Lake, Waukegan, and Zion Park Districts.
2. Registrants from any of the above listed Park Districts qualify for a resident rate and are welcome to register through their home district.

Residents of SRSNLC include those in the Round Lake, Lindenhurst, Waukegan, and Zion Park Districts. Non-Residents residing in communities having active park districts or recreation departments will pay an additional 50% fee for all programs. Call the local SRSNLC office to see if this affects you.

LATE PICK UP FEE:

Participants are to be picked up promptly at the end of a program. A \$1.00 per minute late fee will be assessed for late pick-ups. Late fees are due prior to attending the next program. Please refer to your day camp manual for camp specific late fee policies.

Transportation

SRSNLC has implemented these transportation procedures to ensure participants ride safely in our vehicles:

1. All passengers must be sitting in seats or wheelchairs with belts securely fastened. The driver will not proceed until all seat belts are fastened.
2. All wheelchairs must have brakes that are in good working order and can stop the chair from moving.
3. Drivers will assist participants to and from their homes, but driveways and walks must be clear of debris and obstacles.
4. Staff are responsible for determining whether or not a participant can be transported safely. If it is determined that it would be dangerous to transport a participant, the driver may refuse to transport that participant.
5. Participants riding in Amigo-type wheelchairs must transfer into a van seat and must use a seat belt.
6. Participants unable to be in a house alone should have someone meet the vehicle at the designated time of return. SRSNLC cannot wait more than 10 minutes due to the demanding transportation schedule.
7. SRSNLC reserves the right to refuse to transport participants. Please realize that these policies have been developed to ensure the safety of everyone riding SRSNLC vehicles. Your cooperation is greatly appreciated.
8. SRSNLC transports in-district participants only.
9. Late registrants may not have transportation during the first week of programs due to routing changes. Participants are notified if a problem occurs.
10. Departure times are set and abided by. If changes occur, participants are notified by phone. Return times may vary because of traffic and/or weather conditions. However, all is done to return on time.

Overnight Trip Policies

All participants must submit a complete Overnight Trip Form, Medication Dispensing Release Form, a copy of a valid government issued identification card, and a copy of his/her current medical insurance card one week prior to departure date. Please note that sleeping arrangements will be determined upon our arrival to destination. Participants may or may not share a double/queen/king size bed. Staff may or may not be in the same room as your adult participant. Trips are designed for adults with special needs that can function with minimal assistance. **Overnight trip registrations require preapproval by the SRSNLC Program Manager.**

Refund Policy: *No refunds are given unless . . .*

1. The trip is cancelled by the park district.
2. The person desiring a refund finds a replacement.
3. The district has a waiting list for the trip.

SRSNLC SPECIAL EVENTS

SRSNLC's Annual Valentine's Dance

Love will be in the air at this year's Valentine's Dance. Dance the night away while the DJ spins the hits. Refreshments will be served and everyone receives a Valentine's keepsake.

Location: Belvidere Recreation Center
Event Time: 6:30pm-8:30pm | **Age:** 13 & older
Fee: \$15R / \$23NR | **Min/Max:** 50/125
Reg. Deadline: January 22, 2016

| AGENCY | CODE | DAY | DATE | TRANS. TIME |
|--------|-------------|-----|------|---------------|
| L | 193401-B | F | 2/12 | 5:45pm-9:15pm |
| RL | 22509 | F | 2/12 | 5:45pm-9:15pm |
| W | 11104315-1A | F | 2/12 | NONE |
| Z | 470131-1 | F | 2/12 | NONE |



SRSNLC's Annual Bowling Tournament

Strike it big at SRSNLC's Annual Bowling Tournament. Test your skills against other local bowlers. Compete in two games to win great prizes and demonstrate your talent. Snacks and awards will be handed out. Eight years and older are welcome. **Bowlers MUST submit a three game average to compete.** Fee includes two games, shoe rental, snacks, prizes and fun! No bumper bowling at this tournament.

Location: Brunswick Zone, Waukegan
Event Time: 9:30am-12:30pm | **Min/Max:** 25/80
Ages: 8 & Older | **Fee:** \$15R / \$23NR
Reg. Deadline: February 12, 2016

| AGENCY | CODE | DAY | DATE | TRANS. TIME |
|--------|-------------|-----|------|---------------|
| L | 193401-C | Sa | 3/5 | 8:30am-1:30pm |
| RL | 22705 | Sa | 3/5 | 8:30am-1:00pm |
| W | 11101302-1A | Sa | 3/5 | NONE |
| Z | 470431-1 | Sa | 3/5 | 8:30am-1:30pm |



Hoe Down

Put on your cowboy hats and spurs and head on down to SRSNLC's annual Hoe Down Dance. Spend the evening dancing, listening to music, and enjoying refreshments. It's sure to be a knee-slapping good time; don't miss out-register early! **Note: Gym shoes are required; no cowboy boots please.**

Location: Lippert Community Center
Event Time: 6:30pm-8:30pm
Min/Max: 50/150 | **Age:** 13 & Older | **Fee:** \$15R/\$23NR
Reg. Deadline: March 15, 2016

| AGENCY | CODE | DAY | DATE | TRANS. TIME |
|--------|-------------|-----|------|----------------|
| L | 193401-D | F | 4/15 | NONE |
| RL | 22704 | F | 4/15 | 6:00pm-9:00pm |
| W | 11104316-1A | F | 4/15 | 5:45pm-10:00pm |
| Z | 471101-1 | F | 4/15 | 5:45pm-9:30pm |



SRSNLC SPECIAL EVENTS

All-Star Soccer

Goooooal! Kick off the spring with a new sport. SRSNLC will help you learn soccer skills or improve the ones you have. The Team program competes against local SRA's and at the Special Olympics District Tournament and ITRS Tournament in May. The Skills program practices weekly and competes in Special Olympics in April. Gold Medal winners proceed to the Special Olympics Illinois Summer Games in June. **A Medical Application for Special Olympics must be on file and current.** Don't get a yellow card for missing this program.

***Any athlete under the age of 18 must stay with a parent for any overnight Special Olympic Events.**
Parents are responsible for paying for their own hotel fees.

Location: Round Lake Area Park District Sports Center

Program Time: 6pm-7pm

Team Age: 15 & Older

Team Fee: \$60R / \$90NR

Skills Age: 8 & older

Skills Fee: \$45R / \$68NR

Min/Max: 6/10

Reg. Deadline: February 17, 2016

| | | TEAM | | |
|--------|-------------|------|----------|---------------|
| AGENCY | CODE | DAY | DATE | TRANS. TIME |
| W | 11101301-1A | W | 3/2-5/11 | 5:15pm-7:30pm |
| L | 193411-C | W | 3/2-5/11 | 5:30pm-7:15pm |
| RL | 22708 | W | 3/2-5/11 | NONE |

| | | SKILLS | | |
|--------|-------------|--------|----------|---------------|
| AGENCY | CODE | DAY | DATE | TRANS. TIME |
| W | 11101301-1B | W | 3/2-4/20 | 5:15pm-7:30pm |
| L | 193411-F | W | 3/2-4/20 | 5:30pm-7:15pm |



All-Star Softball

Put me in coach, I'm ready to play today! Grab your glove and bat and head to the field! Softball is back in season. Athletes will practice batting, fielding, and catching to improve their skills before competing against other teams in the area. The ITRS/PSD and Special Olympics Softball Tournaments will be in July. **If we cannot get enough players for a team, we will conduct a softball skills program.*

A Medical Application for Special Olympics must be on file and current.

Location: TBA

Age: 15 & Older

Fee: \$60R / \$90NR

Min/Max: 5/12

Reg. Deadline: April 26, 2016

| AGENCY | CODE | DAY | DATE | TRANS. TIME |
|--------|-------------|-----|-----------|---------------|
| W | 11101307-1A | Tu | 5/10-7/19 | 6:30pm-8:00pm |
| L | 193411-D | Tu | 5/10-7/19 | 6:00pm-8:30pm |



LINDENHURST SEASONAL PROGRAMS

Sweetheart Dinner

Spend the evening with that someone special and/or your closest friends while enjoying a delicious catered spaghetti dinner. This program is offered in collaboration with SRSNLC—Zion.

Location: Leisure Center, Zion
Age: 13 & Older
Fee: \$15R / \$23NR
Min/Max: 4/12
Reg. Deadline: January 22, 2016

| CODE | DAY | DATE | TRANS. TIME |
|----------|-----|------|---------------|
| 193412-F | W | 2/3 | 4:15pm-6:30pm |

Jelly Beans and Lunch



Take a tour of the world famous Jelly Belly Factory. Enjoy a 30-minute factory tour aboard the Jelly Belly Express followed by a jelly bean tasting meant to tantalize your taste buds. Complete your experience with lunch at the Brat Stop.

Location: Pleasant Prairie, Wisconsin
Age: 13 & Older
Fee: \$20R (\$27 door-to-door) / \$30NR
Min/Max: 5/12
Reg. Deadline: February 19, 2016

| CODE | DAY | DATE | TRANS. TIME |
|----------|-----|------|----------------|
| 193403-G | Sa | 3/19 | 10:15am-2:00pm |



Dinner Group



Socialize with friends over dinner while practicing important skills such as ordering, meal etiquette, and determining gratuity. All expenses included. This program is offered in collaboration with SRSNLC—Zion.

Note: Return transportation time is approximate. Phone calls will be made if the time will vary by more than 15 minutes.

1/7—Bristol 45 Diner, Bristol, WI
 2/17—Blackthorne Grill, Lake Villa, IL
 3/17—Charcoal Grill & Rotisserie, Kenosha, WI
 4/12—Saluto's, Gurnee, IL

Location: Varies—Meet at the Lippert Community Center

Age: 16 & Older
Min/Max: 4/12
Fee: \$25R (\$32 door-to-door) / \$38NR
Reg. Deadline: Two weeks prior

| CODE | DAY | DATE | TRANS. TIME |
|----------|-----|------|---------------|
| 193412-A | Tu | 1/19 | 4:45pm-7:45pm |
| 193412-B | Tu | 2/16 | 5:15pm-7:30pm |
| 193412-C | Tu | 3/15 | 4:45pm-7:45pm |
| 193412-D | Tu | 4/12 | 5:00pm-7:45pm |



Pizza and a Movie

It is Friday night and that can only mean one thing.... Pizza and a Movie. Join your friends for delicious pizza and the latest DVD. Register for one or all—new movies each date.

Location: Lippert Community Center
Age: 13 & Older
Min/Max: 4/16
Fee: \$12R / \$18NR
Reg. Deadline: Two weeks prior

| CODE | DAY | DATE | TIME |
|----------|-----|------|---------------|
| 193402-A | F | 1/8 | 6:00pm-8:00pm |
| 193402-B | F | 4/29 | 6:00pm-8:00pm |



Fancy Night Out

Are you ready to enjoy mouthwatering seafood!? Get dressed up and come with us to Dover Straits Seafood House in Mundelein, IL for an experience you will not forget. This program is offered in collaboration with SRSNLC—Zion.

Note: Return transportation time is approximate. Phone calls will be made if the time will vary by more than 15 minutes.

Location: Mundelein, IL
Age: 13 & Older
Min/Max: 4/12
Fee: \$45R / \$68NR
Reg. Deadline: March 25, 2016

| CODE | DAY | DATE | TRANS. TIME |
|----------|-----|------|---------------|
| 193412-E | W | 4/27 | 5:00pm-8:00pm |



Denny's and a Matinee



Friends from SRSNLC Lindenhurst and Zion meet once a month for brunch at Denny's followed by a movie at Gurnee Cinema. Brunch and movie ticket included.

Location: Gurnee, Illinois
Age: 16 & Older
Min/Max: 2/10
Fee: \$28R (\$35 door-to-door) / \$42NR
Reg. Deadline: One week prior

| CODE | DAY | DATE | TRANS. TIME |
|----------|-----|------|----------------|
| 193406-A | F | 1/22 | 10:00am-3:00pm |
| 193406-B | F | 2/26 | 10:00am-3:00pm |
| 193406-C | F | 3/18 | 10:00am-3:00pm |
| 193406-D | F | 4/22 | 10:00am-3:00pm |



LINDENHURST SEASONAL PROGRAMS

Monday Movie Club

See it on the big screen. Monday Movie Club participants enjoy a movie at Marcus Gurnee Cinema once a month. Price includes movie ticket. Times and theatre subject to change based on movie selection.

Location: Gurnee Cinema, Gurnee
Age: 13 & Older
Min/Max: 4/12
Fee: \$18R / \$27NR
Reg. Deadline: One week prior

| CODE | DAY | DATE | TRANS. TIME |
|----------|-----|------|---------------|
| 193405-A | M | 1/25 | 6:15pm-9:15pm |
| 193405-B | M | 2/29 | 6:15pm-9:15pm |
| 193405-C | M | 3/28 | 6:15pm-9:15pm |
| 193405-D | M | 4/18 | 6:15pm-9:15pm |

Dave & Buster's

Enjoy lunch and an afternoon playing games at Dave and Buster's in Vernon Hills, IL. Lunch and a \$20 Power Card is included—participants may bring extra money to reload their Power Cards.

Location: Vernon Hills, Illinois
Age: 18 & Older
Fee: \$42R / \$63NR
Min/Max: 4/12
Reg. Deadline: January 15, 2016

| CODE | DAY | DATE | TRANS. TIME |
|----------|-----|------|----------------|
| 193403-F | W | 2/10 | 10:00am-3:15pm |



Sweets Tour

Polish that sweet tooth and let's see how Eli's makes their world famous cheesecakes with a behind the scenes tour of Eli's Cheesecake Factory. After our mouth watering tour, we will enjoy lunch at the Cheesecake Factory. For desert, take a tour of the Long Grove Confectionery where your mouth will water from the smell of chocolate! Bring money to buy yummy treats to bring home

Location: Long Grove, Illinois
Age: 13 & Older
Min/Max: 4/12
Fee: \$35R / \$53NR
Reg. Deadline: February 12, 2016

| CODE | DAY | DATE | TRANS. TIME |
|----------|-----|------|---------------|
| 193401-F | W | 3/9 | 9:00am-3:00pm |

Helping Hearts

Helping Hearts is a participant-led service organization. Participants take an active role in choosing, planning, and implementing service projects that benefit Lindenhurst and surrounding communities under the guidance of staff and volunteers.

