

Special Recreation



Special Recreation Services of Northern Lake County

Special Recreation Services of Northern Lake County provides individuals with disabilities or special needs the opportunity to be involved in year-round recreation and leisure programs. This could include individuals who have varying degrees of physical disabilities, intellectual disabilities, learning disabilities, emotional difficulties, hearing or visual impairments and developmental delays. Programs are available for individuals from five years of age through adults who are in special education programs, vocational workshops, or for those who need assistance to succeed in recreational activities.

Special Recreation Services of Northern Lake County is a cooperative of Waukegan Park District, Lindenhurst Park District, Round Lake Area Park District and Zion Park District. As an extension of the Park District, SRSNLC conducts a variety of recreation programs throughout the year, and also assists the Waukegan Park District with inclusion needs.

Special Recreation Services supports self-development, emotional well-being, health promotion and disease prevention, but most importantly, enhances quality of life. Therapeutic Recreation, the benefits are endless!

Program options include: social outings, dances, fitness programs, art and craft programs, bowling leagues, summer, spring and winter day camps, youth and teen specific programs and sports teams that compete in the Special Olympics of Illinois.

It is the MISSION of SRSNLC to educate our citizens to become responsible, productive, healthy and contributing members of our society by preparing them through recreation with a dynamic and caring environment, which excites them and invites them to participate.

These programs are just a few of the activities that Special Recreation offers to the community. To see our full brochure, please contact our office at 847-360-4760 or pick one up by stopping by one of the following locations: the Douglas House (732 N. Genesee St.), The Field House at Hinkston Park (800 N. Baldwin Avenue.), the Belvidere Recreation Center (412 S. Lewis Avenue) or the Jack Benny Center (39 Jack Benny Drive). Don't miss out this spring! Go to www.waukeganparks.org and view the SRSNLC brochure online.

Volunteer opportunities are available; call the Waukegan office of Special Recreation Services of Northern Lake County at 847-360-4760 for more information.

Would your club or organization like to hear more about Special Recreation Services of Northern Lake County? A member of SRSNLC would be happy to talk about our services and present a sample of the programs we offer. To schedule a speaker, call Julie Schneider, Manager of Special Recreation, at 847-360-4762.



All-Star Soccer Team #11101301

Age 15+

Gooodoooo! Kick off the spring with All-Star Soccer. SRSNLC will help you learn soccer skills, or improve the ones you have. The team program competes against local SRA's and at the Special Olympics District Tournament and ITRS Tournament in May. Gold Medal winners proceed to the Special Olympics Illinois Summer Games in June. A Medical Application for Special Olympics must be on file and current. Don't get a yellow card for missing this program. Program takes place at Round Lake Sports Center.

RLS WE 3/1-5/17 5:15-8pm Reg by 2/8 \$60/\$90 -1A

All-Star Soccer Skills #11101318

Age 8+

Gooodoooo! Kick off the spring with All-Star Soccer. SRSNLC will help you learn soccer skills, or improve the ones you have. The skills program practices weekly and also competes in Special Olympics in May. Gold Medal winners proceed to the Special Olympics Illinois Summer Games in June. A Medical Application for Special Olympics must be on file and current. Don't get a yellow card for missing this program.

Varies MO 4/3-5/1 5-6pm Reg by 3/6 \$45/\$68 -1A

Breakfast Crew #11104326

Age 21+

Are you in the mood for an omelet? Or craving fluffy pancakes? Come join the Lindenhurst and Round Lake Breakfast Crews as we visit restaurants in the local area to start our day off with good conversation and a tasty meal. Note: Return transportation time is approximate. **Phone calls will be made if the time will vary by more than 15 minutes.**

Fred's Diner

DH TH 3/2 9am-12pm Reg by 2/21 \$26/\$30 -1A

Triangle Restaurant

DH TH 4/6 9am-12pm Reg by 3/28 \$26/\$30 -2A



Spring Break Camp - Buds #11102205 Age 5-12

Spring Break is just around the corner, what will you be doing? SRSNLC has a week full of fun activities planned, including a fieldtrip, community outings, games, crafts and much more! Engage your children in socialization activities and keep their muscles moving while out of school for the week. **Please send a sack lunch each day.** The Waukegan Park District Procedure for Participants Behavior will be enforced. A signed behavior contract by parents and participants is required. Fee includes door-to-door transportation for Waukegan in-district residents only.

