

Adult Programs

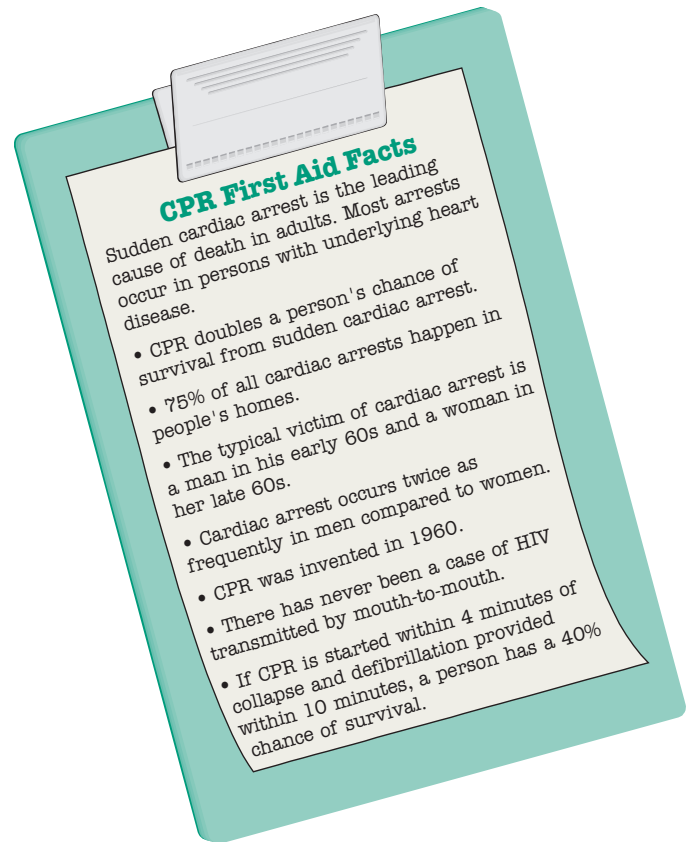
Brain Fitness Club (55 years & older) Free

Unlock the secrets of maintaining your brain. As the club meets we will practice mental workouts with fun brain games! You won't strain this large muscle of yours, but we plan to strengthen and enhance your brain with fun games, some of which will be computerized and played as a group. Don't miss out on this enlightening and entertaining experience.

BRC TU 3/6 & 4/3 1pm-2pm Reg by 3/1 #1750



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CPR + FIRST AID

Basic CPR & First Aid (12 years & older) \$48/\$53

Do you know what to do in an emergency? Can you provide basic first aid to someone in need? If not, this is the class for you! This basic CPR & First Aid class will teach you how to enter an accident scene safely, how to assist an injured person, and how to perform rescue breathing, CPR, and manage an obstructed airway. This course is designed by EMP International Inc., a leading provider of CPR training curricula. Students will receive CPR and First Aid certification valid for two years upon successful completion of the course. Class materials are included in the fee. Please wear comfortable clothing and bring a sack lunch.

BRC SA 4/14 9am-2:30pm Reg by 4/9 #1802



AED (Additional 1 hour) (12 years and older)

\$15/\$17

Automatic External Defibrillators (AED) are becoming more and more available in public facilities. There may be one at your place of employment. If you are looking to learn how to operate an AED this additional hour to our Basic CPR & First Aid class will satisfy that requirement. Each participant must be certified in CPR prior to attending this class; proof of certification is required at time of registration. You may register the day of the program.

BRC SA 4/14 2:45-3:45pm Reg by 4/14 #1800

"This class was fun and easy to understand.
I would recommend it to anybody."

—Jade Faber

I no longer look like a deer in headlights when surrounded by a Spanish conversation. I am able to get the gist of the conversation now.

—Lisa Weinhold



LANGUAGE CLASSES

Beginner Spanish (16 years & older) \$56/\$62

Do you want to learn to communicate in another language? Do you hear Spanish dialect all around you and you wish you understood? Join us on Saturday mornings and gain the knowledge to understand and speak Spanish at a beginner's level. Sign up today!

BRC SA 3/17-4/28* 9:30-11am Reg by 3/14 #1359
*No class 4/7

Beginner Spanish II (16 years & older) \$56/\$62

Have you taken the first round of Spanish classes, and still feel some more training is necessary before you can converse the language? Do you aspire to learn more? Don't miss this new extension of the Beginner Spanish class! Consider taking Beginner Spanish II, because here our instructor will drive home the topics that were introduced in the beginner class, as well as expand your skills at the next level.

BRC SA 3/17-4/28* 11:15am-12:45pm Reg by 3/14 #1360
*No class 4/7

Living Green (18 years & older) \$18/\$20

Learn simple ways to start living green! Instructor Carl Zegan will provide easy, practical ways to reduce your utility bills, reduce toxins in your home, live, and breathe healthier within your home, and reduce the toxins your pets and children come into contact with on a daily basis. Learn to apply such green habits to your life immediately. You may be surprised that changing to a green life style does not have to be expensive.

