

# Special Recreation

## Special Recreation Services of Northern Lake County – Waukegan Park District Office

Special Recreation Services of Northern Lake County provides individuals with disabilities or special needs the opportunity to be involved in year-round recreation and leisure programs. This could include individuals who have varying degrees of physical disabilities, mental handicaps, learning disabilities, emotional difficulties, hearing or visual impairments and developmental delays. Programs are available for individuals from five years old through adults who are in special education programs, vocational workshops, or for those who need assistance to succeed in recreational activities.

Special Recreation Services of Northern Lake County is an association of Waukegan Park District, Zion Park District, Lindenhurst Park District, and Round Lake Area Park District. As an extension of the Park District, SRSNLC conducts a variety of recreation programs throughout the year, and also assists the Waukegan Park District with inclusion needs.

Volunteers are always needed; call the Waukegan office of Special Recreation Services of Northern Lake County at 847-360-4760 for more information.

Would your club or organization like to hear more about Special Recreation Services of Northern Lake County? A member of SRSNLC would be happy to talk about our services and present a sample of the programs we offer. To schedule a speaker call Julie Schneider, Manager of Special Recreation at 847-360-4762.



## Special Recreation Services of Northern Lake County

Special Recreation Services provide self-development, emotional well-being, health promotion, and disease prevention, but mostly quality of life. Therapeutic Recreation, the benefits are endless!

These programs are just a few of the activities that Special Recreation offers to the community. To see our full brochure you may contact our office at 847-360-4760, or pick one up by stopping by one of the following locations: the Douglas House (732 N. Genesee St.), The Field House at Hinkston Park (800 N. Baldwin Ave.), the Belvidere Recreation Center (412 S. Lewis Ave.) or the Jack Benny Center (39 Jack Benny Dr.). Don't miss out this summer! Go to [www.waukeganparks.org](http://www.waukeganparks.org) and view the SRSNLC brochure online.



### Softball (13 years & older) \$45/\$68

Put me in coach—I'm ready to play, today! Grab your glove and bat and head to the field! Softball is back in season. Athletes will practice batting, fielding, and catching to improve their skills before competing against other teams in the area. The ITRS/PSD Softball Tournament will be in July. The Special Olympics Softball Tournament will be held in July in Deerfield. **A Medical Application for Special Olympics must be on file and current.**

VP TU 5/8-7/17 6:30-8pm Reg by 5/1 #6181

### Saturday Socialites

(5-12 years) \$16/\$24\* \$17/\$26\*\*

Don't be a wall-flower, spend your Saturdays with some friends from SRSNLC. Let Socialites help you practice your social skills, find new and exciting activities, and get to know the community. Price includes activities and a snack. **Meet at the Douglas House and transportation is provided HOME only for Waukegan in-district residents.**

DH SA 6/2 9-11:30am Reg by 5/2 #6589\*  
DH SA 8/18 12:30-4pm Reg By 7/18 #6590\*\*

### Family Frames (All ages) \$7/\$10

SRSNLC has some time to spare for your family! Enjoy an afternoon of bowling with other SRSNLC families at Sunset Lanes. Help your child of any age work on their coordination as they bowl two games, and meet new friends. **Please register each family member separately. At least one member of the family must be over 18 and a nonparticipant.** No transportation is provided. Price includes two games, shoe rental and snacks.

SL SA 8/25 1-2:30 pm Reg by 8/17 #6741

## Teen Scene

(13-21 years) \$20/\$30\* \$16/\$24\*\* \$17/ \$26\*\*\*

Looking for a summer hang-out? Hit the Teen Scene! Programs promote self-esteem, support social skills and invite participants to experience new activities. Each month will be a new activity. Snacks will be provided. **Extra money is needed for the trip on 8/18.** Meet at the Douglas House and transportation is provided HOME only for Waukegan in-district residents.

