

# Aquatics

## Howard E. Ganster Pool (HGP)

416 S. Lewis Avenue • Phone: 847-360-4781

Regular Season: June 9-August 17

### Open Swim

MO, WE, FR	1-7:30pm
TU, TH	1-6pm
SA, SU	12-7pm

**Free Open Swim  
Fridays 1-7:30pm**

### FEES & PASSES

#### Single Admission Fees

	LAP	OPEN	EVENING
3 years and younger	-	Free	Free
4 years and older	-	\$4.50	\$3.50
Adult Lap Swim Only	\$3.75	-	-

#### Discount Coupon Card: \$25

If your family attends our pool regularly during the summer but doesn't come often enough to purchase a family pool pass, you should consider this money-saving alternative. It is a punch card with seven admissions. Our Discount Card allows your children to come to our pool without bringing money for admission. They are perfect for children's parties, and provide a real savings for groups.

#### Open Swim Family Passes

Purchasing a family pass is the best way for frequent swimmers to enjoy open swim at the pool this summer. Our passes are very inexpensive and can be easily tailored to fit the needs of your family. Our pass pricing system allows you to purchase a family pass for any number of persons in the same immediate family. We also offer you three different rates to fit your family's circumstances. You may purchase a family pass at our pre-season discount rates, pay our regular season rates, or wait and buy a family pass at our mid-season rates and enjoy the second half of the season with great savings!

Family passes can be purchased at the Belvidere Recreation Center beginning May 1 at the pre-season rate. Beginning May 31, passes will be sold at the regular season rate until July 7. Mid-Season rate passes may be purchased beginning July 7. Please have all family members present at the time of purchase for Pass I.D. pictures. Lost passes can be easily replaced at the Belvidere Recreation Center for \$5.

#### Open Swim Family Pass Fees

TYPE OF PASS	PRE-SEASON MAY 1	AFTER MAY 31	AFTER JULY 7
Resident - 1	\$68	\$78	\$42
Resident - 2	\$95	\$110	\$58
Resident - 3	\$122	\$152	\$72
Resident - 4	\$153	\$168	\$84
Resident - 5	\$179	\$198	\$99

\$10 for each additional person in the same family

TYPE OF PASS	PRE-SEASON MAY 1	AFTER MAY 31	AFTER JULY 9
Non-Resident - 1	\$79	\$96	\$48
Non-Resident - 2	\$116	\$131	\$64
Non-Resident - 3	\$140	\$168	\$82
Non-Resident - 4	\$185	\$203	\$99
Non-Resident - 5	\$218	\$238	\$118

\$10 for each additional person in the same family

### Adult Lap Swim

Adult lap swim is available every weekday morning starting at 7:30am. Lap swimming time is also available on Monday and Wednesday evenings starting at 6pm. **Field House Sports and Fitness Center members may swim laps during designated lap swim times when they show fitness center membership cards.**

#### Schedule

MO, WE, FR	7:30-9am
TU, TH	7:30-9:30am
MO, WE	6-7:30pm one lane only
SA	8-9am

#### Adult Lap Swim Pass

Residents:	\$60	Non-Residents:	\$74
Senior Residents:	\$38	Senior Non-Residents:	\$46

## GANSTER POOL RULES & SAFETY

**For the safety and enjoyment of all our patrons, please remember:**

- Children under eight years must be accompanied by a parent or adult 18 years or older at all times in and out of the water at the pool.
- Glass items of any kind are not permitted.
- Only U.S. Coast Guard approved life jackets are permitted, and only with parental/adult supervision. A number of life jackets are available upon request.
- The lifeguards are there for your safety. Please follow their instructions.
- If you have any questions regarding any aspect of our aquatic facility, please do not hesitate to talk to one of our friendly aquatic staff members.
- Ten minute safety breaks will be called every hour during open swim for ages 17 and under.

### Swim Suits Required

Health Department regulations stipulate that patrons must wear swimsuits in public swimming pools. Swimsuits are made of nylon, lycra or a combination of these fabrics and have a **liner!** Patrons are not allowed to swim in underwear, cut-off shorts, sweat pants, etc. Children in diapers must wear tight fitting plastic pants over the diaper. T-shirts may not be worn while swimming except for medical reasons. Please keep this in mind as you are preparing to visit the pool. Patrons without proper swimwear will not be allowed into the facilities.