Location: Lippert Community Center
Age: 13 & Older
Min/Max: 4/12
Fee: \$15R / \$23NR
Reg. Deadline: March 29, 2016

| CODE | DAY | DATE | TIME |
|----------|-----|-----------|-----------------|
| 193410-A | Tu | 4/12-4/26 | 10:00am-11:30am |



Zion Social Club Dances

For those who love music, dancing, and socializing, SRSNLC—Zion hosts regular theme dances. Fee includes door prize, refreshments, and a whole lot of dancing.

March—Luck O' The Irish
 April—Spring Fling

Location: Leisure Center, Zion
Event Time: 6:30pm-8:30pm
Age: 13 & Older
Min/Max: 4/12
Fee: \$13R (\$20 door-to-door) / \$20NR
Reg. Deadline: One week prior

| CODE | DAY | DATE | TRANS. TIME |
|----------|-----|------|---------------|
| 193404-B | F | 3/4 | 6:00pm-9:00pm |
| 193404-C | F | 4/1 | 6:00pm-9:00pm |



WSRA Mardi Gras

Grab some friends, a mask, and some beads as we head to WSRA in Gurnee for their 22nd Annual Mardi Gras Festival. Nothing is better than an evening of dancing, entertainment, refreshments, and making new friends.

Location: Warren Town Hall, Gurnee
Event Time: 6:30pm-9pm
Age: 13 & Older
Fee: \$25R / \$38NR
Min/Max: 4/12
Reg. Deadline: January 1, 2016

| CODE | DAY | DATE | TRANS. TIME |
|----------|-----|------|---------------|
| 193408-A | F | 2/5 | 6:00pm-9:30pm |



LINDENHURST SEASONAL PROGRAMS

SRACLC Groovefest Dance

Get funk-a-delic at SRACLC's annual Groovefest Dance. Jive to the tunes as a DJ spins the hits from the 60's and the 70's. Hustle to the refreshment table while the King and Queen are announced. All in attendance receive a far out keepsake. Shake your groove thang all night long.

Location: Sullivan Center, Vernon Hills

Event Time: 7pm-9pm

Age: 13 & Older

Fee: \$22R / \$33NR

Min/Max: 4/12

Reg. Deadline: March 18, 2016

| CODE | DAY | DATE | TIME |
|----------|-----|------|---------------|
| 193408-B | F | 4/8 | 6:00pm-9:45pm |



NSSRA Spring Formal

Enjoy an elegant evening at NSSRA's annual Spring Formal held at Park Center in Glenview. Groove to your favorite songs, stop by the refreshment area to grab a bite to eat and recharge, and rock the night away. This is a fancy evening; participants should dress accordingly.

Location: Park Center, Glenview

Event Time: 7pm-9:30pm

Age: 16 & Older

Fee: \$25R / \$38NR

Min/Max: 4/12

Reg. Deadline: April 1, 2016

| CODE | DAY | DATE | TRANS. TIME |
|----------|-----|------|----------------|
| 193408-C | F | 5/6 | 6:00pm-10:15pm |



Ceramics

Basic ceramic skills are taught in this introductory clay class including the score and slip technique and hand building using coils, slabs, and the pinch method. Participants will create a unique clay piece at the first class and complete the piece with paint and embellishments at the second class. **Note: This class uses air dry and oven fired clay; no kiln will be used.**

Location: Lippert Community Center

Age: 13 & Older

Min/Max: 3/8

Fee: \$15R / \$23NR

Reg. Deadline: January 19, 2016

| CODE | DAY | DATE | TIME |
|----------|-----|---------|----------------|
| 193409-A | Tu | 2/2-2/9 | 9:15am-10:15am |

Jazzercise

Experience a new way to exercise to today's latest music. Complete a total body work out in only 45 minutes, followed by a taste test of healthy foods to help maintain a healthy lifestyle. No experience necessary, just a night for beginner exercisers!

Location: Lippert Community Center

Age: 13 & Older

Min/Max: 4/12

Fee: \$15R / \$23NR

Reg. Deadline: January 8, 2016

| CODE | DAY | DATE | TIME |
|----------|-----|------|---------------|
| 193409-F | F | 1/22 | 5:15pm-6:30pm |



Crafty Creations

Crafty Creations is ideal for those who love art and creativity. Each participant will create a custom project perfect for display. Each craft is selected to promote creativity and develop fine motor skills.

Location: Lippert Community Center

Age: 13 & Older

Min/Max: 3/8

Fee: \$15R / \$23NR

Reg. Deadline: Two weeks prior

| CODE | DAY | DATE | TIME |
|----------|-----|------|----------------|
| 193409-B | Tu | 1/12 | 9:15am-10:30am |
| 193409-C | Tu | 3/22 | 9:15am-10:30am |



Parent / Tot Time Out

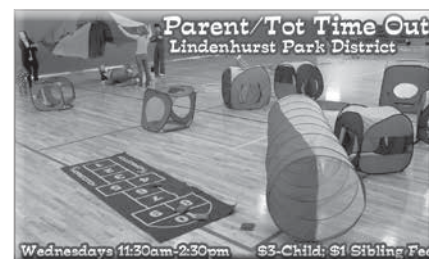
This program is for you if you need to get out of the house, want to meet other parents, and let your children burn off some energy. Equipment such as balls, mats, tunnels, and toys will be available for your child to play with while you chat with other parents or join in on the fun. This is a drop-in program; no instruction provided. Parents must supervise their children at all times.

Wednesdays 11:30am-2:30pm

Location: Lippert Community Center Gym

Age: 0-5 Years Old With Parent/Caregiver

Fee: \$3 first child, \$1 sibling fee



LINDENHURST SEASONAL PROGRAMS

Home Town Lights



Another great season of Lakes Eagles basketball has begun. Come with SRSNLC to see the Lakes Eagles soar against the Wauconda Bulldogs. It will be a dunkin' good time! Participants are encouraged to bring extra money for food.

Location: Lakes High School, Lindenhurst
Age: 13 & Older
Fee: \$20R / \$30NR
Min/Max: 4/12
Reg. Deadline: One week prior

| CODE | DAY | DATE | TRANS. TIME |
|----------|-----|------|----------------|
| 193407-D | Tu | 1/5 | 5:45pm-10:00pm |

Snack Factory

Does your little one like to help in the kitchen? Learn to create simple snacks and follow age-appropriate recipes. Measure, mix, and do a little baking. Take home three new recipe cards so you can recreate the snacks at home. Recipes may include common food allergens. **Note: Age-appropriate siblings welcome to register.**

Location: Lippert Community Center
Age: 5-10 with Parent/Caregiver
Min/Max: 4/8
Fee: \$15R / \$23NR
Reg. Deadline: March 10, 2016

| CODE | DAY | DATE | TIME |
|----------|-----|------|-----------------|
| 193413-C | Th | 3/24 | 10:00am-11:15am |

Breakfast Club

Are you in the mood for an omelet? Or craving fluffy pancakes? Come join the Lindenhurst Breakfast Crew as we visit restaurants in the local area to start our day off with good conversation and a tasty meal. **Note: Return transportation time is approximate. Phone calls will be made if the time will vary by more than 15 minutes.**

February-Emily's Pancake House, Lindenhurst
 April-IHOP, Gurnee

Location: Meets at Lippert Community Center
Age: 13 & Older
Min/Max: 4/8
Fee: \$20R (\$27 door-to-door) / \$30NR
Reg. Deadline: One week prior

| CODE | DAY | DATE | TRANS. TIME |
|----------|-----|------|----------------|
| 193412-G | Th | 2/4 | 9:00am-11:30am |
| 193412-H | Th | 4/7 | 9:00am-11:30am |

Valentine's Day Candy Making

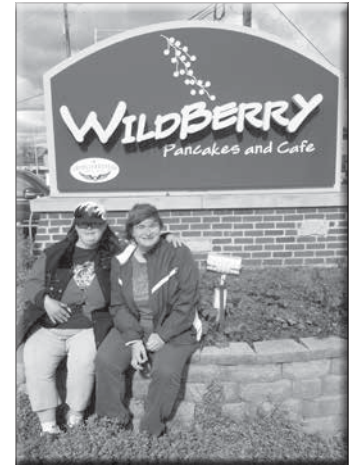
Chocolate, sugar, and confections. This class is perfect for anyone with a sweet tooth. Each parent/child pair will make molded candies, chocolate covered pretzels & marshmallows, and other tasty sweets. One pound of chocolate will be melted per couple. Boxes to transport your sweet creations home will be provided. Recipes may include common food allergens.

Note: Age-appropriate siblings welcome to register.

Location: Lippert Community Center
Age: 5-12 with Parent/Caregiver
Min/Max: 4/8
Fee: \$20R / \$30NR; Sibling Fee-\$15
Reg. Deadline: January 29, 2016



| CODE | DAY | DATE | TIME |
|----------|-----|------|---------------|
| 193413-D | F | 2/11 | 4:00pm-5:30pm |



LINDENHURST VACATION TIME

Winter Escape



Chase the cold away & escape the winter blues with a trip to the Wilderness Resort in the Wisconsin Dells. We will get cozy in our Entertainment Cabin equipped with theater room, billiards table, dart board, hot tub & much more! Don't miss out on a trip to the largest indoor water park. Come chase your winter blues away with your friends from SRSNLC.

Please see the Overnight Trip Policy on page 3 for eligibility

Location: Wisconsin Dells, Wisconsin | **Age:** 16 & Older | **Fee:** \$300 | **Min/Max:** 10/17
Deposit: \$100 non-refundable | **Reg. Deadline:** January 29, 2016

| AGENCY | CODE | DAY | DATE | TRANS. TIME |
|--------|----------|--------|-----------|-------------|
| L | 193401-A | Fri-Su | 2/19-2/21 | TBD |



LINDENHURST ATHLETICS & FANS

All-Star Soccer

Goooooal! Kick off the spring with a new sport. SRSNLC will help you learn soccer skills or improve the ones you have. The Team program competes against local SRA's, the Special Olympics District Tournament and ITRS Tournament in May. The Skills program practices weekly and competes in Special Olympics in April. Gold Medal winners proceed to the Special Olympics Illinois Summer Games in June. **A Medical Application for Special Olympics must be on file and current, see pages 29 & 30.** Don't get a yellow card for missing this program.

***Any athlete under the age of 18 must stay with a parent for any overnight Special Olympic Events.**

Parents are responsible for paying for their own hotel fees.*

Location: Round Lake Sports Center

Program Time: 6pm-7pm

Team Age: 15 & Older

Team Fee: \$60R / \$90NR

Skills Age: 8 & older

Skills Fee: \$45R / \$68NR

Min/Max: 6/10

Reg. Deadline: February 17, 2016

| CODE | DAY | DATE | TRANS. TIME |
|----------|-----|----------|---------------|
| 193411-F | W | 3/2-4/20 | 5:30pm-7:15pm |
| 193411-C | W | 3/2-5/11 | 5:30pm-7:15pm |

All-Stars Softball

Put me in coach. I'm ready to play, today! Grab your glove and bat and be ready for an exciting season of softball. Athletes will practice batting, fielding, and catching to improve their skills prior to competing against other SRAs. The ITRS softball tournament and the Special Olympics Softball tournament are scheduled for July. **Note: A current medical application for Special Olympics must be on file at time of registration, see pages 29 & 30.**

***Practice/Game schedules will be distributed at the first practice. Season length may vary.* If we don't have enough players for a team, we will run a skills program.**

Location: Varies-Meet at Lippert Community Center

Team Age: 15 & Older

Fee: \$60R / \$90NR

Min/Max: 3/12

Reg. Deadline: April 14, 2016

| CODE | DAY | DATE | TRANS. TIME |
|----------|-----|-----------|---------------|
| 193411-D | Tu | 5/10-7/19 | 6:00pm-8:30pm |

Walk, Run & Roll

Walk, run, and roll your way into shape. Increase your stamina in this three-week program designed to get you active and increase your heart rate. **Please bring a water bottle and wear athletic shoes to each class.**

Location: Lippert Community Center

Age: 13 & Older

Min/Max: 4/12

Fee: \$10R / \$15NR

Reg. Deadline: January 9, 2016

| CODE | DAY | DATE | TIME |
|----------|-----|----------|----------------|
| 193411-A | Sa | 1/9-1/23 | 9:00am-10:00am |

Milwaukee Bucks



Cheer on the Milwaukee Bucks as they take on the Miami Heat at the Bradley Center. This program is offered in collaboration with SRSNLC—Zion.

Location: Bradley Center, Milwaukee

Age: 16 & Older

Fee: \$42R / \$63NR

Min/Max: 10/20

Reg. Deadline: January 1, 2016

| CODE | DAY | DATE | TIME |
|----------|-----|------|----------------|
| 193403-C | F | 1/29 | 4:30pm-12:00am |



Bowling Bash

Spend an afternoon hitting the lanes at Pinster's Bowl at SRSNLC's Bowling Bash. Teens will participate in two games of bowling, socialize, and enjoy pizza. This non-competitive bowling party is perfect for seasoned and new bowlers to improve their skills. Shoe rental is included.

Location: Pinster's Bowl & Bar, Zion

Event Time: 4pm-5:30pm

Age: 10-19 Years Old

Min/Max: 4/8

Fee: \$15R / \$23NR

Reg. Deadline: February 25, 2016

| CODE | DAY | DATE | TIME |
|----------|-----|------|---------------|
| 193407-A | Th | 3/10 | 3:25pm-6:00pm |

Recreational Bowling

Spare us the thought of having to bowl without you. This non-competitive bowling league is perfect for seasoned and new bowlers to improve their skills. Two games of bowling and shoe rental is included.

Location: Pinster's Bowl & Bar, Zion

Age: 13 & Older

Min/Max: 4/12

Fee: \$60R / \$90NR per session

\$12R / \$18NR per week

Reg. Deadline: January 14, 2016

| CODE | DAY | DATE | TIME |
|----------|-----|----------|---------------|
| 193411-B | Th | 2/4-3/10 | 3:25pm-6:00pm |



SRSNLC Bowling Tournament

Strike it big at SRSNLC's Annual Bowling Tournament. Test your skills against other local bowlers. Compete in two games to demonstrate your skills. Snacks and awards will be distributed. All abilities welcome—must have a three game average to compete. Shoe rental included.