DH	SA	5/19	10:30am-1:30pm	Reg by 4/19	#6588*
DH	SA	6/2	9-11:30am	Reg by 5/2	#6589**
DH	SA	8/18	12:30-4pm	Reg by 7/18	#6590***

## Celebrate Good Times (All ages) FREE

This is your chance to strut your stuff in the Waukegan Park District Independence Day Parade. Walk, sing, dance and cheer because you represent Special Recreation! Participants will help decorate the van, and walk down Sheridan Road in the parade. Help Special Recreation win Best Walking or Best Vehicle entry in the parade this summer!

**Transportation is NOT provided.**

DH	SU	7/1	10:30am-2:30pm	Reg by 6/25	#6745
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## Cook N' Canoe (All ages) \$13/\$20

Looking to end your summer with a little adventure? Try something unique, and paddle your way through a new program. Participants will assist with grilling their own burger or hot dog and take turns canoeing on Bevier Pond. This is your chance to learn to grill and canoe in a safe and closed water environment. **Participants must wear a life jacket at all times in the canoe. Life jackets are provided. Participants must bring their own food if there are dietary restrictions.**

BEV	SA	8/11	11am -1pm	Reg by 7/21	#6886
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## Summer Day Camp Options

Looking for full or half day options during the week? We have the camp for you! Camps run from 4-8 weeks and include seven field trips, swimming, crafts and more! Special Recreation Camps are located in the Summer Camps insert on page 52.



## Volunteers Live Longer!

Get Involved! Meet New People! Have Fun! We have great opportunities for students to complete service hours, seniors who are interested in staying active, and moms and dads who want to do something meaningful with their children. Have a special interest and limited time to volunteer, no problem! Some of our highest needs are for tasks that might last two to four hours. Below are some volunteer opportunities at the Waukegan Park District.

### UPCOMING EVENTS TO VOLUNTEER FOR:

#### Special Recreation

- |  |           |            |
|--|-----------|------------|
| <input type="checkbox"/> Summer Camps  | 6/11-8/3  | 9:30am-4pm |
| <input type="checkbox"/> Softball      | 5/8-7/17  | 6:30-8pm   |
| <input type="checkbox"/> Golf          | 6/5-7/24  | 3-4:30pm   |
| <input type="checkbox"/> Tennis        | 6/7-7/19  | 4-5:15pm   |
| <input type="checkbox"/> Cook N' Canoe | 8/11      | 11am-1pm   |
| <input type="checkbox"/> Volleyball    | 7/31-10/2 | 6:30-8pm   |

Contact: Kari Robinson (kdrew@waukeganparks.org, 847-360-4763)

#### Special Events

- |   |      |                |
|---|------|----------------|
| <input type="checkbox"/> Fishing Derby                | 6/9  | 7:30-11:30am   |
| <input type="checkbox"/> Am. Independence Festivities | 7/1  | 11:30am-5:30pm |
| <input type="checkbox"/> K9 Trace & Pace              | 9/15 | 11am-4pm       |

Contact: Julie Schneider (jschneider@waukeganparks.org, 847-360-4762)

#### Cultural Arts

- |  |         |         |
|--|---------|---------|
| <input type="checkbox"/> Dandelion Wine Fine Arts Fest | 6/2     | 7am-6pm |
| <input type="checkbox"/> Usher (Theatre & Concerts)    | Ongoing |         |
| <input type="checkbox"/> Museum Docents                | Ongoing |         |

Contact: Claudia Freeman (cfreeman@waukeganparks.org, 847-360-4740)

#### Parks

- |  |         |
|--|---------|
| <input type="checkbox"/> Park Cleanup & Improvements | Ongoing |
|--|---------|

Contact: Mike Trigg (mtrigg@waukeganparks.org, 847-360-4725)

#### Sports & Athletics

- |   |         |
|---|---------|
| <input type="checkbox"/> Coaches & Referees | Ongoing |
|---|---------|

Contact: Errick Beverly (ebeverly@waukeganparks.org, 847-782-3623)

### HOW TO APPLY:

**To download a volunteer application and agreement and learn more about specific duties, please visit:**  
<http://www.waukeganparks.org/about/volunteers.htm>

**Please return the downloaded and completed forms to:**

Attention: Volunteers  
 Waukegan Park District  
 2000 Belvidere Street, Waukegan, IL 60085