### Closings

Uncontrollable conditions will occasionally prevent the facility from opening or cause them to close before the regularly scheduled closing times. When this occurs, the manager will make a decision on whether or not to reopen the facility at consistent checkpoints throughout the day. These checkpoints will be at 3pm and 5pm for Howard E. Ganster Pool. Facilities will close early if:

- There is a threat of violent weather, lightning is sighted or thunder heard.
- The air temperature drops to 65° F or less.
- There is a strong, steady rain for 30 minutes.
- There is a mechanical failure or the pool water is chemically imbalanced.
- The number of patrons drops below ten for one hour.

## Soak Up the Summer Savings!

### Summer Kick-Off Special on June 9

Help us kick off the summer with a special admission price of \$3.25 per person all day at the pool. Come join us on our first day of the season! We will have games, prizes, and other fun things to do for the whole family!

### Family Day- Hawaiian Luau

Spend quality time with your family at our pool on June 23. Enjoy Hawaiian themed music, decorations, games and relay races as you save money! Parents may enter the pool for only \$2.25 each, when accompanied by their children who pay regular admission or have a season pass.

### NEW! Family Day-Kick Off to the Olympics

Get excited for the London Olympics while having fun at the pool. Spend quality time with your family at our pool on July 28. Enjoy Olympic themed setting, games and contests. Parents may enter the pool for only \$2.25 each, when accompanied by their children who pay regular admission or have a season pass.

### Cheap Wednesdays in August

Each Wednesday during August, during open hours, you will be admitted into Howard E. Ganster Pool for only \$2.00. Don't miss the great savings on 8/1, 8/8 and 8/15.

### Saturday Two-for-One Special

After 5pm on Saturdays, bring a friend and you will receive two-for-one admission into the pool. So bring your friend and have a splashing good time.

### Rain-Out Card

If the manager must close the facility due to rain or thunderstorms, rain-out cards will be distributed to all patrons in the facility. The card is good for the 2012 summer season and allows you to enter the pool another day for only \$3.00.

### "Too Cool Days"

Don't let those unseasonably cool summer days keep you from enjoying a relaxing swim at Ganster Pool. When the temperature drops, so does the admission fee! If the temperature drops to 72 degrees or less, the admission fee drops to \$3.75.

## FREE FRIDAYS AT GANSTER POOL

Bring the whole family for fun,  
sun, cool water and play

June 14-August 10  
1pm-7:30pm



## LIFEGUARD TRAINING

### Jr. Lifeguard Camp (12-15 years) \$125/\$150

Lifeguard camp is back this year and it's better than ever! Have fun in the sun and learn lifesaving skills such as the basics of CPR, First-Aid, water safety, and rescue techniques. The last day of camp will be a field trip to Hurricane Harbor. Participants will receive a tank top, whistle and lanyard. This is not a certification, but will provide campers with the basic foundations and knowledge to become a future Lifeguard.

HGP MO-FR 6/18-6/22 9am-2pm Reg by 6/15 #7401

### Lifeguard Certification (16 years & older) \$200/\$250

Learn the essential skills necessary to become a lifeguard through Waukegan Park District and Jeff Ellis and Associates. Course will cover lifeguard training, first aid, CPR, supplemental oxygen, and AED. Training will focus on spotting and preventing aquatic emergencies using the EA 10/20 Rule. Upon successful completion, participants will receive a National Pool and Water Park Lifeguard certification. Prerequisites include 100 yard swim, 10LB brick retrieval, and treading water for one minute, and complete all reading material and study assignment prior to first class.

HGP WE 6/20\* 5-6pm  
MO-FR 6/25-6/29 11am-5pm Reg by 6/13 #7402

\*Must attend Wednesday 6/20 for prerequisites test and to receive reading materials and study assignment. Bring swim suit (one piece for girls) and goggles.

## Howard Ganster Pool Rentals

	RESIDENT	NON-RESIDENT
Main Pool Only	\$97/hour	\$104/hour
Main & Wading Pools	\$110/hour	\$115/hour
Wading Pool Only	\$48/hour	\$48/hour
Rental Deposit	\$50	

Call 847-360-4700 for more information.

# Aquatics



## SWIM LESSON INFORMATION

Swim Lessons brought to you by the Waukegan Park District, emphasize water safety and enhance swimming abilities. Instruction is available for infants through adults.

### For your benefit

- Our instructors are well trained and friendly.
- Low student/instructor ratios mean more individualized instruction.
- A Lesson Coordinator monitors lessons to ensure quality programming.
- Registration at both Belvidere Recreation Center and Field House at Hinkston Park is convenient and easy.
- Skill level and age are considered for the proper placement of swimmers

We offer morning and evening swim lessons on weekdays, as well as Saturdays for your convenience. Morning and evening lessons meet twice a week for four weeks. Saturday lessons meet six consecutive weeks.

