

# WAUKEGAN PARK DISTRICT

## PRESS RELEASE

### 2015 Turkey Trot Run, Trot, Walk, Gobble, or Crawl for a Chance at a Turkey

**Waukegan, IL (November 10, 2015)** –Start your 2015 holiday season off right, help others, have fun, and maybe win a turkey, not to mention reconnecting with friends and exercising for a good cause. Join the Waukegan Park District this Saturday, November 14, 2015 at Belvidere Park for the annual Turkey Trot. Preregister at Jack Benny Center for the Arts, Belvidere Recreation Center or the Field House Sports & Fitness Center. Onsite registration begins at 9:00am; foot races start at 10:00am. To register for the event, donate two cans of food; all food collected will be donated to a local food bank.

Races will be held for the following age groups:

- 7 months to 12 months (5 yards)
- 13 months to 23 months (5 yards)
- 2-3 years (15 yards)
- 4-5 years (75 yards)
- 6-7 years (75 yards)
- 8-10 years (200 yards)
- 11-13 years (3/8 mile)
- 14-17; 18-23; 24-29; 30-39; 40-49; and 50-59 years (1 mile)
- 60 and up (3/8 mile)

First place finishers in each age group and gender will receive a turkey and first place ribbon. All participants will receive a participation ribbon; however only Waukegan Park District residents are eligible to win turkeys as race prizes. Everyone attending the event is eligible to enter into a drawing to win a free turkey.

## **About the Waukegan Park District**

Established on December 26, 1916, the district has 48 sites and more than 725 acres of land, including the 18-hole Bonnie Brook and 9-hole Greenshire Golf Courses. Properties are managed to the highest environmental and conservation standards. Facilities operated by the district include the Field House Sports and Fitness Center, the Jack Benny Center for the Arts, the Waukegan SportsPark, the Waukegan Skate Park, the Waukegan BMX Track, recreational centers, an outdoor swimming pool, disc golf course, dog exercise area and agility course, outdoor sports fields, picnic areas, playgrounds, and sports courts including basketball, tennis and pickleball. A full range of programs and services are offered year round for all ages, from infants to seniors as well as special needs populations. Healthy lifestyles, wellness initiatives, and a connection with the outdoors and nature are integrated throughout programs, services, and special events. Cultural events are provided by the Waukegan Symphony Orchestra and Concert Chorus, the Bowen Park Theatre Company, and the Waukegan History Museum. There is something for everyone! The award-winning District employs 59 full-time and over 250 part-time, year round, seasonal, and temporary employees. The District is a member of the National Recreation and Park Association (NRPA), Illinois Association of Park Districts (IAPD), and Illinois Park and Recreation Association (IPRA). The district maintains national accreditation from the NRPA Commission for Accreditation of Park and Recreation Agencies (CAPRA), the Illinois Association of Park District (IAPD) Distinguished Agency accreditation and the Park District Risk Management Agency (PDRMA) accreditation and sustains a Level A Loss Control Program. The district was a NRPA Gold Medal Finalist in 2012 and 2013, and awarded the NRPA National Gold Medal Award for Excellence in Park and Recreation Management in 2013.

7.6.15Comm. Relations

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