



**Special
Recreation
Services of
Northern
Lake
County**

WAUKEGAN'S MAY PROGRAM LINE UP

Contact Kari Robinson or Maria Owens for more information:
krobinson@waukeganparks.org & mowens@waukeganparks.org

IMPORTANT INFORMATION

All programs are based off of current Phases & Tiers of the Restore Illinois Plan. **Please note that any virtual or in-person program information is subject to change at any time as we get more information regarding each Phase.** If we move to any higher or lower tiers, we may have more or less restrictions on our in-person programs.

For more information, programs, and services for the month please contact Special Recreation at 847-360-4760.

REGISTRATION

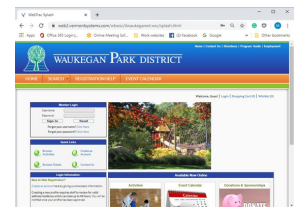
REGISTRATION OPENS MAY 1, 2021 FOR ALL PROGRAMS IN THIS BOOKLET!

First registration deadline is MAY 6th.

Please try to register for all programs online with a credit/debit card. To register online, visit waukeganparks.org and click the orange registration tab. Please keep in mind that registration space for in-person programs is limited due to regulations.

If you are unable to register online, you may go in-person to register at the Field House at this time. Please make sure to call ahead as their hours of operation may have changed. This option may change if we move to a higher tier. You **MUST** wear a mask to enter the Field House and follow all physical distancing rules, while at the facility.

- **If you have NEVER registered with the Waukegan Park District before** you will need to create an online account and contact Maria.
- **If you have ONLY registered in-person before** please contact Maria for assistance to get your online account set up.



You can contact Maria at 847-360-4764 or mowens@waukeganparks.org with questions.

JUNE PROGRAMS & SUMMER DAY CAMPS



Staff are diligently working on planning for next month. We are currently waiting to see which Phase of the Restore Illinois Guidelines we will enter at that time. Next month's program advertisement will be sent out by the middle of the month and will be based on the guidelines at that time. Please contact Kari at krobinsons@waukeganparks.org for all summer camp questions.

REQUIREMENTS TO PARTICIPATE

Please keep in mind that the current Phase & Tier of the Restore Illinois Mitigation Plans have very specific restrictions for in-person programs. **These may be cancelled based on the guidelines set by the State of Illinois Mitigation plan and what Tier our Region is placed in.**

If we are able to proceed with our planned in-person programs please make sure to review the In-Person Eligibility Guidelines & Safety Measures. Masks must be worn during in-person programs for the entire program. Please feel free to email us with any questions.

For Virtual Programs you will need a computer or other mobile device to join us online. Please let us know if you would like an orientation to online programs.



TRANSPORTATION



Note: NO transportation at this time

PROGRAM PAYMENT OPTIONS:

REGISTRATION OPENS MAY 1, 2021 FOR ALL PROGRAMS IN THIS BOOKLET!

Pay As You Go Option:

Register & pay for each individual program separately.

Virtual Memberships:

Save on program cost and registration time by joining one of our **VIRTUAL** membership options. Pricing will change month to month based on the amount of virtual programs being offered. Look for the star logos below to determine if a program is eligible for your chosen membership level.

Bronze Membership

Get 20% off the total cost. You will automatically be signed up for all bronze level virtual programs,

Bronze level excludes the programs: Crafty Creations

These programs have an additional cost and must be registered for separately. Please make sure to register for this membership by the deadline to guarantee your registration for all of the virtual programs that come with this option.

Age: 13 & older | Fee: \$11 R / \$17 NR

CODE	MONTH	REGISTRATION DEADLINE
51107401-5A	May	May 6, 2021



Silver Membership

Get 30% off the total cost. You will automatically be signed up for all virtual programs for the month.

Please make sure to register for this membership by the deadline to guarantee your registration for all of the virtual programs that come with this option.

Age: 13 & older | Fee: \$16 R / \$26 NR

CODE	MONTH	REGISTRATION DEADLINE
51107401-5B	May	May 6, 2021



OTTERS & SWORDFISH SWIM LESSONS

Please check out the NEXT Program Booklet for the June session of swim lesson offerings.