Session I:	6/18-7/12	Reg by 6/16
Session II:	7/16-8/9	Reg by 7/7
Saturdays:	6/16-7/21	Reg by 6/14

## Helpful Hints for Your First Class

Please arrive five to ten minutes before your class starts to allow time for getting changed.

Babies are required to wear swim diapers, cloth and disposable diapers are not prohibited, as they become heavy and fall apart in the water.

For the health of your child and others if your child is unwell it is recommended that you stay at home and miss the lesson.

Children under 3 years must be accompanied in the water by an adult before, after, and during their lesson.

You are welcome to talk to the Swim Coordinator or Supervisor at anytime about your child's progress.

*Helping you to prepare for a lifetime of safe water fun.*



## Private Lessons

**\$91/\$108**

Our private swim lessons are great for the person who wants one-on-one instruction. The class is designed for people of all levels and anyone 3 years and older. The private lesson consists of five half-hour classes. Call the Swim Lesson Coordinator, at 847-782-3300, to schedule a lesson(s).

## Semi-Private Lessons (2 person max per class)

**\$77/\$92 per person**

Learn how to swim with a friend or sibling! Semi-Private lessons are designed for two or three individuals. Anyone 3 years and older of any swim background can register. The class will be adapted to the student's needs. The semi-private program consists of five half-hour classes. Call the Swim Lesson Coordinator, at 847-782-3300, to schedule a lesson(s).



## Sharks and Minnows

Parent w/Infant or Toddler Swim Class (6 mos-3 yrs) \$56/\$66  
Saturday 6 class sessions \$50/\$58

Help your child adjust to water, which is a key factor in becoming a confident swimmer. In addition to the instructor, parents accompany their children in the water to assist in their child's learning experience. Both the parent and child will learn water safety techniques to become comfortable in the water. The class incorporates songs and games to aid the learning process. Grandparents are welcome too!

HGP SA	6/16-7/21	11:30am-12pm	#7200
HGP TU/TH	6/19-7/12	6-6:30pm	#7201
HGP TU/TH	7/17-8/9	6-6:30pm	#7202

## Jellyfish

Preschool 1 Swim Lessons (3-5 years) \$56/\$66  
Saturday 6 class sessions \$50/\$58

This class is for children who have little or no swimming skills. The focus in this class is on water adjustment, safety skills, and FUN! Skills to be covered are blowing bubbles, the safety float, recovery, kicking, and water survival techniques. This course is designed to have more structure to gain water confidence and independence in a fun, friendly environment.

This class is the right class if your child can:



- Put face in water
- Bob
- Jump to teacher
- Kick on wall
- Assisted front and back float

HGP SA	6/16-7/21	10-10:30am	#7203
HGP SA	6/16-7/21	11:30am-12pm	#7204
HGP MO/WE	6/18-7/11	10-10:30am	#7205
HGP MO/WE	6/18-7/11	10:45-11:15am	#7206
HGP MO/WE	6/18-7/11	11:30am-12pm	#7207
HGP MO/WE	6/18-7/11	12:15-12:45pm	#7208
HGP TU/TH	6/19-7/12	6-6:30pm	#7209
HGP MO/WE	7/16-8/8	10-10:30am	#7211
HGP MO/WE	7/16-8/8	10:45-11:15am	#7212
HGP MO/WE	7/16-8/8	11:30am-12pm	#7213
HGP MO/WE	7/16-8/8	12:15-12:45pm	#7214
HGP TU/TH	7/17-8/9	6-6:30pm	#7215



## Starfish

Preschool II Swim Lessons (3-5 years) \$56/\$66  
Saturday 6 class sessions \$50/\$58

This class is for children who have either completed the Preschool I class or have some swimming ability. To be in this level swimmers should be comfortable with floating, beginner stroke for five yards without help, and feel comfortable in deep water. The focus in this class is building up your child's endurance and safety knowledge of the water environment. Skills to be covered are introduction to rhythmic breathing, front crawl stroke and back crawl.