No bumper bowling

Location: Brunswick Zone, Waukegan

Age: 13 & Older

Fee: \$15R / \$23NR

Min/Max: 4/12

Reg. Deadline: February 12, 2016

| CODE | DAY | DATE | TIME |
|----------|-----|------|---------------|
| 193401-C | Sa | 3/5 | 8:30am-1:30pm |



ROUND LAKE ADULTS

T.O.D.A.Y. Club



T.O.D.A.Y. Club: Together Opening Doors Around You; is a program designed for individuals, ages 18 and older, with a developmental disability looking to enrich their lives in a safe and nurturing environment. As an alternative to the work place, the T.O.D.A.Y. Club will provide a safe environment for life skill education and social development through innovative activities, hands on learning and peer interaction. We will celebrate each day by exploring the participant's community, resources and personal potential. Hours for the Club are 10:00 am - 3:00 pm each day when program is in session.

Participants must:

- Complete registration packet and have a current Annual Information Form on file.
- Be capable of functioning/participating at a ratio of 4 participants to 1 staff and be capable of performing all of their own daily living skills.
- Display the ability to conduct themselves in a socially-appropriate manner.
- New participants must speak with Jessica Jeffery-Findley before registering for the program.

Location: Round Lake Area Park District, Teen/Youth Center

Ages: 18 & Older

Days: Mon/Wed/Fri

Time: 10am-3pm

Min/Max: 4/24

Reg. Deadline: One Week Prior to Program Start Date

MONTH

January (1/4-1/29)

February (2/1-2/29)

March (3/2-3/30)

April (4/1-4/29)

May (5/2-5/-27) No Club 5/30

CODE

22391

22390

22389

22392

22393

PRICE

\$360/\$375

\$390/\$405

\$390/\$405

\$390/\$405

\$360/\$375

ROUND LAKE YOUTH AND TEEN

SRSNLC Playtime

Join SRSNLC at the Teen/Youth Center for some playtime with your tot. We will have age appropriate activities set up for you and your tot to work on socialization, gross and fine motor skills, as well as sensory play.

NEW

Location: Round Lake Area Park District, Teen/Youth Center

Min/Max: 4/8

Ages: 2-6

Fee: \$5R / \$8NR

| CODE | DAY | DATE | TIME |
|---------------------------------|-----|------|-----------------|
| 22572 | W | 1/20 | 5:00pm-6:00pm |
| Reg. Deadline: January 13, 2016 | | | |
| 22573 | S | 2/13 | 10:00am-11:00am |
| Reg. Deadline: February 5, 2016 | | | |
| 22574 | W | 3/16 | 5:00pm-6:00pm |
| Reg. Deadline: March 9, 2016 | | | |
| 22575 | S | 4/9 | 10:00am-11:00am |
| Reg. Deadline: April 2, 2016 | | | |

Pizza and a Movie

It's the weekend and that can only mean one thing....pizza and a movie! Join your friends for delicious pizza and the latest flick. When the movie is over the fun does not end as we will play different games!

Location: Round Lake Area Park District, Teen/Youth Center

Min/Max: 5/12

Ages: 13 & Older

Fee: \$12R / \$18NR

| CODE | DAY | DATE | TIME |
|----------------------------------|-----|------|---------------|
| 22394 | F | 1/15 | 6:00pm-8:00pm |
| Reg. Deadline: January 8, 2016 | | | |
| 22395 | F | 2/19 | 6:00pm-8:00pm |
| Reg. Deadline: February 12, 2016 | | | |
| 22396 | F | 3/18 | 6:00pm-8:00pm |
| Reg. Deadline: March 11, 2016 | | | |
| 22397 | F | 4/8 | 6:00pm-8:00pm |
| Reg. Deadline: April 1, 2016 | | | |

SRSNLC Family Game Night

Come test out your gaming skills and join other SRSNLC families at the Teen Center for some good old fashioned board games. From Candyland and Memory to Don't Spill the Beans we have a game your family is sure to enjoy. This program is open for participants and their families to play games with one another and other friends.

Location: Round Lake Area Park District, Teen/Youth Center

Min/Max: 4/12

Ages: 3-12

Fee: \$5R / \$8NR

| CODE | DAY | DATE | TIME |
|---------------------------------|-----|------|---------------|
| 22569 | W | 1/13 | 5:30pm-7:30pm |
| Reg. Deadline: January 6, 2016 | | | |
| 22570 | F | 2/26 | 5:30pm-7:30pm |
| Reg. Deadline: February 1, 2016 | | | |
| 22571 | Th | 4/7 | 5:30pm-7:30pm |
| Reg. Deadline: March 31, 2016 | | | |

SRSNLC Gamers Night

Looking for something fun to do with your friends after school? Come on over to the Teen Center for fun and games. We will have a variety of games to play while you socialize with your friends and make new ones. We will have the Nintendo Wii, iPads, board games and more!!

NEW

Location: Round Lake Area Park District, Teen/Youth Center

Min/Max: 5/12

Ages: 13 & Older

Fee: \$8R / \$12NR

| CODE | DAY | DATE | TIME |
|---------------------------------|-----|------|---------------|
| 22683 | W | 2/10 | 5:30pm-7:00pm |
| Reg. Deadline: February 3, 2016 | | | |
| 22684 | W | 4/20 | 5:30pm-7:00pm |
| Reg. Deadline: April 13, 2016 | | | |

ROUND LAKE YOUTH AND TEEN

PROGRAM GUIDE KEY



BUS – Door to Door
Programs with this symbol offer door to door transportation with additional fee.



HOUSE – Transportation Home Only
Programs with this symbol offer transportation home only.



DOLLAR BILL – Bring Spending Money
Programs with this symbol require additional money be brought for the purchase of a meal or souvenirs.

Kings and Queens of Karaoke

Calling all Karaoke Junkies - come show off your singing talents! We'll spin the records and turn up the mic for your favorite song - bring your friends for this great event! Refreshments will be provided.

Location: Round Lake Area Park District, Teen/Youth Center
Min/Max: 5/25 | **Ages:** 13 & Older | **Fee:** \$8R / \$12NR



| CODE | DAY | DATE | TIME |
|--|-----|------|---------------|
| 22681 | S | 1/23 | 6:00pm-7:30pm |
| <i>Reg. Deadline: January 16, 2016</i> | | | |
| 22682 | F | 3/25 | 6:00pm-7:30pm |
| <i>Reg. Deadline: April 18, 2016</i> | | | |

ROUND LAKE ON THE TOWN

What's Cooking Lake County



You have just been designated SRSNLC's newest food critic; let's see how our Lake County area restaurants measure up. Try out specialty dishes and rate the restaurant and food based on your experience. Drop off provided for Round Lake, Fox Lake and Lake Villa residents only. **Please remember to bring money for dinner. Recommended amount is \$20.00.**

Drop Off & Pick-Up Location: Round Lake Area Park District, Teen/Youth Center

Min/Max: 4/12

Ages: 13 & Older

Fee: \$12R (\$4 drop off) / \$18NR

- 1/20—Olive Garden, Gurnee
- 2/17—Able's, Grayslake
- 3/16—Mickey Finn's, Libertyville
- 4/13—David's Bistro, Antioch

| CODE | DAY | DATE | TIME |
|---|-----|------|---------------|
| 22428 | W | 1/20 | 6:00pm-8:30pm |
| <i>Reg. Deadline: January 13, 2016</i> | | | |
| 22424 | W | 2/17 | 6:00pm-8:30pm |
| <i>Reg. Deadline: February 10, 2016</i> | | | |
| 22427 | W | 3/16 | 6:00pm-8:30pm |
| <i>Reg. Deadline: March 9, 2016</i> | | | |
| 22425 | W | 4/13 | 6:00pm-8:30pm |
| <i>Reg. Deadline: April 6, 2016</i> | | | |



Breakfast Club



Come on and join the club! Spend the morning at one of our many favorite breakfast spots, socializing with all of your friends. This program will meet once a month and will explore some of Lake County's tasty breakfast restaurants. Door to door transportation will be provided for Round Lake, Lake Villa, Antioch and Fox Lake based on restaurant location. **Please remember to bring money for your meal.**

Drop Off & Pick-Up Location: Round Lake Area Park District, Teen/Youth Center

Min/Max: 4/12

Ages: 18 & Older

Fee: \$12R (\$6 door-to-door) / \$18NR

- 1/5—Egg Harbor, Libertyville
- 2/2—Whistle Stop, Fox Lake
- 3/1—Las Vegas, Antioch

| CODE | DAY | DATE | TIME |
|---|-----|------|----------------|
| 22405 | Tu | 1/5 | 9:00am-12:00pm |
| <i>Reg. Deadline: December 29, 2015</i> | | | |
| 22406 | Tu | 2/2 | 9:00am-12:00pm |
| <i>Reg. Deadline: January 26, 2016</i> | | | |
| 22407 | Tu | 3/1 | 9:00am-12:00pm |
| <i>Reg. Deadline: February 23, 2016</i> | | | |



WSRA Mardi Gras Dance

It's time for WSRA's Annual Mardi Gras Festival! Grab some friends, a mask and some beads and join your friends for a great evening! A full dinner, entertainment and music will be provided.

Drop Off & Pick-Up: Round Lake Area Park District, Teen/Youth Center

Program Location: Warren Town Hall, Gurnee

Min/Max: 4/12

Ages: 13 & Older

Fee: \$18R / \$27NR

Reg. Deadline: January 7, 2016

| CODE | DAY | DATE | TIME |
|-------|-----|------|---------------|
| 22510 | F | 2/5 | 6:30pm-9:30pm |

Chicago Wolves Hockey Game



Another great season of Wolves' Hockey in Chicago has begun. This is the cutting edge of the American League Hockey. Come with SRSNLC to see the Wolves crush the Milwaukee Admirals. It will be a howlin' good time! Participants are encouraged to bring extra money for food and souvenirs.

Drop Off & Pick-Up: Round Lake Area Park District, Teen/Youth Center

Location: Allstate Arena

Min/Max: 4/6

Ages: 15 & Older

Fee: \$30R / \$45NR

Reg. Deadline: February 5, 2016

| CODE | DAY | DATE | TIME |
|-------|-----|------|----------------|
| 22706 | S | 2/27 | 4:00pm-11:00pm |

ROUND LAKE ON THE TOWN

Spring Excursion Bradford Woods, Indiana

Return to an outdoor adventure as we head to the Bradford Woods in Indiana for a second chance for fun and relaxation. Try your hand at outdoor challenges and appreciate the beauty of nature. Learn to ride a horse or enjoy a hand-on ground experience with these majestic animals. A chance for new experiences awaits you. We will be staying in the Wolf House that offers: shared rooms with single beds, showers, dining area, and full kitchen. Rain plans will be arranged, should the weather not cooperate. Rid yourself of the winter blues by joining us on an exploration in nature! **Note: please refer to Overnight Trip Policies on page 3 to determine eligibility.**

Location: Round Lake Area Park District, Teen/Youth Center

Min/Max: 6/12 | **Ages:** 18 & Older

Fee: \$360, \$150 non-refundable deposit due on March, 2016 | **Reg. Deadline:** March 4, 2016

| CODE | DAY | DATE | TIME |
|-------|-------|-----------|------|
| 22707 | Th-Su | 4/21-4/24 | TBA |

ROUND LAKE SPORTS AND FITNESS

Special Olympics Bocce and Track & Field

New Bocce and Track and Field together in one night! We will focus on Track and field for the first 45 minutes and then transition to Bocce. Both sports will compete in districts competitions. **A current med app must be on file, see pages 29 & 30.** Athletes will only be able to compete in one sport at state.



Program Location: Round Lake Area Park District, Robert W. Rolek Community Center

Min/Max: 4/24

Ages: 8 & Older

Fee: \$90R / \$135NR

Reg. Deadline: February 9, 2016

| CODE | DAY | DATE | TIME |
|-------|-----|-----------|------------|
| 22630 | Tu | 2/23-4/26 | 6pm-7:30pm |



Special Olympics Bowling

Bowling is perhaps the most popular Special Olympics sport in Illinois. Join us Thursday evenings for bowling and start training for the Area 13 bowling tournament in June. Bowlers of all abilities are welcome. The fee includes two games of bowling and shoe rental. Games begin promptly at 6:30pm, please arrive early to prepare.

Location: Kristof's Entertainment Center, Round Lake Beach

Min/Max: 10/40

Ages: 8 & Older

Fee: \$60R / \$90NR

WINTER/SPRING #1 SESSION

| CODE | DAY | DATE | TIME |
|-------|-----|-----------|---------------|
| 22398 | Th | 2/11-3/31 | 6:30pm-7:45pm |

Reg. Deadline January 26, 2016

WINTER/SPRING #2 SESSION

| CODE | DAY | DATE | TIME |
|-------|-----|----------|---------------|
| 22400 | Th | 4/7-5/26 | 6:30pm-7:45pm |

Reg. Deadline March 24, 2016



Special Olympics All-Star Soccer

Goooooal! Kick off the spring with a new sport. SRSNLC will help you learn soccer skills or improve the one's you have. The team program competes against local SRA's and at the Special Olympics District Tournament and ITRS Tournament in May. Gold medal winners proceed to the Special Olympics Illinois Summer Games in June. **A Medical Application for Special Olympics must be on file and current, see pages 29 & 30.**

Program Location: Round Lake Area Park District Sports Center

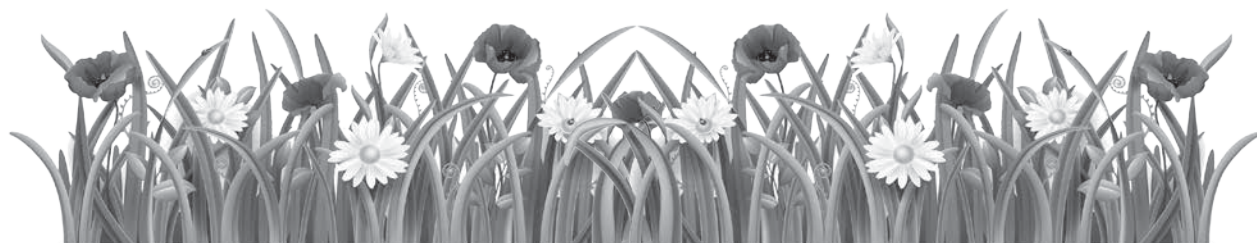
Min/Max: 6/10

Ages: 15 & Older

Fee: \$60R / \$90NR

Reg. Deadline: February 17, 2016

| CODE | DAY | DATE | TIME |
|-------|-----|----------|---------|
| 22708 | W | 3/2-5/11 | 6pm-7pm |



WAUKEGAN ARTS AND CRAFTS

PROGRAM GUIDE KEY



BUS – Door to Door

Programs with this symbol offer door to door transportation with additional fee.



