

# Waukegan Park District

## INDOOR VOLLEYBALL RULES

### Women's 6, Men's 6, & Coed 6's

#### OVERVIEW

- Each team consists of no more than 6 players on the court at one time.
- Teams will play 1 match, (3 games). All 3 games will be played each night.
- All games will be played with Rally Scoring. More specific rules are located on the next page.
- A player may only play on one team/night and may not sub for another team.

#### BEGINNING OF THE GAME

- The beginning of the game will start with staff using a coin flip. The winning team will have one of two options, choose to serve first or choose which side they prefer to play on, (not both). Each match will consist of three games. Each game will count in the overall standings for regular season standings.

#### TEAM SIZE

##### Women's 6's

- Each team consists of 6 women on the court at one time. Shorthanded teams may play a legal game with a minimum of 4 players. Teams fielding less than 4 players will receive a forfeit. *Exception:* Teams with less than 4 players may still play a legal game but only with the opposing teams consent. All teams consenting to play a legal game with less than the allowed minimum waive their right to a forfeit win. All rosters must be finalized by the December 17 unless

teams have approval from the Athletic Supervisor, which could happen if a team has players injured or other serious issues.

### **Men's 6's**

- Each team consists of 6 men on the court at one time. Shorthanded teams may play a legal game with a minimum of 4 players. Teams fielding less than 4 players will receive a forfeit. *Exception:* Teams with less than 4 players may still play a legal game but only with the opposing teams consent. All teams consenting to play a legal game with less than the allowed minimum waive their right to a forfeit win. All rosters must be finalized by the December 17 unless teams have approval from the Athletic Supervisor, which could happen if a team has players injured or other serious issues.

### **Coed 6's**

- Each team consists of 6 players on the court at one time, (no more than 3 men). If a team has either 5 or 4 players with a minimum of 2 women it will be considered a legal game. Shorthanded teams may play a legal game with a minimum of 4 players, (at least two females are needed). Teams fielding less than 4 players or without 2 women will receive a forfeit. *Exception:* Teams with less than 4 players or without 2 women may still play a legal game but only with the opposing teams consent. All teams consenting to play a legal game with less than the allowed minimum waive their right to a forfeit win. There is no maximum limit on the amount of females on the court at one time. All rosters must be finalized by the December 17 unless teams have approval from the Athletic Supervisor, which could happen if a team has players injured or other serious issues.

### **Women's 6, Men's 6's, & Coed 6's**

## Play:

- A legal serve play is one that may make contact with the net, which means Net or Let serves are allowed.
- Coed hitting rule: if the ball is hit more than once on a team's side a female must have a hit during the play.
- Any point during a game that cannot be decided in the un-officiated coed league will be a replayed.
- A defensive block does not count as one of the allowable contacts. A player may reach over the net to block a ball if:
  - a. Any portion of the ball breaks the plane of the net.
  - b. After the offense has come in contact with the ball on the third attempt.
- The serve may not be blocked or spiked.
- Players can return the serve by:
  - a. Bump pass
  - b. Clasp their hands together
  - c. A closed fist
  - d. A set
- Contact of the ball when spiking is legal only if a portion of the ball is in contact with the plane of the net or on the spiker's side of the net. Spikers may follow through over the net after legal contact.
- The ball must be cleanly hit when spiking with an open hand. Guiding or carrying is illegal.
- \*A carry is any use of an open hand(s) while making contact with the ball that is not in a firm manner.
- Out of bounds is the area outside the designated court line, (the "antennas" will be considered out of bounds as well). The line is in bounds.
- If the ball hits the ceiling during play, the play may continue if it stays on the team's side; however, if the ball hits the ceiling while crossing sides it will be considered a side out.
- A player may touch but not completely cross over the center line with his/her foot.

- The ball can contact any number of body parts down to, and including the foot.
- Alcohol is not permitted in the gym at any time, regardless if it is a spectator or a player.

Players may not cross over the line of a different court at any time during a point. Even if you have hit the ball, your momentum may not allow you to cross the court lines. The point will end immediately when a player crosses the line onto a different court. This will also result in the loss of a point for the offending team.

USA VOLLEYBALL rules apply unless stated otherwise.

### **PLAYOFFS:**

All teams will qualify for the end of the season tournament in their league.

### **GAME SCORING:**

#### **All Leagues**

Matches will be played with the first two games being played to 25 speed scoring, win by 2 or first to 27; the third is played to 21, win by 2 or first to 23. Let serves are allowed. Two timeouts per game are allowed. \*\*\* Because of the amount of teams in the women's league this year all game will be played up to 21 points. Also, one timeout per team.

### **FORFEITS:**

6:15 matches only have a 10 minute 1st game forfeit grace period 6:25, 2nd and 3rd game will also follow the ten minute interval, however, for all other matches 7:00,7:45,8:30, game

time is forfeit time for the 1st game. 2nd and 3rd games will maintain the 10 minute interval i.e. 7:10 and 7:20.

Shorthanded teams may play a legal game with a minimum of 4 players. Teams fielding less than 4 players or without 2 women will receive a forfeit. *Exception:* Teams with less than 4 players or without 2 women may still play a "legal" game but only with the opposing teams consent. All teams consenting to play a legal game with less than the allowed minimum waive their right to a forfeit win.

If you know in advance that your team is going to forfeit a game, we encourage you to call our office to save the other team from traveling to the site unnecessarily. If repeat forfeits occur the team(s) is subject to removal from the league.

### **WAIVERS:**

In order to participate in the league, each participant must sign the team waiver. Waivers are provided and must be completed and handed in no later than the first night of play. Players not present the first week of play will still be required to sign a waiver with our staff before participating. Players must sign the waiver in order to be eligible for playoffs. No additions can be made to rosters after the first 4 weeks unless a player is injured & will not play the remainder of the season.