DH	MO	3/27	9:30am-4pm	Reg by 3/13	\$27/\$41	-1A
DH	TU	3/28	9:30am-4pm	Reg by 3/14	\$27/\$41	-1B
DH	WE	3/29	9:30am-4pm	Reg by 3/15	\$27/\$41	-1C
DH	TH	3/30	9:30am-4pm	Reg by 3/16	\$27/\$41	-1D
DH	FR	3/31	9:30am-4pm	Reg by 3/17	\$27/\$41	-1E

Spring Break Camp - Bloomers #11102304 Age 13-22

Spring Break is just around the corner, what will you be doing? SRSNLC has a week full of fun activities planned, including a fieldtrip, community outings, games, crafts and much more! Engage your children in socialization activities and keep their muscles moving while out of school for the week. **Please send a sack lunch each day.** The Waukegan Park District Procedure for Participants Behavior will be enforced. A signed behavior contract by parents and participants is required. Fee includes door-to-door transportation for Waukegan in-district residents only.

DH	MO	3/27	9:30am-4pm	Reg by 3/13	\$27/\$41	-1A
DH	TU	3/28	9:30am-4pm	Reg by 3/14	\$27/\$41	-1B
DH	WE	3/29	9:30am-4pm	Reg by 3/15	\$27/\$41	-1C
DH	TH	3/30	9:30am-4pm	Reg by 3/16	\$27/\$41	-1D
DH	FR	3/31	9:30am-4pm	Reg by 3/17	\$27/\$41	-1E

School's Off #11102202 Age 6-12

Just because there is no school doesn't mean you have to sit around all day. SRSNLC is going to provide you with a full day of your favorite subject, recess! Join us as we spend the day on fun fieldtrips, playing games, and getting to know new friends. Please send a sack lunch. **SRSNLC will provide door to door transportation for in-district residents that live in Waukegan.**

DH	FR	4/14	9:30am-4pm	Reg by 3/31	\$30/35	-4A
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Volo Auto Museum #11104329 Age 13+

These cars aren't old their classic! Spend the afternoon learning about and viewing cars in 33 different exhibits! See military vehicles, classic cars, and famous cars throughout the museum. This is the place for car enthusiasts of any age. Don't miss out on this classic opportunity. **Bring a lunch to eat at their outside picnic area.**

You may bring extra money for souvenirs.

Volo	SA	4/29	10:30am-1:30pm	Reg by 4/22	\$26/\$39	-1A
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Volunteer Opportunities

Get involved! Meet new people! Have fun! We have great opportunities for students to complete service hours, seniors who are interested in staying active and parents who want to do something meaningful with their children. Have a special interest and limited time to volunteer? No problem! Some of our highest needs are for tasks that might last two to four hours. Below are some volunteer opportunities at the Waukegan Park District.

Name _____	Date _____
Organization (if any) _____	
Address _____	
City _____	State _____ Zip _____
Phone _____	E-mail _____

Upcoming Events to Volunteer for:

Special Recreation

- SRSNLC's Bowling Tournament 3/4/2016
- Special Olympic Sports Varies
- Recreation Rally 5/5/2016

Contact: Kari Robinson (krobinson@waukeganparks.org, 847-360-4763)

Cultural Arts

- Usher Ongoing
- Ongoing Museum docents Ongoing

Contact: Claudia Freeman (cfreeman@waukeganparks.org, 847-360-4740)

Special Events

- Eggstravaganza Trail 4/15/17
- National River Cleanup Day 5/3/17
- Live Green Family Festival 5/20/17
- Fishing Derby 6/3/17

Contact: Jamie Teichmann (jteichmann@waukeganparks.org, 847-360-4706)

Parks

- Park Cleanup and Improvements Ongoing

Contact: Mike Trigg (mtrigg@waukeganparks.org, 847-360-4725)

Sports & Athletics

- Youth Basketball Referees & Coaches Ongoing
- Softball and T-ball Referees & Coaches Ongoing

Contact: Kaitlin Fischer (kfischer@waukeganparks.org, 847-782-3620)

Please return this completed form to:

Attention: Volunteers
Waukegan Park District
2000 Belvidere Street
Waukegan, IL 60085

To download a Volunteer Application and Agreement form and learn more about specific duties, or print this form, go to:
<http://www.waukeganparks.org/about/volunteers.htm>