This class is the right class if your child can:



- Blow bubbles/face in water
- Kick with board
- Front crawl 5 yards
- Jump in deep water
- Safety float

HGP SA	6/16-7/21	10-10:30am	#7217
HGP SA	6/16-7/21	11:30-12pm	#7218
HGP MO/WE	6/18-7/11	10-10:30am	#7219
HGP MO/WE	6/18-7/11	10:45-11:15am	#7220
HGP MO/WE	6/18-7/11	11:30am-12pm	#7221
HGP TU/TH	6/19-7/12	6:30-7pm	#7210
HGP MO/WE	7/16-8/8	10-10:30am	#7222
HGP MO/WE	7/16-8/8	10:45-11:15am	#7223
HGP MO/WE	7/16-8/8	11:30am-12pm	#7224
HGP TU/TH	7/17-8/9	6:30-7pm	#7216

## Turtles

Youth Swim Lessons Level I (6-16 years) \$60/\$70  
Saturday 6 class sessions \$53/\$62

If your child has completed Preschool II, or is comfortable with basic swimming strokes. This class will cover basic skills: introduction of rhythmic breathing, submerging, floating, kicking, front and back gliding, beginner stroke, and introduction to freestyle stroke and safety topics to make your child more aware of the aquatic environment.

This class is the right class if your child can:



- Front and back float unaided
- Flutter Kick 10 yards
- Front Crawl 10 yards
- Front and back glide
- Move comfortably in & below water

HGP SA	6/16-7/21	9-9:45am	#7100
HGP SA	6/16-7/21	11-11:45am	#7101
HGP MO/WE	6/18-7/11	9-9:45am	#7102
HGP MO/WE	6/18-7/11	10-10:45am	#7103
HGP MO/WE	6/18-7/11	11-11:45am	#7104
HGP MO/WE	6/18-7/11	12-12:45pm	#7105
HGP MO/WE	6/18-7/11	12-12:45pm	#7106
HGP TU/TH	6/19-7/12	6-6:45pm	#7243
HGP TU/TH	6/19-7/12	6:45-7:30pm	#7107
HGP MO/WE	7/16-8/8	9-9:45am	#7108
HGP MO/WE	7/16-8/8	10-10:45am	#7109
HGP MO/WE	7/16-8/8	11-11:45am	#7110
HGP MO/WE	7/16-8/8	12-12:45pm	#7112
HGP MO/WE	7/16-8/8	12-12:45pm	#7113
HGP TU/TH	7/17-8/9	6-6:45pm	#7244
HGP TU/TH	7/17-8/9	6:45-7:30pm	#7114

# Aquatics

## Goldfish

Youth Swim Lessons Level II (6-16 years) \$60/\$70  
Saturday 6 class sessions \$53/\$62

This class is for children who have completed Youth Swim Lessons Level I or have swimming ability such as, being comfortable in deep water and able to swim freestyle stroke for 15 yards without help. This class focuses on increasing swimming strength and distance to build more confidence in deep water. Skills to be covered are continuing to refine rhythmic breathing, freestyle stroke, introduction to backstroke, treading water, staying safe, as well as how to recognize water emergencies.

### This class is the right class if your child can:



- Put whole self in water
- Front & back safety floats unaided
- Beginner stroke 10 yards
- Intro to treading water
- Retrieve object from five feet

HGP SA	6/16-7/21	10-10:45am	#7115
HGP SA	6/16-7/21	11-11:45am	#7116
HGP MO/WE	6/18-7/11	9-9:45am	#7117
HGP MO/WE	6/18-7/11	10-10:45am	#7118
HGP MO/WE	6/18-7/11	12-12:45pm	#7119
HGP TU/TH	6/19-7/12	6:45-7:30pm	#7120
HGP MO/WE	7/16-8/8	9-9:45am	#7121
HGP MO/WE	7/16-8/8	10-10:45am	#7122
HGP MO/WE	7/16-8/8	12-12:45pm	#7123
HGP TU/TH	7/17-8/9	6:45-7:30pm	#7124

## Sea Horses

Youth Swim Lessons Level III (6-16 years) \$60/\$70  
Saturday 6 class sessions \$53/\$62

This class is for children who have either completed Youth Swim Lessons Level II or have good freestyle and backstroke skills. This class will concentrate on endurance swimming and learning new strokes. Skills to be covered include breaststroke, diving, backstroke and safety techniques.

### This class is the right class if your child can:



- Retrieve object from five feet
- Gliding front and back w/kickboard
- Front crawl with rhythmic breathing 15 yards
- Tread water for two minutes

HGP SA	6/16-7/21	9-9:45am	#7125
HGP MO/WE	6/18-7/11	9-9:45am	#7126
HGP MO/WE	6/18-7/11	11-11:45am	#7127
HGP TU/TH	6/19-7/12	7-7:45pm	#7128
HGP MO/WE	7/16-8/8	9-9:45am	#7129
HGP MO/WE	7/16-8/8	11-11:45am	#7130
HGP TU/TH	7/17-8/9	7-7:45pm	#7131

## Dolphins

Swim Lessons Level IV (6-16 years) \$60/\$70  
Saturday 6 class sessions \$53/\$62

If your child has completed Youth Level III or can demonstrate good breaststroke skills, they are now ready for Youth Level IV. This class focuses on perfecting and refining the breaststroke and introducing competitive swimming. New skills to be covered include competitive starts and turns, introduction to butterfly and introduction to life-guarding skills and other safety topics.