BRC TH 4/12 6:30-7:30pm Reg by 4/9 #1819

NEW! Charitable Giving: Effective Ways to Support Your Favorite Causes (18 years & older) \$15/\$17

Learn how to make your gift more effective. Studies show that people make charitable donations because they want to make a difference, but contributors feel they lack knowledge that is essential to maximizing the effectiveness of their gifts. Join financial planner Mark Durrenberger for an hour on the basics of leaving money to your favorite causes. There will be plenty of time for questions as well.

BRC TU 3/20 1pm-2pm Reg by 3/16 #1872

NEW! Retirement Plan Basics (18 years & older) \$15/\$17

This seminar explains the basics of the most common retirement plans in use in today's world, with an emphasis on traditional and Roth IRAs and the investment opportunities and tax and other rules associated with those plans. Join financial planner Mark Durrenberger and estate planning attorney Bill Durrenberger for an hour on retirement plan basics. There will be plenty of time for questions as well.

BRC TH 4/19 6:30-7:30pm Reg by 4/16 #1873

NEW! Introduction to Estate Planning & Probate (18 years & older) \$15/\$17

This seminar introduces you to the legal area of estate planning and probate, trusts, powers of attorney, probate court proceedings after someone dies, and related income, estate, and gift tax issues. The intention is to provide you with a very basic understanding of this important area of the law. Presented by Bill Durrenberger, estate planning attorney, and Mark Durrenberger, a financial planner. There will be plenty of time for questions as well.

BRC TH 5/17 6:30-7:30pm Reg by 5/14 #1874

REGISTER ONLINE



Register for classes at your convenience, day or night. We have detailed information to help you, including instructions, policies and FAQs.

Visit our website at www.waukeganparks.org

Adult Programs



ADULT DANCE

Belly Dancing (16 years & older) \$55/\$66

Come learn this ancient fitness alternative instructed by Zarina. If you never tried Belly Dancing, you're welcome to join this class, where you will be introduced to middle-eastern dance techniques and the benefits of belly dancing. If you enjoy belly dancing and already know the techniques you too are welcome to join this class for fun. All participants will increase flexibility, strengthen, tone, and improve posture all in a fun and exciting atmosphere.

BRC WE 3/7-4/11 6:30-7:30pm Reg by 3/5 #1349



Belly Dancing: Love the teacher!

—Lisa Guadiana

Belly Dancing II: Combinations & Choreography (16 years & older) \$55/\$66

The next level of Belly Dancing will be taught in this class. Zarina will use the basic moves from the general Belly Dance class and apply combinations leading up to a choreography. If you have participated in our past Belly Dancing classes you may enjoy the fresh new combinations that will be taught in this class. Improve your posture and core muscles as you dance.

BRC WE 4/18-5/23 6:30-7:30pm Reg by 4/16 #1348

Steppin' in Style (18 years & older) \$35/\$39

This basic step dancing class will provide an introduction to steppin' with concentration on the "beat," the "count," the concept of the "lane," left, right, single and double turns, timing and smoothness. We will also touch on understanding the lead versus a position that follows. Join our instructor for a fun steppin' experience!

BRC WE 3/14-4/11 7:40-8:40pm Reg by 3/12 #1894



Jan (Swing & Latin Variations instructor) is very patient and easy to understand

—Jill & Vince Cannon

Ballroom Dance and Tango (16 years & older) \$15/\$17

Here is your chance to get the best of both dance worlds! Learn ballroom favorites like the waltz then turn on the passion and learn tango dance steps that will spark the dance floor. Instructor Jan Keller will make every effort to grant your requests.

BRC FR 3/2-3/16 6:30-7:30pm Reg by 2/27 #1379

Mini Dance Combo (16 years & older) \$17/\$21

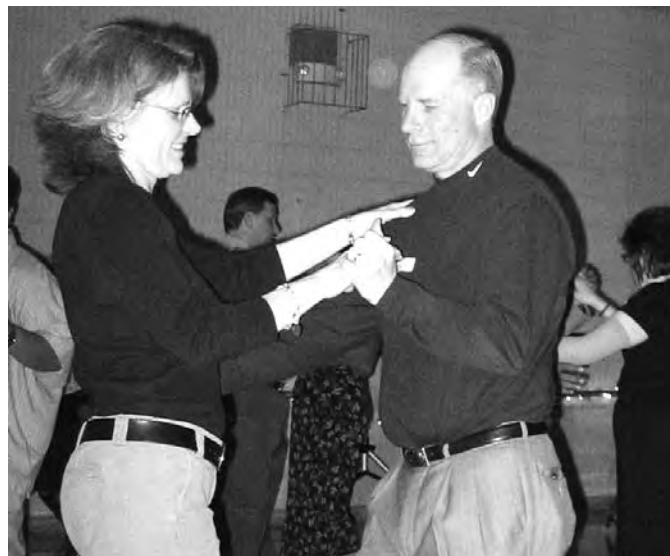
Celebrate good times! Come on! This class is ideal if you would like to lean a majority of dance forms for that special occasion, dinner dance, exercise or just to get out of the house. This class is a great way to get exercise without focusing on the challenge of keeping your heart rate up. You will benefit from the entertaining movements that ballroom, swing, and the Latin dances encompass. Your requests will be considered by instructor, Jan Keller. Singles are always welcome!