If you have questions please contact Kari Robinson at 847-360-4763 or krobinson@waukeganparks.org.



H.E.A.R.T PROGRAM

SRSNLC-Waukegan has a HEART for adults with disabilities. The H.E.A.R.T. Program is a once a week Day Program designed to offer adults with disabilities the opportunity to continue building relevant life skills while training them for transition into the community. This program's main areas of focus include: Health, Education, Art, Recreation, and Training. Structured programs are designed to improve its participants' quality of life through meaningful and educational experiences.

Please contact Kelsey Benson at 847-360-4766 or dhspecialist@waukeganparks.org or Maria Owens at 847-360-4764 or mowens@waukeganparks.org if you are interested in this type of program.

VIRTUAL PROGRAMS

COMPLETELY FREE PROGRAMS

VIRTUAL CONNECTION CAFE

Come join the lunchtime chats on Friday. We have great topics to discuss and games to play while everyone enjoys their lunch. You will find out the topic/theme for that day when sent the link.

Location: Virtual, through GoToMeetings
Age: 13 & older | **Fee:** FREE



CODE	DAY	DATE	TIME	REG DEADLINE
31104326 – V5A	F	5/28	12:00 pm – 12:45 pm	5/25

VIRTUAL PROGRAMS

THESE PROGRAMS ARE DONE VIRTUALLY THROUGH GOTOMEETINGS

VIRTUAL FAMILY GAME NIGHT



Want to connect and de-stress while still being able to stay home? Join us for Virtual Family Game Night. Connect with family and friends while playing some great games such as, Trivia, Bingo, Family Feud, and many more. **Winners will receive a prize!**

Location: Virtual, through GoToMeetings
Age: Family | **Fee:** \$ 5 R / \$8 NR



CODE	DAY	DATE	TIME	REG DEADLINE
31104403 – V5A	F	5/14	5:00 pm – approx. 6:00 pm	5/9

VIRTUAL VISITOR

You never know who you might learn from! Join us for this surprise guest. It could be a community member, political figure, or friend of SRSNLC! Come ready with questions to ask to figure out where he/she works. You only get to find out who the guest is, if you join us!

Location: Virtual, through GoToMeetings
Age: 8 & older | **Fee:** \$3 R / \$ 5 NR



CODE	DAY	DATE	TIME	REG DEADLINE
31104327 – V5A	M	5/17	4:00 pm – 4:30 pm	5/11

VIRTUAL PROGRAMS WITH SUPPLIES

THESE PROGRAMS HAVE A SUPPLY PICK UP DATE

VIRTUAL S.T.E.A.M.: SCIENCE, TECHNOLOGY, ENGINEERING, ART, MATH



Get psyched with an interactive S.T.E.A.M activity that can be done from the comfort of your home. These editions will feature a special guest. We provide the supplies and the step by step instructions. We will provide curbside pick-up of supplies needed. Calls will be made with the time and date for curbside pick-up. Parent assistance will be needed for younger ages.

Location: Virtual, through GoToMeetings
Age: 8 & older



CODE	DAY	DATE	TIME	REG DEADLINE	FEE
31105301 – V5A	TH	5/13	4:00 pm – 4:30 pm	5/6	\$5 R / \$8 NR

VIRTUAL CRAFTY CREATIONS

All the perks of an art program, but from the comfort of your own home! We provide the supplies and step by step instructions. Simply register online and pick-up your craft kit from the Douglas House. We will provide curbside pick-up of supplies needed for each activity. Emails will be sent with the date and time for curbside pick-up the week of the program. **ALL PROJECTS MAY NEED STAFF OR GUARDIAN ASSISTANCE TO COMPLETE.**



Location: Virtually, through GoToMeetings
Age: 8 & older | **Fee:** \$10 R / \$15 NR per session



CODE	DAY	DATE	TIME	REG DEADLINE
31106302 – V5A	TH	5/27	5:00 pm – 5:30 pm	5/12

IN-PERSON PROGRAMS

THESE PROGRAMS COULD CANCEL AT ANY TIME BASED ON RESTRICTIONS FROM THE RESTORE IL PLAN. PLEASE REVIEW ELIGIBILITY GUIDELINES ON PAGES 7-10 BEFORE REGISTERING.