HOUSE – Transportation Home Only

Programs with this symbol offer transportation home only.



DOLLAR BILL – Bring Spending Money

Programs with this symbol require additional money be brought for the purchase of a meal or souvenirs.

Chef Masters



Whatcha got cookin'? In a three week session you will prepare your own dinner that includes all five food groups as well as learn about safety and hygiene.

Location: Douglas House

Age: 13 & Older

Fee: \$29R (\$40 w/transportation) / \$44NR

Min/Max: 3/6

Reg. Deadline: January 19, 2016

| CODE | DAY | DATE | TIME |
|-------------|-----|----------|---------------|
| 11106301-1A | M | 1/25-2/8 | 5:30pm-7:00pm |



Craft Connoisseurs



"Art activates the creative part of our brain – the part that works without words and can only be expressed nonverbally." - Grant Eckert
Activate your brain in this three week session. Art materials will be provided. Experience the benefits of art each week!

Location: Douglas House

Age: 13 & Older

Fee: \$20R (\$30w/transportation) / \$29NR

Min/Max: 4/10

Reg. Deadline: March 14, 2016

| CODE | DAY | DATE | TIME |
|-------------|-----|----------|---------------|
| 11103302-1A | M | 3/21-4/4 | 6:00pm-7:00pm |



WAUKEGAN SOCIALS AND OUTINGS

Restauranteurs



Develop your sense of taste as we sample local eateries in the Waukegan area. Enjoy the company of other diner's in a relaxed atmosphere as we dine on the local cuisine. Fee includes your meal and transportation to and from the establishment.

Location: Varies | **Age:** 13 & Older | **Fee:** \$26R / \$39NR per outing | **Min/Max:** 4/10

| CODE | DAY | DATE | LOCATION | TIME | REG. DEADLINE |
|-------------|-----|------|-----------|---------------|---------------|
| 11104317-1A | M | 2/22 | Red Robin | 5:30pm-7:00pm | 2/16 |
| 11104317-2A | M | 4/11 | IHOP | 5:30pm-7:00pm | 4/4 |

The Recreation Station



Enjoy a little fun for everyone! The Recreation Station is here to fill your night with a taste of all sorts of recreation mediums. From drama to music to art to sports, we'll try a little of everything. Activities are scheduled to change every fifteen minutes. This is a great program for individuals that are looking to find out his/her interests in the field of recreation or someone who likes variety!

Location: Douglas House | **Age:** 13 & Older | **Min/Max:** 4/10 | **Fee:** \$8R (\$13 w/ transportation) / \$12NR

| CODE | DAY | DATE | TIME | REG. DEADLINE |
|-------------|-----|------|-----------------------|---------------|
| 11103309-1A | M | 2/29 | approx. 6:00pm-7:00pm | 2/22 |
| 11103309-2A | M | 3/14 | approx. 6:00pm-7:00pm | 3/7 |
| 11103309-3A | M | 4/18 | approx. 6:00pm-7:00pm | 4/11 |

WAUKEGAN SOCIALS AND OUTINGS

Movie Review Crew



Watch the latest flick on the big screen! We will travel to the local theatre for an evening out at the movies. Moviegoers will be called the day of the program with their pick-up time. Admission is included in the price. Bring your own money for refreshments or pay the refreshment fee.

Location: Gurnee Cinemas

Age: 13 & Older

Refreshment Fee Option: \$26R / \$39NR

No Refreshment Fee Option: \$21R / \$32NR

Min/Max: 6/10

Reg. Deadline: One week prior to the program.

| CODE | DAY | DATE | TIME |
|-------------|-----|------|-----------------|
| 11104302-1A | M | 1/11 | approx. 7pm-9pm |
| 11104302-2A | M | 3/7 | approx. 7pm-9pm |

Chicago Wolves Games



Another great season of Wolves' Hockey in Chicago has begun. This is the cutting edge of the American League Hockey. Come with SRSNLC to see the Wolves crush the Milwaukee Admirals. It will be a howlin' good time! Participants are encouraged to bring extra money for food and souvenirs.

Location: All State Arena, Rosemont

Age: 15 & Older

Fee: \$30R / \$45NR

Min/Max: 4/7

Reg. Deadline: February 5, 2016

Meet at the Douglas House: 4pm

| CODE | DAY | DATE | TIME |
|-------------|-----|------|----------------|
| 11104303-1A | Sa | 2/27 | 4:00pm-11:45pm |

Milwaukee Bucks



Let's head to the Bradley Center in Milwaukee and cheer on the Milwaukee Bucks, as they go head to head with the Miami Heat!

Meet at: Douglas House

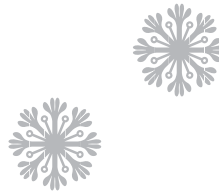
Age: 15 & Older

Min/Max: 2/8

Fee: \$45R / \$68NR

Reg. Deadline: December 29, 2015

| CODE | DAY | DATE | TIME |
|-------------|-----|------|----------------|
| 11104304-1A | F | 1/29 | 4:45pm-12:00am |



Spring Formal Dance



Spring has sprung! Get all dressed up for the NSSRA Spring Formal. Dance the night away and enjoy snacks too! Will you be the King or Queen of the Ball?

***Participants should refrain from wearing jeans and t-shirt. Dress clothes are recommended.**

Location: Glenview

Age: 16 & Older

Fee: \$25R / \$38NR

Min/Max: 6/10

Reg. Deadline: April 8, 2016

| CODE | DAY | DATE | TIME |
|-------------|-----|------|----------------|
| 11104318-1A | F | 5/6 | 5:45pm-11:00pm |

Breakfast Club

Are you in the mood for an omelet? Or craving fluffy pancakes? Come join the Lindenhurst Breakfast Crew as we visit restaurants in the local area to start our day off with good conversation and a tasty meal. **Note: Return transportation time is approximate. Phone calls will be made if the time will vary by more than 15 minutes.**

February: Emily's Pancake House, Lindenhurst

Location: Meet at the Douglas House

Age: 13 & Older

Min/Max: 2/8

Fee: \$26R / \$30NR

Reg. Deadline: January 28, 2016

| CODE | DAY | DATE | TRANS. TIME |
|-------------|-----|------|----------------|
| 11104326-1A | Th | 2/4 | 8:30am-11:30am |



Out & About



The average American watches 4 ½ hours of television every day. That is way too much! Get out and about to enjoy the community. Every program offers the chance to increase social skills, make friends, and get off your couch!

Location: Varies: Meet at the Douglas House | **Age:** 13 & Older | **Min/Max:** 4/10

| CODE | DAY | DATE | ACTIVITY | TIME | FEE | REG. DEADLINE |
|-------------|-----|------|------------------------|----------------|-----------------|---------------|
| 11104305-1A | F | 2/5 | Sweetheart Swing Dance | 5:45pm-9:30pm | \$7R / \$11NR | 1/8 |
| 11104305-2A | F | 4/8 | Groovefest Dance | 6:15pm-10:30pm | \$22R / \$ 33NR | 3/23 |



WAUKEGAN VACATION TRIPS

Winter Escape

Chase the cold away & escape the winter blues with a trip to the Wilderness Resort in the Wisconsin Dells. We will get cozy in our Entertainment Cabin equipped with theater room, billiards table, dart board, hot tub & much more! Don't miss out on a trip to the largest indoor water park! Come chase your winter blues away with your friends from SRSNLC.

Please see the Overnight Trip Policy on page 3 for eligibility

Contact Zion at 847-746-5500 to register

Location: Wisconsin Dells, WI

Age: 16 & Older

Fee: \$300

Min/Max: 10/17

Deposit: \$100 non-refundable

Reg. Deadline: January 29, 2016

| DAY | DATE | TIME |
|--------|-----------|------|
| Fri-Su | 2/19-2/21 | TBA |

Spring Excursion: Bradford Woods, Indiana

Return to an outdoor adventure as we head to the Bradford Woods in Indiana for a second chance for fun and relaxation. Try your hand at outdoor challenges and appreciate the beauty of nature. Learn to ride a horse or enjoy a hands on ground experience with these majestic animals. A chance for new experiences awaits you. We will be staying in the Wolf House that offers: shared rooms with single beds, showers, dining area, and full kitchen. Rain plans will be arranged, should the weather not cooperate. Rid yourself of the winter blues by joining us on an exploration in nature! **Note: please refer to Overnight Trip Policies on page 3 to determine eligibility.**

Location: Bradford Woods, Indiana

Age: 18 & Older

Fee: \$360R per person

(\$150 nonrefundable deposit due on March 4)

*Ask about our monthly installment plan

Min/Max: 6/12

Reg. Deadline: March 4, 2016

| CODE | DAY | DATE | TIME |
|-------------|-------|-----------|------|
| 11104309-1A | Th-Su | 4/21-4/24 | TBA |



WAUKEGAN SPORTS & FITNESS

Jazzercise



Experience a new way to exercise to today's latest music. Complete a total body work out in only 45 minutes, followed by a taste test of healthy foods to help maintain a healthy lifestyle. No experience necessary, just a night for beginner exercisers!

Location: Meet at the Douglas House

Age: 13 & Older

Min/Max: 4/10

Fee: \$15R / \$23NR

Reg. Deadline: January 8, 2016

| CODE | DAY | DATE | TIME |
|-------------|-----|------|---------------|
| 11101315-1A | F | 1/22 | 4:45pm-7:00pm |

Time to Spare Bowling



Do you have some time to spare for a friendly game or two? Bowling can help improve hand-eye coordination, strength, flexibility, and gross motor skills. Socialize while you wait for your turn. Fee includes two games of bowling and rental shoes. Bowlers will receive refreshments, snacks, and a prize on the last day of class. Sign up for one or both sessions!

Location: Brunswick Zone Fountain Square | **Age:** 8 & Older

Fee: \$79R (\$113 w/transportation) / \$119NR per session ***New 10 week sessions!**

Min/Max: 10/24 | **Reg. Deadline:** February 17, 2016

| CODE | DAY | DATE | TIME |
|-------------|-----|-----------|---------------|
| 11101303-1A | W | 2/24-4/27 | 4:45pm-6:00pm |

Shake It Up



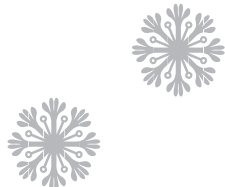
Did you stick with your New Year's resolution to lose weight? Let SRSNLC help! At the Field House Sports & Fitness Center there are plenty of ways to exercise. Come learn about the fitness equipment, use the walking track, or get an aerobic work-out.

Location: The Field House Sports & Fitness Center

Age: 13 & Older | **Fee:** \$18R (\$46 w/transportation) / \$26NR

Min/Max: 4/10

| CODE | DAY | DATE | TIME | REG. DEADLINE |
|-------------|-----|-----------|---------------|---------------|
| 11101304-1A | Th | 1/28-3/3 | 5:15pm-6:15pm | 1/21 |
| 11101304-2A | Th | 4/14-5/19 | 5:15pm-6:15pm | 4/7 |



WAUKEGAN SPORTS & FITNESS

***Please note that if an athlete scratches after the Special Olympics scratch deadline date the penalty is \$50 per athlete. It will be the athlete's responsibility to pay the penalty.** Athletes may compete in multiple sports; however, they must commit to their team sport if they qualify for state in multiple sports. ***Any athlete under the age of 18 must stay with a parent for any overnight Special Olympic Events. Please see overnight trip policies for those 18 years and older on page 3. Parents are responsible for paying for their own hotel fees.**

Bocce Ball

This is a lifelong sport where everyone can participate. Athletes may compete in singles or doubles. No experience necessary, just a desire to play. Gold medal winners from the Special Olympics Tournament in April will proceed to the Special Olympics Illinois Summer Games in June. **A Medical Application for Special Olympics must be on file and current, see pages 29 & 30.**

Location: Belvidere Recreation Center
Age: 8 & Older
Fee: \$60R / \$90NR
Min/Max: 4/8
Reg. Deadline: February 16, 2016

| CODE | DAY | DATE | TIME |
|-------------|-----|-----------|---------------|
| 11101305-1A | Tu | 2/23-4/12 | 4:00pm-5:00pm |



Track & Field

Lace up those athletic shoes and meet us at the track. Athletes can choose from a variety of events in which to compete and will train for the District Meet. Gold Medal Winners from the Special Olympics Tournament in April will proceed to the Special Olympics Summer Games in June. **A Medical Application for Special Olympics must be on file and current, see pages 29 & 30.**

Location: The Field House Sports & Fitness Center
Age: 8 & Older
Fee: \$60R / \$90NR
Min/Max: 3/10
Reg. Deadline: March 1, 2016

| CODE | DAY | DATE | TIME |
|-------------|-----|----------|---------------|
| 11101306-1A | Tu | 3/8-4/26 | 5:30pm-6:30pm |



All-Star Soccer

Goooooal! Kick off the spring with a new sport. SRSNLC will help you learn soccer skills or improve the ones you have. The Team program competes against local SRA's, at the Special Olympics District Tournament and ITRS Tournament in May. The Skills program practices weekly and also competes in Special Olympics in April. Gold Medal winners proceed to the Special Olympics Illinois Summer Games in June. **A Medical Application for Special Olympics must be on file and current, see pages 29 & 30.** Don't get a yellow card for missing this program.

Location: Round Lake Sports Center
Program Time: 6:00-7:00PM
Team Age: 15 & Older
Team Fee: \$60R / \$90NR
Skills Age: 8 & older
Skills Fee: \$45R / \$68NR
Min/Max: 6/10
Reg. Deadline: February 17, 2016

| TEAM | | | |
|-------------|-----|----------|---------------|
| CODE | DAY | DATE | TRANS. TIME |
| 11101301-1A | W | 3/2-5/11 | 5:15pm-7:30pm |

| SKILLS | | | |
|-------------|-----|----------|---------------|
| CODE | DAY | DATE | TRANS. TIME |
| 11101301-1B | W | 3/2-4/20 | 5:15pm-7:30pm |



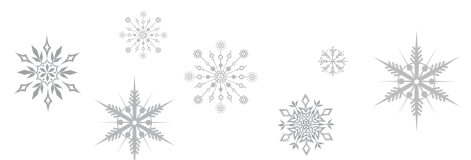
All-Stars Softball

Put me in coach, I'm ready to play today! Grab your glove and bat and head to the field! Softball is back in season. Athletes will practice batting, fielding, and catching to improve their skills before competing against other teams in the area. The ITRS and Special Olympics Softball Tournaments will be in July. **A Medical Application for Special Olympics must be on file and current, see pages 29 & 30.**

If we cannot get enough players for a team, we will conduct a softball skills program

Location: TBA | **Age:** 15 & Older
Fee: \$60R / \$90NR | **Min/Max:** 5/12 | **Reg. Deadline:** April 26, 2016

| CODE | DAY | DATE | TIME |
|-------------|-----|-----------|---------------|
| 11101307-1A | Tu | 5/10-7/19 | 6:30pm-8:00pm |



WAUKEGAN FAMILY PROGRAMS

Family Zumba

Make a commitment to get healthy with your family! Zumba combines Latin American music and dance to create one great class that feels more like a party than a work-out. We'll begin with the basics, so everyone can join with or without previous dance experience. At least one member of the family must have a disability. One member of the family must also be over 18 and not a regular SRSNLC participant.