BRC FR 4/13-4/27 7:00-8:15pm Reg by 4/9 #1311

Dance Like the Stars (16 years & older) \$34/\$37

Yes, we did it, combined great dances in to an extended hour plus program! Now you can take a class for those special occasions and learn essential dances that will display your talent on the dance floor. This is a perfect opportunity for wedding parties that need a few lessons without the weeks of commitment. But wait, you will also have opportunity to add a little Latin to your week with a class that involves dance steps that vary from salsa, cha cha, rumba to swing. Instructor, Jan Keller will honor requests for dances that you are most interested in. Singles welcome! Please join us as we jump, jive and wail at the BRC!

BRC FR 5/4-5/25 6:30-8pm Reg by 4/30 #1384



Adult Trips

Show Boat – Lyric Opera House Chicago (21 years & older) \$157/\$203

Take advantage of seeing America's greatest musical theater masterpiece at the Lyric Opera of Chicago. "That Ol' Man River, he just keeps rollin' along..." and so do all the other iconic songs, including "Can't Help Lovin' Dat Man," "Make Believe," "Bill" and "You Are Love." With its powerful homegrown drama and classic hit songs, this masterwork changed the course of American Musical Theater! Get aboard the Cotton Blossom, where you'll meet Magnolia, the young actress who falls for the good-looking gambler Ravenal; Julie, the torch singer who, with her husband Steve, must run from the law when it's revealed that her mother was black; Andy and Parthy, the show boat's intrepid proprietors, and more! Opera is in English with projected English texts. Seats are on the main floor, without stairs. We only have a limited amount of seats, so don't wait to register! Prior to the show lunch will be enjoyed at Skokie's California Pizza Kitchen. Price includes van transportation, show admission and lunch.

BRC TH 3/1 10:15am-6:30pm Reg by 1/27 #1852

Antiquing in Kenosha and Beyond (21 years & older) (\$31/\$34)

Bring your pocket book, or just energy for browsing. We will frequent many stops today as we antique in the Kenosha area and Sturtevant, Wisconsin. We'll have lunch at Kenosha's House of Gerard. Enjoy the German atmosphere, partnered with a roasted chicken breast, herb stuffing, vegetable and mashed potatoes lunch. Next stop is Andrea's, a historic soda fountain café, where you can purchase a shake or other delicious treat. Trip fee includes van transportation, lunch, and antique stops.

BRC WE 3/14 9:30am-4:30pm Reg by 3/5 #1855

Milwaukee Domes (21 years & older) \$38/\$42

We are traveling north to tour the Mitchell Park Horticulture Conservatory in Wisconsin. No matter what the weather is outside, the environment inside the Milwaukee Domes are ideal for an enjoyable, educational trip to the desert and tropics and a beautiful aromatic floral wonderland. At the Tropical Dome see over 1200 species of plant, including some that are very rare. Prior to our Milwaukee Domes visit we will have lunch in Greendale at the Harmony Inn the Village Restaurant. At registration please select your lunch: A) Egg salad sandwich, B) BLT, or C) Patty melt. Trip fee includes van transportation, lunch, and admission into Domes.

BRC TH 4/12 10am-4pm Reg by 4/2 #1866



Visit us on facebook



The Convertibles- White Fence Farm (21 years & older) \$60/\$66

White Fence Farm is located in Romeoville, IL and known for their famous four-piece chicken dinner, which will be included in the visit. Besides a hearty and delicious lunch, trip participants will enjoy a Dynamic Doo Wop Group singing favorites from the 1950s and 1960s. This group has fantastic four part harmonies, and opened for the Jersey Boys in 2008. Trip fee includes van transportation, meal, and show.