FAMILY ZUMBA - OUTDOORS



Make a commitment to get healthy with your family! Zumba combines Latin American music and dance to create one great class that feels more like a party than a work-out. Everyone can join with or without previous dance experience. Families are welcome to join in on the fun. Please register each family member that plans to participate! This will be outside!

Location: TBA
Age: 10 & older | **Fee:** \$6 R / \$9 NR

CODE	DAY	DATE	TIME	REG DEADLINE
31101402- 5A	T	5/11-5/25	5:00 pm - 5:45 pm	5/7

TIME TO SPARE BOWLING: MINI SESSION

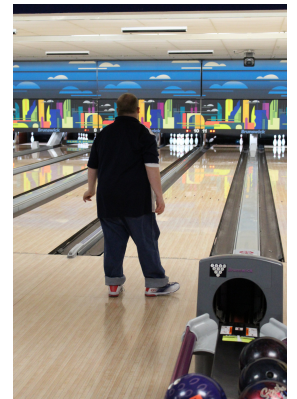
Do you have some time to spare for a friendly frame or two? Bowling can help improve hand-eye coordination, strength, flexibility, and gross motor skills. The fee includes two games of bowling and rental shoes.

Masks/Face coverings must be worn throughout the entire program.

No food will be permitted during program time. Parents will not be permitted by program lanes during the program.

Staff will greet participants at the front door of the facility. Only two bowlers per lane. Space is limited. NO transportation will be provided at this time.

Location: Bowlero, Waukegan
Age: 13 & older | **Fee:** \$24 R / \$36 NR



CODE	DAY	DATE	TIME	REG DEADLINE
31101303 - 5A	W	5/12 - 6/2	5:30 pm – 6:30 pm	5/9

NATURE & SCIENCE: FLY A KITE



Let nature be your inspiration! Make a nature kite and fly it high in the sky at Clearview Park! Get outside and enjoy the nature and learn about the science of kites!

Location: Clearview Park, 1523 N. McAree Road, Waukegan
Age: 13 & older | **Fee:** \$8 R / \$12 NR

CODE	DAY	DATE	TIME	REG DEADLINE
31105301 - 5B	TH	5/21	5:00 pm – 6:00 pm	5/9

In-Person Program Eligibility & Safety Measures

SRSNLC-Waukegan Park District

REVISED November of 2020

We are excited to provide in-person programming! All in-person programs will be planned to maintain social distancing protocols and Covid-19 Safety guidelines from the CDC, IDPH, and DEOC. **Please note that any live-virtual or in-person program information is subject to change at any time as we get more information regarding each Phase or Tier from the Restore Illinois Plans.** Programming will be developed on a month to month basis and spaces will be limited. To provide opportunities to everyone, participants may only register for one session of any in-person program that has multiple session offerings. However, virtual programs will remain with higher maximums for registration. Any of those individuals that are on the waitlist of the first session will get first entrance into the second session. If there is still room after a registration deadline, participants may register for additional sessions. Currently, SRSNLC residents take precedence for all programs.

We want to communicate fully that there will be some expectations for participants wanting to attend in-person programming. This is for the safety of all participants and staff involved. The majority of the participants' we serve are still considered high risk. If you or your child is considered high risk, please be aware that even in Phase 4, social distancing and face coverings in public will be expected and required for us to run programs. Individuals that are considered high risk, are also still recommended to stay out of large crowds.

As always, evaluations of reasonable accommodations are made on a case-by-case basis to ensure that our staff has as much information as possible about the specifics of the request being made. SRSNLC-Waukegan always retains the right to re-evaluate participation when a situation is creating a direct threat of safety.

Below is information to help you understand eligibility requirements for in-person programs, requirements while on programs and what will happen in the event a participant/staff/volunteer becomes ill and Covid-19 is suspected. If you/your child does not meet the eligibility requirements at this time, we will still be offering some virtual programming both online and with Hobbies for Home activity ideas!

