

# Cultural Arts

## THE JACK BENNY CENTER ANNEX

### The Visual Arts Center at 533 Grand Avenue

Entry to the Visual Arts Center is off Sherman Avenue (one block west of West Street). Students should enter the building by going south on Sherman Avenue to the first drive south of Grand Avenue. Follow the blue signs to locate the Visual Arts Center. All registration for classes will be taken at Jack Benny Center for the Arts (39 Jack Benny Drive-Bowen Park), the Belvidere Recreation Center (412 S. Lewis Avenue), the Field House at Hinkston Park (800 Baldwin), or online at [www.waukeganparks.org](http://www.waukeganparks.org).



## YOUTH ART CLASSES

### Fundamentals of Art (8-13 years) \$80/\$85

This is a great opportunity to develop your talent, imagination, creativity, and knowledge. Students learn an approach to drawing which can help them draw any subject realistically. Students will learn through observation, the study of shapes, etc. A list of materials will be given at registration. Classes are taught in a group setting with professional and renowned artist Moises Marco Antonio Cruz, Ph.D., bilingual speaker!

VAC TH 6/14-8/2 6:30-8 pm Reg by 6/9 #3365

### Beginning Painting (14 years & older) \$60/\$69

Love to play with color? Love to create? You will do both as we work our way from "messterpiece" to masterpieces! This class will cover the basics of painting including composition, color, value, and texture.

LC SA TBA 11am-4pm TBA #3366



Visit the  
Jack Benny Center  
on facebook

## SUMMER OPEN TO ALL STUDENTS



Elementary to high school students are welcome to submit their works of art and poetry to be displayed at the Jack Benny Center for the Arts' NEW Bulldog Clip Gallery.

### ARTWORK & POETRY DISPLAY SCHEDULE

- K-2nd Grade: December and April
- Grades 3-5: January and May
- Grades 6-8 :February and October
- High School: March and November

Artwork/poem should be affixed to poster board or foam board and must be able to be clipped to the display board with a bulldog clip and not be larger than 9 x 12. Poetry is limited to one side of one page. Please submit your work no later than 30 days before the designated showing. Any artwork for sale must be noted with price and contact person (parent or guardian for students under 18 years of age). Not all artwork/poetry will be displayed, as space is limited.

Contact Claudia Freeman at  
847-360-4740 for further information.

## DANCE STUDIO

### Tai Chi Chuan (Adult) \$78/\$88

This ten-week class is an introduction to Tai Chi Chuan (meaning "supreme ultimate fist") and Qigong (meaning "breathing exercise"). These form a Chinese martial art, and ancient system of movement and meditation. Through a series of slow movements, students develop balance, form and mental calmness. Slow stretching and gentle exercises will bring increased strength, flexibility and deep sense of serenity. Practicing Tai Chi and Qigong helps relieve stress and promotes a sense of physical and mental well-being. Instructor Bob Schwartz, recently retired from Abbott Laboratories, has studied Wu Shu for more than 30 years, Tai Chi Chuan for more than 25 years and Judo/Jujutsu/Taijutsu for more than 20 years.

JBC MO 6/4-8/6 7-8:30pm Reg by 5/29 #3360

### Yoga (Adult) \$80/\$90

Jacquelyn Cotey is a certified yoga instructor who will guide students in a program that is a combination of Eastern tradition-Hatha Yoga and contemporary western exercise physiology. This one and a half hour class is designed to offer a relaxing environment and instruction will help you meet the demands of your busy lifestyle and your changing needs. Please wear loose, comfortable clothing and bring along a yoga mat and a pillow to each class.

JBC TH 6/7-7/26 7-8:30pm Reg by 5/31 #3361