Location: Jane Addams Center | **Min/Max:** 6/20 | **Age:** 10 & Older | **Fee:** \$5R / \$8NR per family member

| CODE | DAY | DATE | TIME | REG. DEADLINE |
|-------------|-----|------------|---------------|---------------|
| 11101402-1A | W | 1/13 -2/17 | 6:00pm-6:45pm | 1/6 |
| 11101402-2A | W | 5/11-6/15 | 6:00pm-6:45pm | 5/4 |

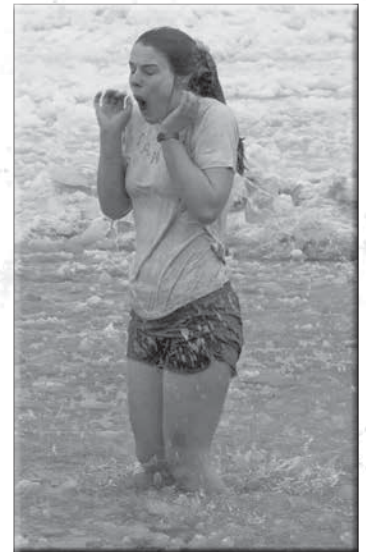
WAUKEGAN INCLUSIVE OPPORTUNITIES

17th Annual Polar Bear Plunge

Tell us your "Reason for Freezin'," and join us as the Waukegan Park District and the City of Waukegan host the 17th Annual Polar Bear Plunge at the Waukegan Municipal Beach. Proceeds benefit Waukegan athletic and scholarship programs for the Special Recreation Services of Northern Lake County. Start the 2016 New Year off with a splash or watch from the sidelines! The first 400 taking the plunge will receive an event shirt. SRSNLC is seeking volunteers to help host this event. Please call 847-360-4763 for more information and to find out how to join our Pledging Program and receive an event souvenir. **SRSNLC staff are not responsible for participants' care. Onsite registration begins at 9am.**

Location: Waukegan Municipal Beach
Fee: \$15 pre-registration / \$20 day of event
Pre-registration Deadline: December 30, 2015
 at 4:00pm

| CODE | DAY | DATE | TIME |
|-------------|-----|--------|-----------------|
| 10101402-1A | F | 1/1/16 | 10:00am-11:00am |



WAUKEGAN JUST FOR KIDS & TEENS

Spring Break Camp - Buds & Bloomers



Spring Break is just around the corner, what will you be doing? SRSNLC has a week full of fun activities planned, including a fieldtrip, community outings, games, crafts, and much more! **Please send a sack lunch everyday!** *The Waukegan Park District Procedure for Participant Behavior will be enforced. A signed behavior contract by parents and participants is required.*

Location: Douglas House | **Fee:** \$85R / \$128NR | **Min/Max:** 4/10 | **Reg. Deadline:** March 21, 2016

| BUDS AGES: 5-12 | | | |
|-----------------|-----|---------|---------------|
| CODE | DAY | DATE | TIME |
| 11102205-1A | M-F | 4/4-4/8 | 9:30am-4:00pm |

| BLOOMERS AGES: 13-22 | | | |
|----------------------|-----|---------|---------------|
| CODE | DAY | DATE | TIME |
| 11102304-1A | M-F | 4/4-4/8 | 9:30am-4:00pm |

WAUKEGAN JUST FOR KIDS & TEENS

Otters: Swim Lessons for Youth with Disabilities

Tired of feeling like an otter out of water? Swimming is an essential life skill for safety, fitness, and fun! Special Recreation is offering swimming lessons for children with disabilities. All lessons are based on the Swim Smart Program, but are designed around the individual swimmer. Whether your goal is to just get comfortable in the water, support sensory experiences, or become a competitive swimmer, Special Recreation can guide you along the way. Jump on in, the water's great!

*Lessons are 30 minutes and have a maximum group size of 2 swimmers to one instructor. **Swim times are offered between 10am-1pm. Times will be assigned based on instructor availability and space in the pool.** Registrants will receive time assignments the week that class begins. Please contact Kari at 847-360-4763 to complete an initial assessment of your child's current skill level.

Location: Ann M. Kiley Development Center | **Age:** 4-14 years | **Fee:** \$50R / \$75NR
Min/Max: 2/10 | **Reg. Deadline:** One week prior

| CODE | DAY | DATE |
|-------------|-----|------------|
| 10402205-1A | Sa | 1/9 - 2/13 |
| 10402205-2A | Sa | 2/20-3/26 |
| 10402205-3A | Sa | 4/9-5/14 |

contact 847-360-4763 for assigned time.
contact 847-360-4763 for assigned time
contact 847-360-4763 for assigned time.



School's Off



Just because there is no school doesn't mean you have to sit around all day. SRSNLC is going to provide you with a full day of your favorite subject, recess! Join us as we spend the day on fun fieldtrips, playing games, and getting to know new friends. Please send a sack lunch. **SRSNLC will provide door to door transportation for Waukegan in-district residents on full days off.**

Location: The Douglas House
Age: 5-12
Min/Max: 4/10
Fee: \$26R / \$34NR
Reg. Deadline: Two weeks prior

| CODE | DAY | DATE | TIME |
|-------------|-----|------|---------------|
| 11102202-1A | Th | 1/14 | 9:30am-4:00pm |
| 11102202-2A | F | 1/15 | 9:30am-4:00pm |
| 11102202-3A | Tu | 2/16 | 9:30am-4:00pm |
| 11102202-4A | F | 3/25 | 9:30am-4:00pm |



Pint-sized Picassos



Is your child the next great artist? Let SRSNLC help unlock his or her creativity in this three week art class. Art activities support small motor development, increasing focus, and imagination! Let our staff give your child an introduction into the art world through various art mediums.

Location: Douglas House
Age: 5-12 years
Fee: \$23R / \$35NR
Min/Max: 4/6
Reg. Deadline: March 3, 2016

| CODE | DAY | DATE | TIME |
|-------------|-----|-----------|---------------|
| 11103201-1A | Th | 3/17-3/31 | 4:30pm-5:30pm |



Teen Scene



Hit the Teen Scene! Get out and enjoy what the community has to offer. Teen Scene is your chance to make new friends and develop new skills. Each month will be a new activity.

1/29-Bucks Game *15 years & older
2/27-Wolves Game *15 years & older
4/8-Groovefest Dance

Location: Varies: Meet at the Douglas House | **Age:** 13-19 years | **Min/Max:** 4/6

| CODE | DAY | DATE | TIME | FEE | REGISTER BY |
|-------------|-----|------|----------------|-----------------|-------------|
| 11104304-1A | F | 1/29 | 4:45pm-11:00pm | \$45R / \$68NR | 12/29 |
| 11104303-1A | Sa | 2/27 | 4:00pm-11:45pm | \$30R / \$ 45NR | 2/5 |
| 11104305-2A | F | 4/8 | 6:15pm-10:30pm | \$ 22R / \$33NR | 3/23 |



WAUKEGAN SUMMER DAY CAMPS

***All Camps require a \$20.00 non-refundable deposit with registration.**

***Please send a sack lunch everyday. Following registration you will receive more information regarding medication and other camp information. The Waukegan Park district Procedure for Participant Behavior will be enforced. Please see our summer brochure for dates and fees or contact Kari at 847-360-4763. Registration begins in April!**

Half Day Happenings

Find out about camp in half the time. Each day will provide art, sports, and socialization. This camp is great for families looking to let their kids try-out camp to see if they are ready for full day. This camp is highly recommended for any children who have not done a full day of school yet.

No Camp on Monday, July 4th

NO TRANSPORTATION

Location: Field House

Age: 5-12

Fee: TBD

Min/Max: 6/12

Campapalooza



Join in the camp that is nonstop fun! Get messy, enjoy learning, and get physically active at Campapalooza. Counselors offer guidance and fun activities in an environment that is always changing. Campers will explore Lake County and all it has to offer while building lasting friendships. Sign up for one 2-week session or all four. ***Campers must have completed a full day of school to enter this camp.**

No Camp on Monday, July 4th

Location: Douglas House

Age: 6-12

Fee: TBD

Min/Max: 6/24



TNT Camp

The fuse is lit! TNT Camp is for teens with a developmental disability. TNT will explode with days of summer fun! Don't miss out on a summer full of fieldtrips, fitness, swimming, games, crafts, learning about your community and more. Let us help your child develop social skills, self-esteem and enhance his or her physical abilities. Please send a sack lunch everyday.

No Camp on Monday, July 4th

NO TRANSPORTATION

Location: Belvidere Recreation Center

Age: 14-22

Fee: TBD

Min/Max: 6/12



After School Action

When summer school ends, keep your muscles and mind engaged. After School Action Camp will help summer school students decompress after a long day in the classroom. Learn, play and enhance your child's social skills through art, music, sports, and more! Parents are responsible for arranging transportation to the camp location after school is over.

***The Special Recreation Area of the Waukegan Park District is working in cooperation with the Waukegan School District for this camp program.**

Please contact 847-360-4763 for the most up to date information on dates, times, locations and prices.

Location: TBD

Age: 6-21

Fee: TBD

Min/Max: 6/12



ZION SPORTS & FITNESS

Bowling

STRIKE! Come join a great group of people once a week for a fun, non-competitive evening of bowling. Fee includes 2 games of bowling & shoes.

Location: Pinsters Bowl & Bar, Zion

Age: 8 & older

Min/Max: 10/50

Fee: \$7 per day R / \$80 per session R

\$11 per day NR / \$120 per session NR

Reg. Deadline: January 1, 2016

| CODE | DAY | DATE | TIME |
|----------|-----|----------|---------------|
| 470401-1 | Th | 1/21-4/7 | 4:00pm-5:30pm |



Special Olympics Bowling Tournament

Come take a chance to qualify for the Special Olympics Sectional bowling tournament! The Regional tournament is held at Brunswick Zone in Lake Zurich.

****Must be active in the bowling program to go to tournament****

****Must have a Special Olympics Application on file to participate, see pages 29 & 30****

Meet at: Special Rec Activity Room, Leisure Center

Age: 8 & Older

Min/Max: 3/12

Fee: \$10R / \$15NR

Reg. Deadline: March 4, 2016

| CODE | DAY | DATE | TIME |
|----------|-----|------|------|
| 471701-1 | Su | 5/22 | TBD |

Open Gym

Stop by for SRSNLC's Open Gym. This is an opportunity to come in & shoot some hoops, play a fun game of volleyball & duck from a dodge ball. Activities are loosely organized & individuals are able to pick the activity they would enjoy.

Location: Leisure Center, Gym

Age: 8 & Older

Min/Max: 6/20

Fee: \$5R / \$8NR per session

| CODE | DAY | DATE | TIME |
|----------|-----|------|---------------|
| 470031-1 | F | 1/8 | 5:30pm-6:30pm |

Reg. Deadline: December 28, 2015

| | | | |
|----------|---|------|---------------|
| 470031-2 | F | 2/19 | 5:30pm-6:30pm |
|----------|---|------|---------------|

Reg. Deadline: February 5, 2016

| | | | |
|----------|---|------|---------------|
| 470031-3 | F | 3/11 | 5:30pm-6:30pm |
|----------|---|------|---------------|

Reg. Deadline: February 26, 2016

| | | | |
|----------|---|------|---------------|
| 470031-4 | F | 4/29 | 5:30pm-6:30pm |
|----------|---|------|---------------|

Reg. Deadline: April 15, 2016

ZION TAKE THE DAY OFF

Denny's & Matinee



Hey, is anyone in the mood for a great breakfast at Denny's to get the day started and an awesome movie at Gurnee Cinema to end it? Come play hooky with your friends from SRSNLC!

Meet at: Special Rec Activity Room, Leisure Center

Age: 16 & Older

Min/Max: 4/8

Fee: \$28R / \$42NR

| CODE | DAY | DATE | TIME |
|----------|-----|------|----------------|
| 471611-1 | F | 1/22 | 10:00am-3:00pm |

Reg. Deadline: January 1, 2016

| | | | |
|----------|---|------|----------------|
| 471611-2 | F | 2/26 | 10:00am-3:00pm |
|----------|---|------|----------------|

Reg. Deadline: February 12, 2016

| | | | |
|----------|---|------|----------------|
| 471611-3 | F | 3/18 | 10:00am-3:00pm |
|----------|---|------|----------------|

Reg. Deadline: March 4, 2016

| | | | |
|----------|---|------|----------------|
| 471611-4 | F | 4/22 | 10:00am-3:00pm |
|----------|---|------|----------------|

Reg. Deadline: April 8, 2016



Dave & Busters



Enjoy lunch and an afternoon playing games at Dave and Buster's. Lunch and a \$20 Power Card is included—participants may bring extra money to reload their Power Card.

Meet at: Special Rec Activity Room, Leisure Center

Age: 18 & Older

Fee: \$42R / \$63NR

Min/Max: 4/12

Reg. Deadline: January 16, 2016

| CODE | DAY | DATE | TIME |
|----------|-----|------|----------------|
| 470791-1 | W | 2/10 | 10:00am-4:00pm |



Sweets Tour



Polish that sweet tooth and let's see how Eli's makes their world famous cheesecakes, with a behind the scenes tour of Eli's Cheesecake Factory. After our mouth watering tour, we will enjoy lunch at the Cheesecake Factory. For desert, take a tour of the Long Grove Confectionery, where your mouth will water from the smell of chocolate! Bring money to buy yummy treats to take home.