Eligibility requirements:

- Free from any Covid-19 symptoms for the past 10 days. **Symptoms are listed below:**

COVID-19 SYMPTOMS	
• Fever 100.4° F or above	• Cough
• Difficulty breathing	• Shortness of breath
• Loss of taste or smell	• Chills or shivering
• Sore throat	• Headache
• Muscle aches	• Diarrhea
• Abdominal pain	• Vomiting

- Has not had a positive test for Covid-19 in past 10 days.
- No known exposures within the last 14 days to a person with a positive COVID-19 diagnosis or who has had symptoms.
- Ability to contain all bodily fluids including saliva and mucus with appropriate personal protective equipment.
 - SRSNLC-Waukegan will maintain a zero-tolerance policy regarding: spitting, biting, licking, and signs of Covid-19 symptoms. Negative behaviors that involve saliva and/or mucus will result in a minimum of a week-long suspension from SRSNLC programs.
- Must be able to stay with the group with minimal prompting

- Participants that actively engage in running away from the group or consistently wandering away may be asked to leave programs and will be asked to join us virtually. This is for the safety of all staff and participants.
- Must be able to:
 - Properly put on, wear, and take off a face covering when necessary, for the duration of the program.
 - Independently provide self-care for: feeding, toileting, hand washing, and other general hygiene practices.
 - Maintain six feet of social distancing from participants and staff with ONLY minimal verbal prompts, or visual reminders for the entire program.
 - Participate in the entire program with minimal verbal prompts, demonstration, or visual reminders at a ratio of one staff to four participants.
 - Allow shared objects to be cleaned before and between use, without exhibiting negative behaviors.
- Ability to follow the SRSNLC Code of Conduct and other pre-determined guidelines.

If you answer YES to all the statements above, in-person programming may be a good fit.

If you answer NO to one or more of the statements above, please contact us to discuss program options.

All people ineligible for the current phase of the Restore Illinois Plan can be reassessed for eligibility when Illinois reaches the next Phase in the re-opening process.

All participants eligible for in-person programs will be reassessed for behavioral related eligibility at each program.

Enhanced Safety Procedures – Subject to Change as State of Illinois Guidelines evolve

Within all recreation programs and public spaces there is an inherent risk. However, SRSNLC- Waukegan will be taking the following measures to promote safety in our programs.

- Program capacity maximums will be limited within the current guidelines, inclusive of staff and participants.
- Face coverings must be worn by participants and staff at all times. The only exceptions are when eating or drinking. Masks or face coverings are required for outdoor programs and indoor programs at this time.
- Participants must provide their own face covering. The CDC currently, does not recommend the use of one ply masks, vented masks, or gator style masks.
- Staff will develop a pick-up and drop-off system for each program to ensure proper physical distancing. Parents and caregivers must wear face coverings and stay in their vehicle when dropping off and picking up participants. There will be a designated drop off zone and one staff to escort participant into the rest of the group. The zone will be marked for social distancing. **Guardians/approved adults must be prepared to present an ID at every pick-up.**
- Handwashing:
 - Participants and staff will be required to wash hands or use hand sanitizer upon arrival at the program.
 - Participants and staff will be required to wash hands or use hand sanitizer when entering and leaving a building.
 - Participants and staff will be expected to wash hands or use hand sanitizer during the program, as needed or at regular intervals for longer programs.
- Staff will clean and disinfect frequently touched surfaces (tabletops, door handles, etc.) before and after activities and in-between uses of different individuals.