BRC TU 4/24 10am-4:30pm Reg ends 3/20 #1861

Ten Chimneys (21 years & older) \$64/\$70

Alfred Lunt and Lynn Fontanne were the king and queen of 20th Century American theatre. They were widely considered the greatest acting team in the history of American theatre. Summer after summer the Lunts came to Ten Chimneys to retreat, relax, and rejuvenate. Enjoy this opportunity to tour Ten Chimneys in their charmingly personal estate in Genesee Depot, WI. Ten Chimneys is a landmark unique among our national treasures. The diverse collections and enchanting décor are comprised of the original pieces handpicked by the Lunts in the 1920s, 1930s and 1940s. Trip includes extensive tour of the estate, including standing and stair climbing. A delicious boxed lunch will be enjoyed on location at the estate. When registering please provide your lunch choice: A) Turkey sandwich, B) Ham sandwich, or C) Vegetarian delight. All sandwiches include a side of fresh coleslaw or chips, a dessert bar or cookie, and bottled beverage. Trip fee includes van transportation, lunch, and tour.

BRC WE 5/23 10am-4:30pm Reg by 4/16 #1644

Navy Air Museum & Much More! (21 years & older) \$64/\$70

Hold on for a very enlightening and entertaining day. We are traveling to Glenview to visit some of their historical and environmental attractions. First stop the Air Station Prairie Tour, which sets an example of how manmade structures can harmonize with the environment. Learn about local plants, animals, wetlands, soil conservation, and gardening. Next an Italian lunch will be served at Bravo! After, our stomachs are satisfied, we will travel on for more interesting facts! We will visit On Final Approach and the Naval Air Museum where you can explore and shop interesting treasures. Trip fee includes van transportation, tours, and lunch. Please provide lunch choice at registration: A) Pesto ravioli with chicken, B) Turkey Florentine sandwich or C) Chicken parmesan sandwich

BRC WE 5/9 9:30am-4pm Reg by 4/16 #1867

Adult Trips



ADULT WEEKEND TRIP

Spring Festival: Arts and Crafts (21 years & older)

\$17/\$19

Join the Waukegan Park District as we travel to the Odeum in Villa Park for their huge arts and crafts show. This show was voted one of the Top 100 Shows in the Country! There will be hundreds of artists and craftspeople from all over the country. Buy American-made and shop at this great show. Entertainment and food available on location as well, with a seating area if you like to take a break from shopping. Price includes van transportation and admission to craft show. Lunch will be on your own.

BRC SA 4/28 9am-2pm Reg ends 4/3 #1132

FAMILY TRIPS

All children must be accompanied by an adult. Please note that any child under the age of eight years old and/or less than 90 pounds must be secured in a car seat or booster seat. Please be prepared to secure your child's car seat or booster seat in the park district van prior to our departure.

Volo Auto Museum (5 years & older)

Adults: \$19/\$21 Children Ages 5-12: \$15/\$17

This family trip is perfect for those who enjoyed the movie Cars, Batman, Ghostbusters and Scooby Doo. Also see military, vintage vehicles and more. The group will travel together to the Volo Auto Museum, and then families can separately enjoy the museum at their own leisure. The Betty Boop Burger Bar will have concessions available for purchase, so your family can enjoy lunch during your visit. Lunch will be on your own. Trip fee includes van transportation and admission. Price is person.

BRC SA 3/24 10am-2pm Register by 3/16 #1868

Canoeing in Milwaukee (12 years & older) \$27/\$30

Would you like to explore Milwaukee from a different perspective? Then come with us to the Urban Ecology Center where a local canoe guide will take us through downtown on the Milwaukee River. This nature activity will provide exercise and information that will leave you with a greater appreciation for the outdoors! We will stop half way through the canoe trip and have lunch. Please pack your own lunch to bring with you as well as water to stay hydrated. Anything you bring on the trip may get wet. Dress for the weather, layers may be best! The fee applies to every participant. Three people maximum to a canoe

BRC SA 5/26 9am-5pm Reg by 5/11 #1811

ADULT EXTENDED DAY TRIP

DOOR COUNTY

21 years & older)

3 Days/2 Nights

Double: \$455/\$501 Triple: \$409/\$450 Single: \$594/\$653

Back by popular demand, the Waukegan Park District is traveling, again to Door County, Wisconsin. We will depart from the Belvidere Recreation Center at 9am and drive to Fish Creek, WI. Our travels will include wine tasting, shopping, a famous fish boil at Pelletier's, a full day Trolley Tour with breathtaking sites including lighthouses and a stop at Bea's Homemade Goods and a boat tour. The Millionaire's Row and Egg Harbor South Cruise will include views of beautiful homes along the water. This three day trip includes five meals: two continental breakfast; one lunch, and two dinners. Also included in the fee is the hotel stay, van transportation, luggage handling, trolley and boat cruise. We will be staying in Fish Creek at the Homestead Suites. Rooms will be on the first floor of the motel. If you have special needs, please make requests upon registering. Space is limited so please register early. Some walking is required. Deposit of \$105 due by 3/29. Balance due by 4/30.

BRC MO-WE 6/4-6/6 Deposit per person due by 3/29 #1107

MONDAY, JUNE 4 – THURSDAY, JUNE 6