Meet at: Special Rec Activity Room, Leisure Center

Age: 13 & Older

Min/Max: 4/12

Fee: \$35R / \$53NR

Reg. Deadline: February 12, 2016

| CODE | DAY | DATE | TRANS. TIME |
|----------|-----|------|---------------|
| 470151-1 | W | 3/9 | 9:00am-3:00pm |



ZION FUN EATS

Diner's Club



Come join the great people of the Diner's Club, while you experience fabulous food at the many great restaurants in the area!

1/19—Bristol 45 Diner, Bristol, WI
2/16—Blackthorne Grill, Lake Villa, IL
3/15—Charcoal Grill & Rotisserie, Kenosha, WI
4/12—Saluto's, Gurnee, IL

Meet at: Special Rec Activity Room,
Leisure Center

Age: 13 & Older

Min/Max: 6/12

Fee: \$25R per outing / \$38NR per outing

| CODE | DAY | DATE | TIME |
|---------------------------------|-----|------|---------------|
| 471041-1 | Tu | 1/19 | 5:00pm-8:00pm |
| Reg. Deadline: January 1, 2016 | | | |
| 471041-2 | Tu | 2/16 | 5:00pm-8:00pm |
| Reg. Deadline: February 5, 2016 | | | |
| 471041-3 | Tu | 3/15 | 5:00pm-8:00pm |
| Reg. Deadline: March 4, 2016 | | | |
| 471041-4 | Tu | 4/12 | 5:00pm-8:00pm |
| Reg. Deadline: March 25, 2016 | | | |



Sweetheart Dinner

Come celebrate Valentine's Day with your friends from SRSNLC over a delicious catered Italian dinner! Don't forget your special someone.

****Please be on time, dinner is served promptly at 5pm****
****Late arrivals are not guaranteed a plate****

Location: Rooms 3 & 4, Leisure Center

Age: 8 & Older

Min/Max: 10/50

Fee: \$12R / \$18NR

Reg. Deadline: January 22, 2016

| CODE | DAY | DATE | TIME |
|----------|-----|------|--------|
| 471601-1 | W | 2/3 | 5:00pm |



Fancy Night Out



Are you ready to enjoy some mouth watering seafood? Get dressed up and come with us to Dover Straits Seafood House in Mundelein, IL. for a mouth watery experience you will not forget.

Meet at: Special Rec Activity Room,
Leisure Center

Age: 13 & Older

Min/Max: 5/12

Fee: \$45R / \$68NR

Reg. Deadline: March 27, 2016

| CODE | DAY | DATE | TIME |
|----------|-----|------|---------------|
| 470171-1 | W | 4/27 | 5:00pm-8:00pm |



ZION OUT & ABOUT

Milwaukee Bucks



Let's head to the Bradley Center in Milwaukee and cheer on the Milwaukee Bucks, as they go head to head with the Miami Heat!

Meet at: Special Rec Activity Room,
Leisure Center

Age: 13 & Older

Min/Max: 6/10

Fee: \$45R / \$68NR

Reg. Deadline: January 1, 2016

| CODE | DAY | DATE | TIME |
|----------|-----|------|----------------|
| 471371-1 | F | 1/29 | 5:00pm-12:00am |

Jellybeans & Lunch



Let's take a tour of the world famous Jelly Belly factory. We'll hop aboard the Jelly Belly Express, for a 30 minute tour of the factory, and taste test some of the best Jelly Beans. After touring the factory, we will head to the Brat Stop for a great lunch.

Meet at: Special Rec Activity Room,
Leisure Center

Age: 8 & Older

Min/Max: 5/12

Fee: \$20R / \$30NR

Reg. Deadline: February 19, 2016

| CODE | DAY | DATE | TIME |
|----------|-----|------|----------------|
| 471691-1 | Sa | 3/19 | 10:30am-2:00pm |

Groovefest



Get funk-a-delic at SRCLC's annual Groovefest Dance. Jive to the tunes as a DJ spins the hits from the 60's & 70's. Hustle to the refreshment table while the King & Queen are announced. All in attendance receive a far out keepsake! Shake your groove thang all night long!

Meet at: Special Rec Activity Room,
Leisure Center

Age: 13 & Older

Fee: \$22R / \$33NR

Min/Max: 5/12

Reg. Deadline: March 4, 2016

| CODE | DAY | DATE | TIME |
|----------|-----|------|----------------|
| 470811-1 | F | 4/8 | 6:15pm-10:00pm |

ZION IN-HOUSE FUN

Social Club

Let's slip away into another world with SRSNLC's themed dances held every month! Great way to meet new friends!

1/1—Happy New Year!
2/5—Sweetheart Swing
3/4—Luck O' The Irish
4/1—April Fools!

Location: Leisure Center, Gym

Age: 13 & Older

Min/Max: 25/150

Fee: \$7R / \$11NR

| CODE | DAY | DATE | TIME |
|----------------------------------|-----|------|---------------|
| 470601-1 | F | 1/1 | 6:30pm-8:30pm |
| Reg. Deadline: December 11, 2015 | | | |
| 470601-2 | F | 2/5 | 6:30pm-8:30pm |
| Reg. Deadline: January 8, 2016 | | | |
| 470601-3 | F | 3/4 | 6:30pm-8:30pm |
| Reg. Deadline: February 5, 2016 | | | |
| 470601-4 | F | 4/1 | 6:30pm-8:30pm |
| Reg. Deadline: March 4, 2016 | | | |

Bingo Nights

BINGO! Head out and take a chance at winning the big prize!

Location: Special Rec Activity Room, Leisure Center

Age: 8 & Older

Min/Max: 6/25

Fee: \$3R per session / \$5NR per session

| CODE | DAY | DATE | TIME |
|----------|----------------|------|----------------|
| 471581-1 | Tu | 1/12 | 5:30pm-6:30pm |
| 471581-2 | Tu | 1/26 | 5:30pm-6:30pm |
| 471581-3 | Tu | 2/9 | 5:30pm-6:30pm |
| 471581-4 | Tu | 2/23 | 5:30pm-6:30pm |
| 471581-5 | Tu | 3/8 | 5:30pm-6:30pm |
| 471581-6 | Tu | 3/22 | 5:30pm-6:30pm |
| 471581-7 | Tu | 4/5 | 5:30pm-6:30pm |
| 471581-8 | Tu | 4/19 | 5:30pm-6:30pm |
| 471581-9 | All 8 sessions | | \$24R / \$40NR |

Pizza & Movie

Come join your friends for a relaxing evening of watching a newly released movie and munching on pizza with friends in the comfort of the Special Recreation Activity Room! Dress comfortable & bring your own chair if you want.

Location: Special Rec Activity Room, Leisure Center

Age: 16 & Older

Min/Max: 5/25

Fee: \$10R per evening / \$15NR per evening

| CODE | DAY | DATE | TIME |
|----------------------------------|-----|------|---------------|
| 471011-1 | Sa | 1/9 | 5:00pm-7:30pm |
| Reg. Deadline: December 18, 2015 | | | |
| 471011-2 | Sa | 2/13 | 5:00pm-7:30pm |
| Reg. Deadline: January 29, 2016 | | | |
| 471011-3 | Sa | 3/12 | 5:00pm-7:30pm |
| Reg. Deadline: February 19, 2016 | | | |
| 471011-4 | Sa | 4/9 | 5:00pm-7:30pm |
| Reg. Deadline: March 11, 2016 | | | |

Fun with Art

Let your creative juices flow as you create a masterpiece to brag to all of your friends about!

Location: Special Rec Activity Room, Leisure Center

Age: 10 & Older | **Fee:** \$20R / \$30NR | **Min/Max:** 5/10 | **Reg. Deadline:** April 1, 2016

| CODE | DAY | DATE | TIME |
|----------|-----|------|---------------|
| 470451-1 | W | 4/20 | 5:00pm-6:30pm |



ZION VACATION TIME

Winter Retreat



Chase the cold away & escape the winter blues with a trip to the Wilderness Resort in the Wisconsin Dells. We will get cozy in our Entertainment Cabin equipped with theater room, billiards table, dart board, hot tub & much more! Don't miss out on a trip to the largest indoor water park! Come chase your winter blues away with your friends from SRSNLC.

Please see the Overnight Trip Policy on page 3 for eligibility

Location: Wisconsin Dells, WI

Age: 16 & Older

Fee: \$300

Min/Max: 10/17

Deposit: \$100non-refundable

Reg. Deadline: January 8, 2016

Cancellation Deadline: January 29, 2016

| CODE | DAY | DATE | TRANS. TIME |
|----------|------|-----------|-------------|
| 471061-1 | F-Su | 2/19-2/21 | TBD |



ZION DAY CAMP

Sparkle Day Camp

Now is the time to start thinking and planning for Summer Day Camp. Sparkle Day Camp offers a full summer of activities for kids 7-21 years old. The caring staff will provide great opportunities for fun and adventure. Join us for one or more weeks of camp.

Location: Rooms 3 & 4, Leisure Center

Age: 7-21

Min/Max: 6/16

Fee: \$99R per week/\$149NR per week

***7/5-7/8 \$80R per week / \$120NR per week**

Reg. Deadline: May 6, 2016

***Please register by deadline.**

First payment will be due June 3, 2016*

| CODE | DAY | DATE | TIME |
|----------|-------------|-----------|-----------------|
| 271171-1 | M-F | 6/13-6/17 | 9:00am-3:00pm |
| 271171-2 | M-F | 6/20-6/24 | 9:00am-3:00pm |
| 271171-3 | M-F | 6/27-7/1 | 9:00am-3:00pm |
| 271171-4 | M-F | *7/5-7/8 | 9:00am-3:00pm |
| 271171-5 | M-F | 7/11-7/15 | 9:00am-3:00pm |
| 271171-6 | M-F | 7/18-7/22 | 9:00am-3:00pm |
| 271171-7 | M-F | 7/25-7/29 | 9:00am-3:00pm |
| 271171-8 | M-F | 8/1-8/5 | 9:00am-3:00pm |
| 271171-9 | All 8 weeks | | \$792R/\$1192NR |



Sparkle Day Camp Before

Need accommodations for before camp begins at 9am? Sign up for Sparkle Before Camp.

Location: Rooms 3 & 4, Leisure Center

Age: 7-21

Min/Max: 6/16

Fee: \$32R per week/\$48NR per week

***7/5-7/8 \$26R per week / \$39NR per week**

Reg. Deadline: May 6, 2016

***Please register by deadline.**

First payment will be due June 3, 2016*

| CODE | DAY | DATE | TIME |
|----------|-------------|-----------|----------------|
| 271181-1 | M-F | 6/13-6/17 | 7:30am-9:00am |
| 271181-2 | M-F | 6/20-6/24 | 7:30am-9:00am |
| 271181-3 | M-F | 6/27-7/1 | 7:30am-9:00am |
| 271181-4 | M-F | *7/5-7/8 | 7:30am-9:00am |
| 271181-5 | M-F | 7/11-7/15 | 7:30am-9:00am |
| 271181-6 | M-F | 7/18-7/22 | 7:30am-9:00am |
| 271181-7 | M-F | 7/25-7/29 | 7:30am-9:00am |
| 271181-8 | M-F | 8/1-8/5 | 7:30am-9:00am |
| 271181-9 | All 8 weeks | | \$256R/\$384NR |



Sparkle Day Camp After

Need accommodations for after camp ends at 3pm? Sign up for Sparkle After Camp.

Location: Rooms 3 & 4, Leisure Center

Age: 7-21

Min/Max: 6/16

Fee: \$47R per week / \$71NR per week

***7/5-7/8 \$38R per week / \$54NR per week**

Reg. Deadline: May 6, 2016

***Please register by deadline.**

First payment will be due June 3, 2016*

| CODE | DAY | DATE | TIME |
|----------|-------------|-----------|----------------|
| 271191-1 | M-F | 6/13-6/17 | 3:00pm-5:30pm |
| 271191-2 | M-F | 6/20-6/24 | 3:00pm-5:30pm |
| 271191-3 | M-F | 6/27-7/1 | 3:00pm-5:30pm |
| 271191-4 | M-F | *7/5-7/8 | 3:00pm-5:30pm |
| 271191-5 | M-F | 7/11-7/15 | 3:00pm-5:30pm |
| 271191-6 | M-F | 7/18-7/22 | 3:00pm-5:30pm |
| 271191-7 | M-F | 7/25-7/29 | 3:00pm-5:30pm |
| 271191-8 | M-F | 8/1-8/5 | 3:00pm-5:30pm |
| 271191-9 | All 8 weeks | | \$376R/\$568NR |



ZION FAMILY FUN

King of Hearts Dinner Dance

Dad's, grandfathers or Uncles and their special girl(s) will long remember this time together. The evening will begin with dinner and be followed with dancing. *You will also receive a photo and a corsage.*

Location: Zion Park District -Shiloh Center | **Age:** Girls 12 & under

Fee: \$38R per couple/\$48NR per couple; \$18 each additional daughter | **Reg. Deadline:** February 15, 2016

| CODE | DAY | DATE | TIME |
|----------|-----|------|---------------|
| 425041-1 | F | 2/19 | 6:00pm-8:30pm |



FACILITY DIRECTORY

LINDENHURST FACILITIES

| | |
|---------------------------------|--|
| Forest View Park..... | 513 Forest View Drive, Lindenhurst |
| Heritage Trails Park..... | 2400 Independence Boulevard, Lindenhurst |
| Lindenhurst Park District | 2200 East Grass Lake Road, Lindenhurst |
| Mallard Ridge Park | 110 Robincrest Lane, Lindenhurst |
| Millennium Park | 201 Country Place Lane, Lindenhurst |

ROUND LAKE FACILITIES

| | |
|--|--|
| Indian Hill Elementary / Park District Gym | 1920 Lotus Drive, Round Lake Heights |
| Kristof's Entertainment Center..... | 421 Rollins Road, Round Lake Beach |
| Renwood Golf Course..... | 701 E. Shorewood Road, Round Lake Beach |
| Robert W. Rolek Community Center..... | 814 Hart Road, Round Lake |
| Round Lake Area Park District Teen Center / Youth Center | 2071 N. Orchard Lane, Round Lake Beach |
| Round Lake Area Park District Site II (Dell House) | 2041 N. Orchard Lane, Round Lake Beach |
| Round Lake Area Park District Sports Center..... | 2004 N. Municipal Way, Round Lake Beach |
| Park School..... | 400 W. Townline Road, Round Lake |
| Washington Street Tennis Courts | 22415 East Washington Street, Round Lake |

WAUKEGAN FACILITIES

| | |
|---|----------------------------------|
| Belvidere Recreation Center/Park Place Senior Center..... | 412 South Lewis Street, Waukegan |
| Douglas House..... | 732 N. Genesee Street, Waukegan |
| Jane Addams Center..... | 95 Jack Benny Drive, Waukegan |
| The Field House Sports & Fitness Center | 800 N. Baldwin Avenue, Waukegan |
| Bonnie Brook Golf Course | 2800 N. Lewis Avenue, Waukegan |
| Brunswick Zone | 631 Lakehurst Road, Waukegan |

ZION FACILITIES

| | |
|----------------------------------|---------------------------------|
| Shiloh Center | Emmaus and 27th Street, Zion |
| Zion Leisure Center..... | 2400 Dowie Memorial Drive, Zion |
| Hermon Park Center | 2700 29th Street, Zion |
| Pinsters Bowl & Bar | 1646 Sheridan Road, Zion |
| Port Shiloh | 1523 Shiloh Blvd., Zion |
| Shepherds Crook Golf Course..... | 351 Greenbay Road, Zion |
| Shiloh Golf Course | 2300 Bethesda, Zion |

SRSNLC GENERAL INFORMATION

Wellness Guidelines

Participation Guidelines When Illness Occurs

In consideration of the other participants and staff, to prevent the spread of contagious illnesses, participants must refrain from attending programs when any of the following conditions exist:

1. Fever of 100 degrees or higher.
2. Vomiting within the last 24 hours.
3. Persistent diarrhea in conjunction with other symptoms.
4. Contagious rash or a rash of unknown origin.
5. Persistent cough and/or cold symptoms.
6. "Pink Eye" (conjunctivitis) or discharge from the eye.
7. Symptoms of mumps, measles, chicken pox, strep throat, flu, impetigo, Coxsackie virus, head lice, mites, and ringworm.
8. Runny nose with yellow or green discharge WHICH INDICATES INFECTION.
9. Fatigue, due to illness, that will hinder participation and enjoyment in the program.

