
WAUKEGAN PARK DISTRICT

PRESS RELEASE

**Worldwide Day of Play
September 19, 2015 from 11:00am-2:00pm
Field House Sports and Fitness Center
800 Baldwin Avenue, Waukegan**

Waukegan, IL (September 1, 2015) – The Waukegan Park District invites the public to Worldwide Day of Play on Saturday, September 19, 2015 from 11:00am-2:00pm at the Field House Sports and Fitness Center. The event includes a host of fun activities planned for kids, families, and adults of all ages. Organized games and contests such as dodgeball, soccer, and basketball will be set up in the gym. Children and adults are urged to try something new from the list of activities offered including: First Swing Golf, USTA Tennis, the batting cage, crafts, Baggio, Zumba for all ages, a 3-point shooting contest, and supervised open climbing wall during the entire event!

AbbVie will be holding fun jump rope and hula hoop contests as well as giving away cookbooks, jump ropes and hula hoops. In addition, they will be offering demonstrations and tips for eating healthy.

Cha! Cha!, the loveable red-eyed tree frog mascot from the Rainforest Café will once again roam the event. **Cha! Cha!** will be handing out restaurant coupons and will take keepsake photos with children.

Adults will have free admission to the Fitness Center and indoor walking/running track. There will also be information and certified fitness staff available for parents interested in finding

ways to make their families healthier and learning new ways to promote physical activity. Vista Health System will be offering free health and wellness screenings for all participants.

This day of fun is **FREE** for anyone who wants to participate! Stop by the Field House at Hinkston Park or call 847-782-3300 for more information. Worldwide Day of Play is an annual celebration that promotes active play for kids and adults of all ages. The event encourages children to “get out and play” in an effort to fight childhood obesity.

The Waukegan Park District would like to thank *Vista Health System and Great Lakes Credit Union* for their generous support of this event.

Photos from 2014 Worldwide Day of Play





About the Waukegan Park District

Established on December 26, 1916, the district has 48 sites and more than 725 acres of land, including the 18-hole Bonnie Brook and 9-hole Greenshire Golf Courses. Properties are managed to the highest environmental and conservation standards. Facilities operated by the district include the Field House Sports and Fitness Center, the Jack Benny Center for the Arts, the Waukegan SportsPark, the Waukegan Skate Park, the Waukegan BMX Track, recreational centers, an outdoor swimming pool, disc golf course, dog exercise area and agility course, outdoor sports fields, picnic areas, playgrounds, and sports courts including basketball, tennis and pickleball. A full range of programs and services are offered year round for all ages, from infants to seniors as well as special needs populations. Healthy lifestyles, wellness initiatives, and a connection with the outdoors and nature are integrated throughout programs, services, and special events. Cultural events are provided by the Waukegan Symphony Orchestra and Concert Chorus, the Bowen Park Theatre Company, and the Waukegan History Museum. There is something for everyone! The award-winning District employs 59 full-time and over 250 part-time, year round, seasonal, and temporary employees. The District is a member of the National Recreation and Park Association (NRPA), Illinois Association of Park Districts (IAPD), and Illinois Park and Recreation Association (IPRA). The district maintains national accreditation from the NRPA Commission for Accreditation of Park and Recreation Agencies (CAPRA), the Illinois Association of Park District (IAPD) Distinguished Agency accreditation and the Park District Risk Management Agency (PDRMA) accreditation and sustains a Level A Loss Control Program. The district was a NRPA Gold Medal Finalist in 2012 and 2013, and awarded the NRPA National Gold Medal Award for Excellence in Park and Recreation Management in 2013.

7.6.15Comm. Relations

Contact:

Quincy Bejster, Supervisor
Field House Sports and Fitness Center
Waukegan Park District
(847) 782-3625
qbejster@waukeganparks.org