### This class is the right class if your child can:



- Dive into water
- Deep water bobbing
- Front Crawl with Rhythmic Breathing for 15 yards
- Elementary backstroke 15 yards
- Front and back crawl 25 yards
- Tread water for three minutes

HGP SA	6/16-7/21	9-9:45am	#7132
HGP MO/WE	6/18-7/11	9-9:45am	#7133
HGP TU/TH	6/19-7/12	6-6:45pm	#7134
HGP MO/WE	7/16-8/8	9-9:45am	#7135
HGP TU/TH	7/17-8/9	6-6:45pm	#7136

## ADULT CLASSES

**Adult Swim Lesson (16 years & older)** \$64/\$75  
Saturday 6 class sessions \$56/\$66

While adult swim lessons follow the same progression as the Youth Swim Lessons program, the class proceeds at a rate of instruction that is comfortable for adults. Whether it is a person's first class or simply a stroke refinement lesson, the objective is to help the adult become a more proficient swimmer and enjoy the benefits of swimming.

HGP SA	6/16-7/21	9-9:45am	#7000
HGP TU/TH	6/19-7/12	6-6:45pm	#7001
HGP TU/TH	7/17-8/9	6-6:45pm	#7002

## WATER FITNESS - 7 Weeks!

**Aqua-Kix (14 years & older)** \$51/\$61

Want to get in great shape this summer? Aqua-kix is new class that is like kickboxing under water. This high impact class will push you aerobically and help tighten and tone using the resistance of the water. This total body work-out is great for beginning and advanced exercisers and recommended for both men and women. Participants must be comfortable in water up to their shoulders.

HGP MO	6/18-7/30	6-6:45pm	Reg by 6/15	#7005
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**Nice and Easy Water Exercise (14 years & older)** \$51/\$61

Water Fitness is here this summer at the Ganster pool! Start getting into great shape with this low impact water exercise class. This class is great for beginners or those that need to start out slow in getting back into shape. Active older adults and seniors are welcome! This class is great for those who suffer from arthritic pain. Participants must be comfortable in water up to their waist.

HGP TH	6/21-8/2	12-12:45pm	Reg by 6/19	#7003
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Make-up classes for water exercise due to pool closings and weather will be rescheduled by adding on the make-up class the week after the session ends

## FAMILY DISCOUNTS FOR SWIMSMART

Sibling discounts available! Families with more than one child, living in the same household will receive a discount for each additional child who is taking a SwimSmart lesson. Listed below are the discounts for each class. Both participants must register for the same session.

SwimSmart	Class	SIBLING FEE FOR FIRST CHILD RES/NON-RES	SIBLING FEE FOR EACH ADD'L CHILD RES/NON-RES
Saturday Classes	Sharks and Minnows	\$47/\$56	\$45/\$53
	Jellyfish	\$47/\$56	\$45/\$53
	Starfish	\$47/\$56	\$45/\$53
	Turtles	\$51/\$60	\$48/\$57
	Goldfish	\$51/\$60	\$48/\$57
	Sea Horses	\$51/\$60	\$48/\$57
	Dolphins	\$51/\$60	\$48/\$57
Weekday Classes	Sharks and Minnows	\$53/\$63	\$51/\$60
	Jellyfish	\$53/\$63	\$51/\$60
	Starfish	\$53/\$63	\$51/\$60
	Turtles	\$57/\$67	\$54/\$64
	Goldfish	\$57/\$67	\$54/\$64
	Sea Horses	\$57/\$67	\$54/\$64
	Dolphins	\$57/\$67	\$54/\$64

**To receive a family discount registration must take place in person at a registration location!**



### Junior Learn to Sail Program

Sailing is a lifetime learning experience, environmentally friendly and a physically and mentally challenging sport. The Waukegan Yacht Club offers learn to sail programs for ages 8-17. Classroom sessions are combined with experience in dinghies where boat handling, safety and sail handling are applied. Safety is a top priority of the programs. All classes meet at the Waukegan Yacht Club. For more information, visit [www.wyclub.com](http://www.wyclub.com) or call 847-623-4188. The Junior Learn to Sail Program schedule is as follows:

Session I - June 11 thru July 3

Session II - July 5 thru July 31

There will be no classes on July 23 & 24