Please notify the SRSNLC office if the participant contracts any contagious illness that will affect his/her attendance at the program. Participants should return to programs at the doctor's recommendation, or, if not under a doctor's care, when the symptoms have clearly passed.

Spanish Interpreters Available

If you need to contact us about program information, Spanish interpreters are available at:
Waukegan office (847) 360-4700 after 4pm
Round Lake office (847) 546-8558.
Zion office (847) 746-5500 after 12pm

Si necesita ponerse en contacto con nosotros para pedir información sobre nuestros programas en español, tenemos traductores disponibles en la oficina de Waukegan al (847) 360-4700 la oficina de Round Lake al (847) 546-8558, y la oficina de Zion al (847) 746-5500.

LINDENHURST PARK DISTRICT:

Monday - Friday
9:00am - 5:00pm

ROUND LAKE PARK DISTRICT:

Mon.-Fri. - 8:30am - 7:30pm
Saturday - 9:00am - 12:00noon

FIELD HOUSE SPORTS AND FITNESS CENTER WAUKEGAN:

Mon.-Fri. - 5:00am - 9:00pm
Saturday - 7:00am - 7:00pm
Sunday - 7:00am - 7:00pm

ZION LEISURE CENTER:

Mon.-Fri. - 9:00am - 6:00pm
Saturday - 8:00am - 2:00pm

Please detach the Registration Form and complete in detail. The full registration fee is due before the registration deadline. Call your local office for alternate payment plans. Register in person or mail the registration with check or money order payable to your local Park District. Complete the attached Annual Information Form in the winter season only unless this is a new registration or information has changed.

Medication Distribution

Parents and guardians are asked to dispense medication on their own, outside of program hours, if at all possible. If a medication needs to be administered by district staff, a *Permission to Dispense Medication* form must be completed. In all cases, medication dispensing can only be administered, changed, or modified by completing a *Permission to Dispense Medication* form.

**All athletes *MUST* sign
Sportsmanship Contract**

SRSNLC SEIZURE QUESTIONNAIRE

Please complete this form if the participant has ever experienced a seizure. **Please update this form whenever there is a change in the seizure plan and submit it with your registration.** You will be asked to review this once a year and provide any necessary updates.

Participant's name: _____

Parent/Guardian: _____

Phone ____ / ____ / ____

Emergency Contact: _____

Phone ____ / ____ / ____

Current Medication: Name
(including dosage) _____

Dosage

Time of intake

Please note: SRSNLC will not administer rectal diastat.

Seizure type:

- ☐ Absence (staring spell)
- ☐ Simple Partial
- ☐ Complex Partial
- ☐ Atonic (drop)
- ☐ Generalized (grand-mal)
- ☐ Other (Explain): _____

When was the date of your/your child's last seizure? ____ / ____ / ____

How long does the seizure last? _____

How long was the longest seizure? _____

Are there any triggers that cause the onset of your/your child's seizures? (I.e. strobe lights, heat, sudden movements, noise)

Explain: _____

Are there any symptoms prior to the onset of your/your child's seizure? (I.e. smells, stomach pain, fear, sounds)

Explain: _____

Seizure Plan

Please list below the necessary steps you would like SRSNLC to take in the event of a seizure:

1. Call 911 for a seizure over ____ minutes.
2. _____
3. _____

Parent/Guardian Signature: _____

Date: _____

It is important that we follow a consistent procedure for responses to seizures, therefore if your child has a seizure plan in place for school/workshop/prescribed by a doctor, a copy of that should be submitted in addition to this form.

SRSNLC ATHLETE-SPORTSMANSHIP CONTRACT

General Information

The following Sportsmanship Contract is to be signed by all SRSNLC - Athletes for all Special Olympic sport seasons.

The Sportsmanship Contract is a code of conduct that all athletes must follow while participating in all Special Olympic sports. This contract must be signed and dated by the athlete

and returned to the coach at the beginning of EACH sport season. The athlete will not be allowed to compete/participate until the contract is signed. Coaches will document any violations of the contract on a tracking form for each athlete.

SRSNLC Athlete - SPORTSMANSHIP CONTRACT

The Sportsmanship Contract is an agreement of sportsmanlike conduct that athletes will follow while participating in SRSNLC Special Olympics. Please take a moment to review this form, sign it and return to your coach. This contract is in place to ensure that all athletes are treated with respect and so that they feel like an important part of the team.

1. I will respect others, including my teammates, coaches, and opponents. This means I will treat others the way I would want to be treated.
2. I will encourage my teammates on the court, on the bench, and on the van/bus. I will encourage them with kind words and cheer on my team on the court, on the bench, and on the van/bus.
3. I will listen when the coaches speak and will not question their coaching decisions (i.e. player positions). This means I will pay attention when a coach is speaking or explaining directions. I will ask a coach if I have any questions.
4. I will try my best while on the court, giving 100% at all times. This means I will pay attention and take the game/practice seriously (i.e. no goofing off).
5. I will trust in my teammates and my own playing abilities on and off the court. This means that I will not talk bad about their playing abilities or yell at them if they have a "bad game" or "bad play."
6. I will tell the coaches if I hear or see unsportsman-like conduct from other teammates. I will not be considered a "tattle teller" if I do this. I must be honest when telling the coaches about what I have seen or heard.
7. I will return my entire uniform within two weeks of the end of the sports season. Failure to do so will result in a fine of \$60 per uniform and potential suspension from future SRSNLC programs.

"Positives" of following this contract are as follows:

- Team has better chance of winning
- You and your team will have more fun

The consequences for not following contract are as follows:

1. If any unsportsman-like conduct is seen/reported during a game, on the van/bus or at practice, the athlete will receive a warning and a brief time out.
2. If unsportsman-like conduct is seen/reported for a 2nd time during a game, practice or van/bus ride, the athlete will be benched for the rest of the game (or half of the next game he/she is present at, if during a practice or on bus).
3. If unsportsman-like conduct is seen/reported for a 3rd time in a game, practice or on the van/bus, the athlete will be benched for the entire next game he/she is present at. The athlete will be encouraged to cheer on the team, but is otherwise expected to sit in silence.
4. If the athlete continues to show unsportsman-like conduct after the 1st game suspension, he/she will continue to be suspended from play until the undesired conduct has stopped.
5. If the athlete is suspended from more than 3 games, he/she will be suspended for the rest of the Season.
6. If several athletes do not follow the Sportsmanship Contract, the coaches have the authority and right to forfeit games and tournaments.

I agree to follow the above Sportsmanship Contract.

Athlete's Signature: _____ Date: _____

Instructions for Completing the Application for Participation

The Application for Participation (App) must be filled in completely. Apps with blank sections or attachments (exception: letter from State Office of Guardianship, 2a below) will not be accepted.

This App is valid for 2 years from the date of the examination date, regardless of the parent/guardian/Entrant signature date.

Parent/guardian and doctor signatures must be original and both original signatures must be on the same App form. Faxed signatures, phone consents or verbal consents will not be accepted.

If Entrant was listed on the Sex Offender Public Registry or the Child Murder and Violent Offender Against Youth Registry but has since been removed, contact the Special Olympics Illinois office for instructions before submitting this application.

ATHLETE INFORMATION AND HEALTH INSURANCE & EMERGENCY INFORMATION

1. The first two sections must be filled in completely. The ethnicity information is requested to assist in the organizational outreach efforts.

PARENT AND/OR GUARDIAN AUTHORIZATION AND MEDIA RELEASE

2. The Parent or Legal Guardian must read, sign and date the Parent/Guardian Authorization and Media Release.

a. The section must be signed and dated as printed. Deletions or alterations to the section will result in an invalid App. (Exception: Deletion of the last paragraph regarding medical treatment and attachment of a letter of explanation and 24-hour emergency telephone numbers from the State Office of Guardianship. **As of January 1, 1987, the letter of explanation must be attached.**)

b. Only one of the two signature blocks must be completed. Special Olympics Illinois works under the understanding that this section may be signed by either:

♦The (biological or adoptive) parent unless the athlete has been designated a ward of the state;

OR

♦The legal guardian; this person must be legally assigned for the individual;

OR

♦The athlete if he/she is over the age of 18 and has not been designated as needing and having been assigned a legal guardian.

A witness signature is necessary if the athlete's signature is unrecognizable (for example, if the athlete's signature is an "X.")

MEDICAL CLEARANCE

3. The Medical Clearance section must be completed, signed and dated by a medical practitioner licensed to administer physical examinations by the state in which he/she practices. **As of September 1, 1990, the Special Olympics Illinois Application for Participation is the only Medical Clearance form which will be accepted as valid by Special Olympics Illinois.**

This person, by signing the Medical Clearance, is stating that the athlete is in good health and can safely participate in Special Olympics sports training and competition. It is strongly suggested that the person administering the physical examination possess the following:

♦Background and preparation in giving sports physical examinations.

♦Qualifications to administer examinations that would not compromise his/her area of specialty.

AFTER COMPLETING THE APPLICATION ...

4. Send the original copy of the Application for Participation to the Area Director who will send the App to the Special Olympics Illinois Chapter office. The Chapter office will validate the Application for Participation and send a copy of the App with an approved stamp back to the SOAD (Special Olympics Athletic Director). An Application for Participation will not be validated until all information is correct and completed on the approved form.

5. Special Olympics Illinois requires that all Applications for Participation be presented prior to and no later than the established Medical App deadline of a Chapter championship level event (Winter Games, State Basketball Tournament, Summer Games, Outdoor Sports Festival, Fall Games, Floor Hockey or State Bowling Tournament). All Apps for the event in question must be valid throughout the completion of that Chapter competition.

Applications for Participation for athletes participating in District Tournaments and Sectional Tournaments must be received before the entry deadline or with registration materials.

Applications not on file or in receipt by the specified deadline will not be accepted.



APPLICATION FOR PARTICIPATION IN SPECIAL OLYMPICS ILLINOIS

Valid Application for Participation is mandatory for all competitors
605 E. Willow St. ♦ Normal, IL 61761-2682 ♦ 309-888-2551

SO ILL Rev. 8-1-10

ATHLETE INFORMATION

[illegible]

HEALTH INSURANCE & EMERGENCY INFORMATION (Required for Processing)

Person to be contacted in case of emergency _____

Emergency Contact Phone () _____

Medical Insurance Company

Policy Number

PARENT AND/OR GUARDIAN AUTHORIZATION AND MEDIA RELEASE

I, on my own behalf or as the undersigned parent and/or legal guardian of the above named applicant (hereafter referred to as the "Entrant"), hereby request permission for the Entrant to participate in Special Olympics programs. I acknowledge that Special Olympics will screen all entrants using the Sex Offender Public Registry and the Child Murder and Violent Offender Against Youth Registry and understand that entrants listed on either Registry will be denied participation. I affirm that this Entrant has never been on said Registries or, if Entrant was listed on either Registry but has since been removed, I will contact Special Olympics Illinois for instructions before submitting this application.

I represent and warrant to you that the Entrant is physically and mentally able to participate in Special Olympics, and I submit herewith a subscribed medical certificate undersigned that if the athlete has Down Syndrome, he/she cannot participate in sports or events which, by their nature result in hyper-extension, radical flexion or direct pressure on the neck or upper spine unless a full radiological examination establishes the absence of Atlantoaxial instability. I am aware that the sports and events for which this radiological examination is required are equestrian sports, artistic gymnastics, diving, pentathlon, high jump, alpine skiing, soccer, soccer skills, powerlifting squat and butterfly stroke and diving starts in swimming.

On behalf of the Entrant and myself, I acknowledge that the Entrant will be using facilities at his/her own risk and I, on my own behalf, herby release, discharge and indemnify Special Olympics from all liability for injury to person or damage to property of myself and Entrant.

In permitting the Entrant to participate, I am specifically granting permission to Special Olympics Illinois to use the likeness, voice and words of the Entrant in television, radio, films, newspapers, magazines and other media, and in any form not heretofore described, for the purpose of advertising or communicating the purposes and activities of Special Olympics and in appealing for funds to support such activities. I understand that by signing below I consent for the Entrant to participate in the Special Olympics Healthy Athletes Program that provides individual screening assessments of health status and health care needs. The Entrant has no obligation to participate and I understand the Entrant should seek his/her own medical advice and assistance and Special Olympics is not responsible for the Entrant's health.

If I am not personally present at Special Olympics activities in which the Entrant is to compete, so as to be consulted in case of necessity, you are authorized on my behalf and at my account to take such measures and arrange for such medical and hospital treatment as you may deem advisable for the health and well-being of the Entrant.