- SRSNLC-Waukegan will be limiting the sharing of supplies and equipment, and cleaning and sanitizing the equipment if it must be shared. Staff and participants will be asked to wash hands or use hand sanitizer in between using equipment that must be shared.
- Staff will take measures to promote 6-foot physical distancing by using such actions as seat assignments, outdoor activities, barriers, and traffic flow patterns.
- No visitors and no mixing of groups.
- Signage will be placed throughout the program site to help employees, volunteers, and participants understand COVID and the agency precautions.
- Hand sanitizer will be readily available for staff and participant use.
- Water fountains will not be available. All participants and staff must come with a reusable or disposable water bottle.
- All food consumed must be brought from the consumer's home. No sharing. If our programs provide a snack it will be pre-packaged, and staff will distribute while wearing gloves. We will not be doing any cooking activities at this time.
- All lunches brought from home must be completely disposable except for water bottles.
- Participants, staff or volunteers who have been diagnosed as having Covid-19, display symptoms of Covid-19 or were exposed to someone with COVID-19 are asked to report this within 24 hours of being informed; they will be asked to self-quarantine per CDC guidelines and return per CDC guidelines and Park District procedures.
- All employees, volunteers, and participants will be asked to report a positive COVID test to the SRSNLC-Waukegan office within 24 hours of the test results.
- If SRSNLC-Waukegan receives notification of an exposure on our programs, all employees, volunteers, and participants who have had direct or in-direct COVID exposure at SRSNLC-Waukegan programs will be notified, as well as notification given to the Lake County Health Department.
- To protect your participant and those they interact with, participants that do not adhere to program rules and the above guidelines may be removed from the program.

Wellness Screening

- Participants and staff must perform an at home self-wellness screening every day prior to arrival at program. **Instructions for the self-wellness screening is attached.**
- Staff will have a no touch thermometer on hand if anyone feels they may need it.
- If anyone shows signs or symptoms of COVID-19 while on program, they will be placed in isolation and must be picked up from program by a guardian or other emergency contact within 30 minutes. Individuals needing to be placed in isolation will still be supervised by a staff in one of the following situations: a space outside, that is 30 feet from others, the sick individual remains in a room inside, while others in the group go outside or to another space in the building, or in a supervised room such as an office, restroom, hallway or foyer. They will need to remain in isolation per CDC guidelines. Notification of requirements to return will be given.
- If participants have illnesses like allergies, or other non-contagious conditions that may appear similar to a Covid-19 symptoms, a note from a physician stating they are not contagious and that these symptoms are not due to the non-Covid-19 illness is required prior to returning to a program. Any additional symptoms will need an additional medical clearance.

Participant/Staff/Volunteer Home Assessment Wellness Screening

*Please complete prior to attending any program.

By arriving, to an in-person program with the Waukegan Park District facility, you are acknowledging that you have completed a personal wellness screening. Answering “No” to all Wellness Screening questions verifies that you do not have any known COVID-19 symptoms.

If you answer “Yes” to any Wellness Screening questions, please do not attend, or enter the program.

Wellness Screening Questions

Y or N: Have you felt feverish?

Y or N: Do you have a cough?

Y or N: Do you have a sore throat?

Y or N: Have you been experiencing difficulty breathing or a shortness of breath?

Y or N: Do you have muscle aches?

Y or N: Have you had a new or unusual headache (e.g., not related to caffeine, diet, or hunger, not related to history of migraines, clusters, or tension, not typical to the individual)?

Y or N: Have you noticed a new loss of taste or loss of smell?

Y or N: Have you been experiencing chills or rigors (rigors: a sudden feeling of cold with shivering accompanied by a rise in temperature)?

Y or N: Do you have any gastrointestinal concerns (e.g., abdominal, pain, vomiting, diarrhea)?

Y or N: Is anyone in your household displaying any symptoms of COVID-19?

Y or N: To the best of your knowledge, have you or anyone in your household come into close contact with anyone who has tested positive for COVID-19 (close contacts include household contacts, intimate contacts, or contacts within 6-ft for 15 minutes or longer (10 minutes or longer for ambulatory care services) unless wearing N95 mask during period of contact)?

Any individuals with any symptoms above are encouraged to seek a COVID-19 test at a state or local government testing center, healthcare center or other testing locations and follow guidelines recommended by the Health Department. Please notify us as soon as possible if you/your child has been on a program within the last 14 days of testing positive for COVID-19. Please remember the confidentiality of any staff/participant/volunteer that tests positive for COVID-19 will be respected. Your cooperation is appreciated and helps us to all stay healthy and safe.