I, **THE UNDERSIGNED ADULT ENTRANT**, have read and fully understand the provisions of the above release and/or have had them explained. I hereby agree that I will be bound thereby and I shall defend Special Olympics Illinois and hold it harmless from disaffirmation thereof.

Entrant _____

Witness _____ Date _____

Athlete's Email Address _____

Signature of Parent ☐
and/or Legal Guardian ☐
(Check appropriate box)

Print Name _____ Date _____

Parent's Email Address _____

Original parent/guardian and doctor signatures are required by the office of Special Olympics Illinois. Faxed signatures will not be accepted.

| | |
|--|--|
| | |
| | |
| | |
| | |

SO ILL OFFICE ONLY

MEDICAL CLEARANCE

PLEASE CHECK MEDICAL INFORMATION

Does athlete have Down Syndrome?

If yes, have x-rays of the C1-C2 vertebrae

Yes ☐ No ☐

been taken and examined?

Yes ☐ No ☐

Date of x-ray

Is the athlete **clear** of Atlantoaxial Instability?

Yes ☐ No ☐

Does the athlete have or is the athlete:

| | | |
|--------------------|------------------------------|-----------------------------|
| Heart Problems | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| Diabetic | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| Epileptic/Seizures | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| Blind | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| Deaf | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| Hepatitis | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| Other | | |

| Current Medication | Dosage |
|--------------------|--------|
| | |

Allergies to medication, if any:

Date of last Tetanus shot:

I have examined the above-named Entrant and, in my opinion, there is no mental or physical reason why he or she should not participate in the Special Olympics sports training and competition program. Further information will be forwarded if required. Current medication, if any, is specified with dosage on this application.

Examination Date

Doctor's Signature

Print Name _____

Address

City _____ State _____ Zip _____

Phone ()

atures will not be accepted.

SRSNLC - 2016 Registration Form

[illegible]

READ CAREFULLY

IMPORTANT INFORMATION

The Special Recreation Services of Lindenhurst, Round Lake, Waukegan and Zion Park Districts is committed to conducting its recreation programs and activities in a safe manner and holds the safety of participants in high regard. The Special Recreation Services of Northern Lake County continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors registering for the below listed programs/activities must recognize that there is an inherent risk of injury when choosing to participate in recreational activities/programs.

You are solely responsible for determining if you or your minor child/ward are physically fit and/or skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way or recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

WARNING OF RISK

Recreational activities/programs are intended to challenge and engage the physical, mental and emotional resources of each participant. Despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury when participating in any recreational activity/program. Understandably, not all hazards and dangers can be foreseen. Depending on the particular activity, participants must understand that certain risks, dangers and injuries due to inclement weather, slipping, falling, poor skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision, instruction or officiating, and all other circumstances inherent to indoor and outdoor recreational activities/programs exist. In this regard, it must be recognized that it is impossible for the Special

*** Non-resident Fee add 50% (see reg. policies)**

Recreation Services of Northern Lake County to guarantee absolute safety.

WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK

Please read this form carefully and be aware that in signing up and participating in the identified programs/activities (above) you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with said programs/activities (including transportation services/vehicle operation, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in these programs/activities, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in these programs/activities against the Special Recreation Services of Northern Lake County including Lindenhurst, Round Lake, Waukegan and Zion Park Districts, its officials, agents, volunteers and employees (hereinafter collectively referred as SRSNLC).

I do hereby fully release and forever discharge the SRSNLC from any and all claims for injuries, damages, or loss that my minor child/ward or I may have or which may accrue to me or my minor child/ward and arising out of, connected with, or in any way associated with these programs/activities.

In the event of an emergency, I authorize SRSNLC Staff to secure from any licensed hospital, physician and/or medical personnel any treatment deemed necessary for my minor child/ward and agree that I will be responsible for the payment of any and all medical services rendered.

I have read and fully understand the above important information, warning of risk, assumption or risk and waiver and release of all claims. If registering on-line or via fax, your on-line or facsimile signature shall substitute for the and have the same legal effect as an original form signature.

Parent / Adult Guardian Signature

Date _____

Participant Signature (participant must sign if he/she is own legal guardian)

Date _____

FOR CREDIT CARD PAYMENT

Card Holder's Name

Credit Card Number

Expiration Date

3 Digit Security Code

Billing Zip Code

☐ Charge Full Fee \$☐ Charge Deposit Only \$

Signature _____

For Waukegan Programs:

Credit card payments must be made in person.

SRSNLC CODE OF CONDUCT

Behavior Expectations

SRSNLC promotes the concept of “equal fun for everyone.” However, certain rules have been established to ensure the safety and enjoyment of all people. The following guidelines have been developed to help make SRSNLC programs safe and enjoyable for all participants. SRSNLC participants are expected to demonstrate appropriate behavior during programs. The basic behavior code of conduct insists that participants shall:

1. Show respect to all participants and staff, and take direction from staff.
2. Refrain from using abusive or foul language.
3. Refrain from causing bodily harm to self, other participants, or staff.
4. Show respect to equipment, supplies, and facilities.

A positive approach will be utilized regarding discipline. Individual behavior management plans may be developed on the advice of parents, staff or other professionals. If inappropriate behavior occurs, prompt resolution will be sought, specific to each individual situation. **SRSNLC reserves the right to dismiss a participant whose behavior endangers the safety of him/her self or others.**

Consequences of Unacceptable Behavior

Participants may be subject to any of the following actions for unacceptable behavior. Below is a guideline for progressive discipline; however, the progression may be accelerated or slowed based on the severity and frequency of the unacceptable behavior.

| Unacceptable Behavior | Warning | Time Out | Conference Loss of Privileges | Suspension | Expulsion |
|---|-------------------------------------|-------------------------------------|-------------------------------------|-------------------------------------|-------------------------------------|
| Improper use of materials or equipment. | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> |
| Disrespect of participants, staff, or the public. | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> |
| Objectionable gestures; profane, vulgar or objectionable language. | | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> |
| Fighting | | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> |
| Damage or destruction of Park District property or property of others. | | | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> |
| Theft | | | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> |
| Smoking; possession or use of alcohol or illegal drugs. | | | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> |
| Harassment or abuse of fellow participants or staff | | | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> |
| Possession of weapons | | | | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> |
| Other acts which may be determined to be unacceptable by the program supervisor | | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> |

For issues that are not major we may issue a participant progress report. This is in no way a behavioral warning; it is simply to inform you of something that may have happened during a program. For example, a participant may soil their pants. We will issue a progress report to inform the parent/guardian of the incident and how it was handled.

SRSNLC Annual Information Form 2016

☐ Lindenhurst ☐ Round Lake ☐ Waukegan ☐ Zion

This information will be used for all programs during 2015.

Please contact your local office if any information changes throughout the year.

| | | | |
|--------------------------------------|----------------------------|---|------------------------|
| Name: _____ | | Age: _____ | Birth Date: _____ |
| Address: _____ | | City: _____ | State _____ Zip: _____ |
| E-mail: _____ | | Sex: <input type="checkbox"/> Male <input type="checkbox"/> Female | T-Shirt Size _____ |
| School/ Workshop: _____ | Teacher/ Supervisor: _____ | | Phone: (____) _____ |
| Physician's Name: _____ | | Physician's Phone: (____) _____ | |
| Address: _____ | | City: _____ | State _____ Zip: _____ |
| Main Contact: _____ | | Relationship: _____ | |
| Primary Phone Number: (____) _____ | | <input type="checkbox"/> Home <input type="checkbox"/> Cell <input type="checkbox"/> Work | |
| Secondary Phone Number: (____) _____ | | <input type="checkbox"/> Home <input type="checkbox"/> Cell <input type="checkbox"/> Work | |
| Alternate Contact: _____ | | Relationship: _____ | |
| Primary Phone Number: (____) _____ | | <input type="checkbox"/> Home <input type="checkbox"/> Cell <input type="checkbox"/> Work | |
| Secondary Phone Number: (____) _____ | | <input type="checkbox"/> Home <input type="checkbox"/> Cell <input type="checkbox"/> Work | |

EMERGENCY CONTACT (Within 20 mile radius) Other than parent/guardian

| | |
|-------------------------------------|-------------------------------|
| Name: _____ | Relationship: _____ |
| Address: _____ | Home Phone: (____) _____ |
| City: _____ State: _____ Zip: _____ | Work/Cell Phone: (____) _____ |

PARTICIPANT DISABILITY (Please check all that apply)

- | | |
|---|---|
| <input type="checkbox"/> Attention Deficit Disorder: (ADD) | <input type="checkbox"/> Emotionally Distressed (ED) |
| <input type="checkbox"/> Autism (A) | <input type="checkbox"/> Learning Disorder (LD) |
| <input type="checkbox"/> Behavior Disorder (BD) | <input type="checkbox"/> Multiply Challenged (MC) |
| <input type="checkbox"/> BiPolar (BP) | <input type="checkbox"/> Physically Challenged (PC) |
| <input type="checkbox"/> Brain Injury (BI) | Yes / No • are orthopedic devices worn? _____ |
| <input type="checkbox"/> Deaf/Hard of Hearing (D/HH) | Yes / No • can transfer into van seat or stadium seat..... |
| <input type="checkbox"/> Developmental Disability (DD) | <input type="checkbox"/> Severe Mental Handicap (SMH) |
| <input type="checkbox"/> Down Syndrome (DS) | <input type="checkbox"/> Trainable Mental Handicap (TMH) |
| <input type="checkbox"/> Early Childhood (EC) | <input type="checkbox"/> Visually Impaired (VI) |
| <input type="checkbox"/> Educable Mental Handicap (EMH) | |

If Down Syndrome, has participant been tested for atlanto axial instability? Yes / No

Does your participant have atlanto axial instability? Yes / No

Photo/Video Authorization and Consent & Emergency Treatment Permission:

I hereby authorize and give my consent to SRSNLC to photograph/video my child (or me), and without limitation, to use such photographs/video in connection with promoting/advertising the services, programs, and facilities of SRSNLC, including, but not limited to its website, Facebook page, promotional materials, brochures, fliers and other publications without consideration of any kind. **I have read and fully understand the above photo/video authorization and consent.**

I acknowledge that SRSNLC does not carry medical insurance. My family's own health insurance must assume responsibility in the event of injury. I understand that every precaution is taken to protect the safety of every participant. I agree to emergency treatment by a physician or hospital in the event that I cannot be reached. I hereby acknowledge that the above information is accurate and I understand that it is my responsibility to inform the SRSNLC staff of any changes in the above information.

Medical Insurance Company _____ Policy Number _____

Signature of Parent/Guardian _____ Date _____

☐ I do not authorize or give photo consent.

MEDICATION

Does the participant receive any medication? ☐ Yes ☐ No

Medication

Dosage

Purpose

Side Effects

| | | | |
|-------|-------|-------|-------|
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |

HEALTH ISSUES

Does the participant seizure? ☐ Yes ☐ No Comments: _____

Does the participant have asthma? ☐ Yes ☐ No _____

Does the participant have allergies? ☐ Yes ☐ No _____

DIETARY ISSUES

Does participant require assistance eating or drinking? ☐ Yes ☐ No Comments: _____

• have any food restrictions? ☐ Yes ☐ No Comments: _____

• have any food dislikes? ☐ Yes ☐ No Comments: _____

• have any specific food likes? ☐ Yes ☐ No Comments: _____

• is participant Diabetic? ☐ Yes ☐ No Comments: _____

BEHAVIOR ISSUES

Does participant display unusual fears? ☐ Yes ☐ No Comments: _____

• comply with verbal requests? ☐ Yes ☐ No Comments: _____

• respond to specific directions? ☐ Yes ☐ No Comments: _____

• have any known situations that cause behaviors? ☐ Yes ☐ No Comments: _____

What actions are to be taken if a particular behavior is presented? _____

• respond to any reinforcement devices? ☐ Yes ☐ No Comments: _____

• respond to any behavior improvement techniques? ☐ Yes ☐ No Comments: _____

SAFETY ISSUES

Does participant need assistance orientating to:

people _____ place _____ time _____

Does participant need assistance protecting:

self _____ anticipating safety needs _____

Does participant need assistance toileting:

independent _____ monitor _____

diapering _____ other: _____

GENERAL ISSUES

Does participant use:

wheelchair _____ stroller _____ walker _____

cane _____ canadian crutches _____

If participant is non-verbal do they use: sign language _____

communication board/book _____

Does participant swim/enjoy water? ☐ Yes ☐ No

Proceeds Benefit



**Special
Recreation
Services of
Northern
Lake
County**

**Here's a Reason
For Freezin'!**

Become a Pledge Plunger
Register with a Minimum of
**\$50 by December 8 to Receive
a Limited-Edition
Event Souvenir**



17th Annual

Polar Bear

PLUNGE

IMPORTANT:
Aqua shoes or
other fitted
footwear
required

January 1, 2016 • 10am-11am

Registration begins at 9am

Waukegan Beach

201 Seahorse Drive • Waukegan, IL



Brought To You By:



WAUKEGAN PARK DISTRICT

REGISTER

At Belvidere Recreation Center, Field House, Jack Benny Center or online at

www.waukeganparks.org

Call 847-360-4700 for more information

Program #10101402-1A

To receive a Limited Edition T-shirt

\$15 Advance Registration Ends at 4pm on Wednesday, December 30

\$20 Day of Registration Starts at 9am



Special Recreation Services of Northern Lake County

Lindenhurst Park District

Thomas J. Lippert Community Center
2200 E. Grass Lake Road
Lindenhurst, IL 60046
847-356-6011
847-356-6063 Fax

Round Lake Area Park District

Community Center
814 Hart Road
Round Lake, IL 60073
847-546-8558
847-740-8180 Fax

Waukegan Park District

Upton Park/Douglas House
2000 Belvidere Street
Waukegan, IL 60085
847-360-4760
847-662-2577 Fax

Zion Park District

Leisure Center
2400 Dowie Memorial Drive
Zion, IL 60099
847-746-5500
847-746-5506 Fax

PRST STD
US POSTAGE PAID
Round Lake, IL
Permit No. 71

SRSNLC



A HEALTHY PLATE MADE TO ORDER

Purchasing a Park District Youth License Plate for your vehicle is an easy way to show your support for healthy lifestyles. Twenty-five dollars from the sale and subsequent renewals of each plate goes toward park district youth programming focusing on health, fitness and nutrition. And, with vanity and personalized plates available... this healthy plate can be made to order.

Toll Free: **1-877-783-KIDS** - www.4KIDSplate.com

IAPD
Illinois Association of Park Districts